

Volunteer Position Description

Position Title: Youth Cross Country Assistant Coaches

Department/Division: Parks & Recreation / Community Recreation

Purpose: To passionately help coach the young men and women interested in competing in this sport. A lead coach is in place, so people in a supportive role are of need.

Requirements: We prefer high energy & engaging people that can work with teens and children. Experience in distance running / racing is highly preferred but not required. We will provide you with the information and guidance to coach successfully. The ability to take authority of a group. Be prepared and dressed to run. The major requirement is consistency with attendance at practice and dedication.

Task: Great for runners! You get a chance to run to run with others in a fun environment! Coach, guide and instruct the young men and women in their continuous pursuit of mastering their craft. Will come to practices and be a positive, encouraging, supportive role model and example to our kids and for our club. The boys and girls are ages 6-14. Would be great if assistant coaches could come to help at the track meets also (held in Central Missouri towns), but not a requirement.

Dates: Normal practices are Tues, Thurs (6-7p) & Saturdays (10-11am) unless there is a meet that weekend. Approximately 3-5 hours total a week. Cross country meets are on Saturdays and / or Sundays. Coaches are encouraged to attend meets, but not required. Season begins Tuesday September 1 and goes through early-mid November.

Location: Based out of the Armory Sports Center – 701 E Ash (Corner of Ash and 7th street downtown behind the Courts Building). Practices take place at local parks such as Stephens Lake Park, Smithton Park and Philips Park.

Volunteer will report to: Camren Cross – Recreation Supervisor. 874-6378 / camren.cross@como.gov

Number of volunteers needed: 4 or possibly more.

What to wear: Comfortable but tasteful. This person is expected to be a positive role model. Shorts & Tees or tanks with sneakers are perfectly fine for practices as you would be expected to run with the children during practices. No “adult” messages should be displayed on the clothing (i.e. alcohol, etc).

Special Note: We need consistent people that have a passion for the youth and hopefully for running.

To learn more: (You may want the volunteers to contact the Office of Volunteer Services at 874-7499 or volunteer@COMO.gov or to another city department or staff person). More information about the club is available at the club’s website: www.leaguelineup.com/bluethunderc