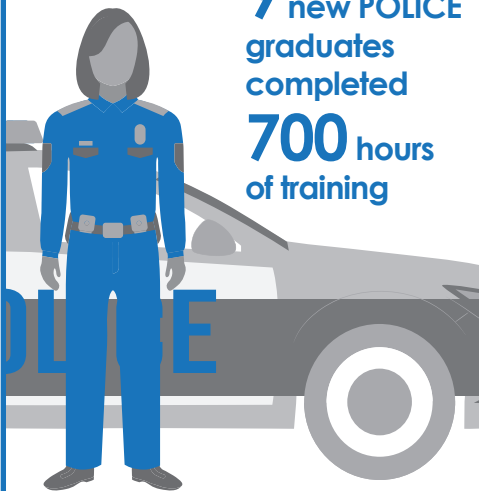


— City Stats —

Police & Fire Academy Graduates Fall 2022

9 new **POLICE** graduates completed **700** hours of training



9 new **FIRE** graduates completed **720** hours of training



Columbia Police, Fire Departments welcome new academy graduates

The Columbia Police Department and Columbia Fire Department are excited to welcome the graduating classes of new recruits into City service. Both classes graduated from their respective academies in August and are now well into their departments' field training programs.

Columbia Police Department

The eight new graduates joining CPD as patrol officers are Dalton Alvey, Kevin Barrett, Logan Distler, Donald Frigon, Keegan Jones, James Morris, Jonathan Quirarte and Maurico Wilson. Doug Stafford joined as an airport safety officer and will be working at the Columbia Regional Airport.

To graduate, officers completed more than 700 hours of training at the Law Enforcement Training Institute. These officers are now in the midst of CPD's training program. During this time, the new officers have been paired with experienced field training officers who will provide guidance and oversee their progress.

Columbia Fire Department

Nine new graduates joining CFD as probationary firefighters are Benjamin Berkemeier, Robert Hemmelgarn, Kaden Hoover, Benjamin Humphreys, Andrew Lane, Daniel Soetart, Jordan Strawn, Christopher Swafford, and Callan Whitehouse.

To graduate, firefighters completed more than 720 hours of basic fire academy training and advanced application skills training over the course of 18 weeks. Their training began April 18 and covered topics including fire dynamics, building construction, fighting fundamentals, hazardous materials response, technical rescue and extrication, CPR and AED certification, and more.



Columbia Police Department's fall 2022 graduating class following their graduation from the Law Enforcement Training Institute.



Columbia Fire Department Training Academy's graduating class for fall 2022 has now started the department's field training program.

JOIN OUR TEAM!

[GoCoMoJobs.com](https://www.GoCoMoJobs.com)



Does your attic insulation measure up?

As autumn settles in and cooler weather approaches, it is a good time to start thinking about what can be done to make your home more comfortable in winter and what will help save energy and money. One of the biggest areas to consider at this time is the insulation in your attic. If you are interested in adding attic insulation, City of Columbia Water & Light's award-winning Home Performance with Energy Star program offers rebates and loans that can help finance your project.

The Home Performance with Energy Star program is available to Water & Light customers in single-family homes and larger duplexes and condos. Through this program, residents could be eligible for up to \$500 in rebates for adding insulation.

Adding attic insulation is an investment that will pay for itself in two to five years.

Low levels of insulation is one of the biggest sources of energy waste and discomfort.

How do you know if you have enough insulation? You need to know the R-value of your insulation material. R-value is the measurement of how much resistance the insulation has to heat flow. Values are based on type, thickness, and density of insulation material. Higher R-value means greater insulation and better energy savings.

Either read the R-value printed on the batts of your existing insulation or use a measuring tape or ruler to measure the depth of the insulation. Columbia Water & Light recommends having 16 to 18 inches of attic insulation (R-50). If you need help finding information about your home, we can help during a Free Energy Assessment, offered to all Columbia Water & Light customers.

