

Blue Thunder Track – Assistant Track Coaches Volunteer Position Description

Position Title: Assistant Track Coaches: Distance, Mid Distance, Hurdles, Sprints, Long Jump, Triple Jump, High Jump, Pole Vault, Throws (shot, discus, javelin) & Race Walk for Blue Thunder Track Club. All interested in the sport despite the event, please inquire.

Department/Division: Parks & Recreation / Community Recreation

Purpose: To passionately coach the young men and women interested in competing in this sport.

Requirements: I prefer high energy & engaging people that can work with children and teens. Experience in events is highly preferred but not required as we can educate. We will provide you with the tools and information to coach successfully. People that are really into the Columbia community would be great; but this works out great for college students as well that aspire to be coaches in the future. The ability to take authority of a group. My major requirement is consistency with attendance, good role models and dedication.

Task: Coach, guide and instruct the young men and women in their continuous pursuit of getting better at their craft. Will come to practices and be a positive, encouraging, supportive role model and example to our kids and for our club. We prefer our distance coaches to run with / pace the young athletes.

Dates: Season is from April-July. First practice is Tuesday, April 6. Normal practices are Tues, Thurs (6-730p) & Saturdays (10-1130am). Approximately 2-5 hours a week. Specialty practices (hurdles, jumps, etc) days and times can vary; and we may be able to be flexible with your personal schedule. Meets are most often on weekends, coaches are welcome to attend, but not required. Distance coaches will have the opportunity to coach cross country in the fall if desired.

Location: Based out of the Armory Sports Center – 701 E Ash. Corner of Ash and 7th street downtown behind the County Courts Building. Practices take place at the high school tracks, early season practices are most often at Stephen's Lake Park on the lower east side using the Broadway entrance.

Volunteer will report to: Camren Cross – Recreation Supervisor. 874-6378 / camren.cross@como.gov

Number of volunteers needed: several

What to wear: Comfortable for the duties, but tasteful. This person is expected to be a positive role model. Shorts & Tees or Tanks with sneakers are perfectly fine for practices.

Special Note: I need very consistent people that have a passion for the youth, running and hopefully for track & field.

To learn more: More information about the club is available at the [Blue Thunder website](#) or the [Blue Thunder Facebook Page](#).

Camren Cross – Recreation Supervisor. 874-6378 / camren.cross@como.gov or contact City of Columbia Volunteer Services at 874-7499 or volunteer@CoMo.gov