

activity & recreation center

WATER ZONE SCHEDULE APRIL 1-14



WATER ZONE	MON-4/1	TUES-4/2	TUES-4/3	THUR-4/4	FRI-4/5	SAT-4/6	SUN-4/7
Lap/Spa/Walk	5:45a-7:55a*	5:45a-6:55a*	5:45a-7:55a*	5:45a-6:55a*	5:45a-7:55a*		9a-12p*
Water Aerobics		7a-7:50a		7a-7:50a		7:10a-8a	
Water Aerobics	8a-8:50a	8a-8:50a		8a-8:50a	8a-8:50a	8:10a-9a	
Water Aerobics	9a-9:50a	9a-9:50a		9a-9:50a	9a-9:50a		
SS Water in Motion			8a-8:50a				
SS Splash			9a-9:50a				
Moving My Joints	10a-10:50a		10a-10:50a		10a-10:50a		
Little Swimmers	11a-12p**	11a-12p**	11a-12p**	11a-12p**			
Lap/Spa/Walk	11a-1:30p*	10a-12p*	11a-1:30p*	10a-12p*	11a-1:30p*		
Swim Lessons						9a-12p***	
	Pool Closed 1:30p-3p	Pool Closed 12p-4p	Pool Closed 1:30p-3p	Pool Closed 12p-4p	Pool Closed 1:30p-3p		
Lap/Spa/Walk	3p-5p*	4p-5:20p*	3p-9p*	4p-5:20p*	3p-5p*		
Rec Swim	5p-7:30p**				5p-9p**	12p-5:30p**	12p-5:30p**
Aqua Zumba & Water Strength		5:30p-7:20p		5:30p-7:20p			
Lap/Spa/Walk	7:30p-9p*	7:30p-9p*		7:30p-9p*			

Hydro Therapy Pool Closed for Maintenance 1:30p-6:30p on Wed

*Lap/Spa/Walk is available to any swimmer that can swim independently without assistance

**Lap swimming is available during Rec Swim and Little Swimmers

*** Pool closed for lap swim and water walking during lessons - Hydro therapy pool open

WATER ZONE	MON-4/8	TUES-4/9	WED-4/10	THUR-4/11	FRI-4/12	SAT-4/13	SUN-4/14
Lap/Spa/Walk	5:45a-7:55a*	5:45a-6:55a*	5:45a-7:55a*	5:45a-6:55a*	5:45a-7:55a*		9a-12p*
Water Aerobics		7a-7:50a		7a-7:50a		7:10a-8a	
Water Aerobics	8a-8:50a	8a-8:50a		8a-8:50a	8a-8:50a	8:10a-9a	
Water Aerobics	9a-9:50a	9a-9:50a		9a-9:50a	9a-9:50a		
SS Water in Motion			8a-8:50a				
SS Splash			9a-9:50a				
Moving My Joints	10a-10:50a		10a-10:50a		10a-10:50a		
Little Swimmers	11a-12p**	11a-12p**	11a-12p**	11a-12p**			
Lap/Spa/Walk	11a-1p*	10a-12p*	11a-1:30p*	10a-12p*	11a-1:30p*		
Swim Lessons						9a-12p***	
	Rec Swim 1p-7:30p	Pool Closed 12p-4p	Pool Closed 1:30p-3p	Pool Closed 12p-4p	Pool Closed 1:30p-3p		
Lap/Spa/Walk		4p-5:20p*	3p-9p*	4p-5:20p*	3p-5p*		
Rec Swim	1p-7:30p**				5p-9p**	12p-5:30p**	12p-5:30p**
Aqua Zumba & Water Strength		5:30p-7:20p		5:30p-7:20p			
Lap/Spa/Walk	7:30p-9p*	7:30p-9p*		7:30p-9p*			

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*Lap/Spa/Walk is available to any swimmer that can swim independently without assistance

**Lap swimming is available during Rec Swim and Little Swimmers

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WATER ZONE SCHEDULE APRIL 15-28



WATER ZONE	MON-4/15	TUES-4/16	TUES-4/17	THUR-4/18	FRI-4/19	SAT-4/20	SUN-4/21
Lap/Spa/Walk	5:45a-7:55a*	5:45a-6:55a*	5:45a-7:55a*	5:45a-6:55a*	5:45a-7:55a*		9a-12p*
Water Aerobics		7a-7:50a		7a-7:50a		7:10a-8a	
Water Aerobics	8a-8:50a	8a-8:50a		8a-8:50a	8a-8:50a	8:10a-9a	
Water Aerobics	9a-9:50a	9a-9:50a		9a-9:50a	9a-9:50a		
SS Water in Motion			8a-8:50a				
SS Splash			9a-9:50a				
Moving My Joints	10a-10:50a		10a-10:50a		10a-10:50a		
Little Swimmers	11a-12p**	11a-12p**	11a-12p**	11a-12p**			
Lap/Spa/Walk	11a-1:30p*	10a-12p*	11a-1:30p*	10a-12p*	11a-1:30p*		
Swim Lessons						9a-12p***	
	Pool Closed 1:30p-3p	Pool Closed 12p-4p	Pool Closed 1:30p-3p	Pool Closed 12p-4p	Pool Closed 1:30p-3p		
Lap/Spa/Walk	3p-5p*	4p-5:20p*	3p-9p*	4p-5:20p*	3p-5p*		
Rec Swim	5p-7:30p**				5p-9p**	12p-5:30p**	12p-5:30p**
Aqua Zumba & Water Strength		5:30p-7:20p		5:30p-7:20p			
Lap/Spa/Walk	7:30p-9p*	7:30p-9p*		7:30p-9p*			

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 **Lap swimming is available during Rec Swim and Little Swimmers
 *** Pool closed for lap swim and water walking during lessons - Hydro therapy pool open

WATER ZONE	MON-4/22	TUES-4/23	WED-4/24	THUR-4/25	FRI-4/26	SAT-4/27	SUN-4/28
Lap/Spa/Walk	5:45a-7:55a*	5:45a-6:55a*	5:45a-7:55a*	5:45a-6:55a*	5:45a-7:55a*		9a-12p*
Water Aerobics		7a-7:50a		7a-7:50a		7:10a-8a	
Water Aerobics	8a-8:50a	8a-8:50a		8a-8:50a	8a-8:50a	8:10a-9a	
Water Aerobics	9a-9:50a	9a-9:50a		9a-9:50a	9a-9:50a		
SS Water in Motion			8a-8:50a				
SS Splash			9a-9:50a				
Moving My Joints	10a-10:50a		10a-10:50a		10a-10:50a		
Little Swimmers	11a-12p**	11a-12p**	11a-12p**	11a-12p**			
Lap/Spa/Walk	11a-1:30p*	10a-12p*	11a-1:30p*	10a-12p*	11a-1:30p*		
Swim Lessons						9a-12p***	
	Pool Closed 1:30p-3p	Pool Closed 12p-4p	Pool Closed 1:30p-3p	Pool Closed 12p-4p	Pool Closed 1:30p-3p		
Lap/Spa/Walk	3p-5p*	4p-5:20p*	3p-5:30p*	4p-5:20p*	3p-5p*		
Rec Swim	5p-7:30p**				5p-9p**	12p-5:30p**	12p-5:30p**
Aqua Zumba & Water Strength		5:30p-7:20p	Private Rental 5:30-9p	5:30p-7:20p			
Lap/Spa/Walk	7:30p-9p*	7:30p-9p*		7:30p-9p*			

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 *Lap/Spa/Walk is available to any swimmer that can swim independently without assistance
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