Energy Star Rebate and Loan Insulation Requirements

To maximize the efficiency of your energy improvements, Home Performance with Energy Star rebates and loans require the below insulation levels in key areas:

- Attic: R-50.
- Floor over unconditioned space: R-19.
- Crawlspace walls OR floors above crawlspace: R-10 with a vapor barrier covering the ground.
- Ducts: R-13 in unheated areas.
- Rim-joists: R-13.

Residential electric customers who are not eligible for the Home Performance program may be eligible for rebates through Water & Light's Attic Plus program.

For more information on insulation and all of our efficiency programs, visit ColumbiaPowerPartners.com or call 573.441.5528.

First Responder symbols now displayed on Public Works vehicles

You may start seeing the orange, black and white Public Works First Responder symbol on some City vehicles. In 2017, the American Public Works Association adopted a national Public Works First Responder symbol for use throughout North America.

The purpose of the symbol is to identify Public Works personnel and acknowledge their federally mandated role as first responders. The orange, black and white Public Works First Responder symbol serves to raise awareness about the critical role Public Works plays in emergency management efforts.

Public Works employees can offer unique skills, tools and professional experiences, which complement those of our first-responder partners during

emergency situations. Public Works employees can often be the first ones to arrive at an event, for example in removing debris, ice and snow from the roadway, and can be the last ones out, replacing damaged infrastructure such as signs and guardrails.

By developing relationships with other first responders, Public Works seeks to build a culture of preparedness in the community with the ultimate goal of getting citizens back to their normal lives as quickly as possible after an emergency event.

The First Responder campaign does not diminish the critical importance of police, EMT and firefighters, nor is it our intent to take away any recognition that other first responders receive.

The City of Columbia Public Works department is committed to working with local, state and national agencies to help protect our community.



The orange, black and white Public Works First Responder symbol identifies certain personnel in their federally mandated role as first responders.

EMPLOYEE SPOTLIGHT

Trina Teacutter



Trina has worked for Columbia/Boone County Public Health and Human Services for 23 years.

As nursing supervisor, a position she has held since 2009, Trina is responsible for interviewing, hiring, training and evaluating the City's nursing staff. She also works in the clinic, performing vaccine outreach, tuberculosis tests, blood draws and other important tasks.

Trina likes working in public health because it offers the perfect mix of routine work and new learning opportunities.

"Every fall, we have immunization, and we give a lot of flu shots. So there's consistency, but there's always something to learn," Trina said. "We've had COVID, monkeypox, measles – things that don't come around very often, and we have to be ready to respond. That keeps the job interesting."

Working in public health gives Trina a sense of service to the community.

"I love working here. I love the people with whom I work. I love serving the community. It's a very fulfilling job," she said. "I feel like what we do is really important. It makes me feel good to know that what I'm doing is having a positive impact on the community."

CDC recommends COVID-19 bivalent boosters

A new bivalent formulation booster dose of the COVID-19 vaccine is available. The vaccine is available from Moderna and Pfizer-BioNTech and is recommended as a single booster dose at least two months following primary or booster vaccination.

The bivalent vaccines, also referred to as "updated boosters," contain two messenger RNA (mRNA) components of COVID-19 virus, one is from the original strain of COVID-19 and the other one is from common lineages of the omicron variant of COVID-19.

Moderna bivalent vaccines are recommended for ages 18 and older and Pfizer bivalent vaccines are recommended for ages 12 and older.

Visit the Columbia/Boone County Public Health and Human Services vaccine page to see a list of local vaccinators: [CoMo.gov/covidvaccine](https://www.co.mo.gov/covidvaccine).

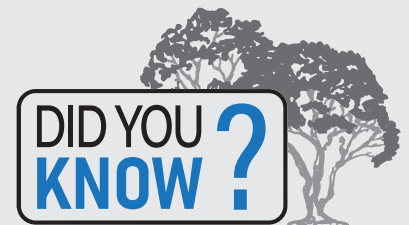
Board and commission vacancies

Boards and commissions are a way for residents to be involved in local government and to represent the voices of their fellow community members. The City is accepting applications for the following boards, commissions or task forces:

- Airport Advisory Board
- Climate and Environment Commission
- Columbia Vision Commission
- Community Land Trust Organization Board
- Mayor's Council on Physical Fitness and Health

Application deadline is Friday, Nov. 4, at 5 p.m. Applications and information about current vacancies are available online at [CoMo.gov](https://www.co.mo.gov). Call 573.874.7208 for more information.

Parks and Recreation events



Child care service provided at the ARC

The Kid Zone, an on-site babysitting service, is available for children ages 6 months to 10 years of age so that parents or guardians will have the opportunity to enjoy the services and programs offered at the Activity & Recreation Center (ARC). There is a maximum two-hour visit per child. The parent or guardian must remain in the facility while utilizing this service. An outdoor play area is available on nice days. Two convenient payment options are available.

Hours of operation

Monday – Friday:

8 a.m. – noon

4:30 – 7:30 p.m.

Saturday: 8 a.m. – noon

Note: child care services closed on holidays

Fees

Single visit: \$3 per child

Punch card: \$40 for 20 visits

Annual passholder

1st child: \$20 monthly

2nd child, etc.: \$10 monthly

Ann Fieser – October Volunteer of the Month



Thank you Ann Fieser for your dedicated service to the City of Columbia. Your hard work and volunteer hours are much appreciated.

Ann Fieser began her service as a recycling ambassador for the City of Columbia in 2018. Originally, recycling was an activity she did as a way to spend time with her daughter. The two were trained as volunteers together. Since becoming a recycling ambassador, Ann has staffed waste reduction and recycling education booths, helped with school waste audits, assisted with compost workshops and regularly worked as a traffic volunteer at the Household Hazardous Waste collection facility.

“I grew up on a farm in North Dakota. Farmers are good stewards of the land, so that’s just part of who I am – taking

good care of the land and properly disposing of waste,” Ann said. “I hope the outdoors will continue to be a wonderful place for people to spend time. It’s important we all do our part.”

Ann is dedicated to waste reduction and promotes it through her service, in her personal life and at work. Ann has organized zero waste luncheons at her office.

Thank you Ann for your dedicated service and your commitment to the environment. To find out how you can volunteer with the City of Columbia, visit CoMo.gov.

Protect yourself against the influenza virus

It’s that time of year again and Columbia/Boone County Public Health and Human Services (PHHS) wants to make sure you have the information needed to protect yourself from the flu.

The flu is a contagious respiratory illness caused by influenza viruses that infect the nose, throat and sometimes the lungs. It can cause mild to severe illness, and at times can lead to death. The best way to prevent the flu is by getting a flu vaccination annually. Individuals who are sick with the flu often feel some or all of these symptoms:

- | | | |
|------------------------|-------------------------|---------------|
| • Fever | • Cough | • Sore throat |
| • Runny or stuffy nose | • Muscle or body aches | • Headaches |
| • Fatigue (tiredness) | • Vomiting and diarrhea | |

Influenza viruses are transmitted through the tiny droplets made when people with the flu cough, sneeze or talk. These droplets can land in the mouths or noses of people who are nearby. Less often, a person might get the flu by touching a surface or object that has the influenza virus on it and then touching their own mouth, nose or possibly their eyes.

PHHS offers the injectable flu shot for residents ages six months and older by appointment only. Call 573.874.7356 to schedule an appointment Monday through Friday from 8:30 a.m. to 3:30 p.m. at the clinic, 1005 W. Worley St.



OUR VISION

Columbia is the best place for everyone to live, work, learn and play.

OUR MISSION

To serve the public equitably through democratic, transparent and efficient government.

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CITY OF COLUMBIA ✖
CONTACT CENTER
573·874·CITY
CONNECTING PEOPLE WITH ANSWERS

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CITY OF COLUMBIA

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