

Columbia Parks and Recreation Adaptive Sports Chronicle

Volume VIII - Issue 8

May

ADAPTED SPORTS

Swimming....

Athletes and coaches hard work and dedication paid off at the Area Meet. Family and fans were there in force. Gold medals were the order of the day with a smattering of silver and gold. It was a day for remarkable bounding between athletes and coaches. 11 swimmers will represent us at State in Springfield the 21st of May.

Practice Schedule

Hickman HS Pool - Sundays

Everyone 6-7:15p

May 8th Last Practice

Meet Schedule

State - Springfield

May 20-22 9am

Softball....

Athletes have received their information packets with team assignment and practice day/time. Practice location is Again Street Park. Ball field is located on Pershing Road. Practices begins May 9 & 10.

Practice Schedule

Again Street Park - Mondays

Coach Pitch 6p-7p

Men 7p-8p

Again Street Park - Tuesdays

Team Skills 6p-6:30p

T-Ball 6p-7p

Women 7p-8p

Meet Schedule

Area

June 25th TBD

State- Jefferson City

October 14-15

Adapted Dance
May 20th

ADAPTED SPORTS

Volleyball....

Practices are fun as well as productive with athletes refining skills and understanding of game. Athletes played hard and showed excellent sportsmanship at the Area tournament April 30th.

Practice Schedule

West Middle School - Wed

May 11th Last Practice 6-7:15p

Track & Field....

Rain held off and the weather was Beautiful for Area Track. Fifty of our athletes competed, each being paired with an MU student as a buddy for the day. When SOMO's official results are received, athlete placements will be published. State advancement list has been sent. It is important that everyone be supportive of those who will represent our team.

Practice Schedule

West Middle School

Thursdays

May 12th Last Practice 5:30-6:30p

Meet Schedule

State - Springfield

May 20-22 9am

Tennis....

Registration is open. Practice will be Wednesdays from 6:30p-8p. Practice starts July 13 at Cosmo Park. Athletes will be notified of practice schedule after close of registration. When registering please leave contact information for athlete.

Registration # 315601-01

Best of Luck at State!

ADAPTED SPORTS

Golf....

Registration is open. Participation fee of \$15 applies to Athletes and Unified Partners is due at time of registration. Information packet will be sent after close of registration. Team skills & course play begins on June 9. Athletes/Partners must possess a certain level of skill and knowledge of the game before moving to course play.

Registration # 315604-01

Practice Schedule

L.A. Nickell Golf Course

Thursdays

Skills 6-7p

Alternate Shot 6-8p

Bocce....

Registration is closed. Info packet will be sent the end of June. Practice begins on July 21.

Practice Schedule

West Elementary - Thursdays

Everyone 6-7p

Bowling....

Registration is anticipated to open in a few weeks. We are waiting fall competition dates from SOMO before practice dates can be scheduled. Your patience is appreciated.

Registration # 315605-01

Area Track and Field



SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
APRIL 24 <u>Hickman</u> Swim Practice 6p-7:15p	APRIL 25	APRIL 26	APRIL 27 <u>West Middle School</u> VB Practice 6p-7:15p	APRIL 28 <u>West Middle School</u> Track & Field Practice 5:30p-6:30p	APRIL 29	APRIL 30 <u>Jeff City</u> Area Volleyball
MAY 1 <u>Hickman</u> Swim Practice 6p-7:15p	MAY 2	MAY 3	MAY 4 <u>West Middle School</u> VB Practice 6p-7:15p	MAY 5 <u>West Middle School</u> Track & Field Practice 5:30p-6:30p	MAY 6	MAY 7
MAY 8 <u>Hickman</u> Last Swim Practice 6p-7:15p	MAY 9 <u>Again Park</u> Softball Practice 6p-8p	MAY 10 <u>Again Park</u> Softball Practice 6p-8p	MAY 11 <u>West Middle School</u> Last VB Practice 6p-7:15p	MAY 12 <u>West Middle School</u> Last Track & Field Practice 5:30p-6:30p	MAY 13	MAY 14
MAY 15	MAY 16 <u>Again Park</u> Softball Practice 6p-8p	MAY 17 <u>Again Park</u> Softball Practice 6p-8p	MAY 18	MAY 19	MAY 20 <u>Summer State</u> Opening Ceremonies ARC Dance 6:30-8:30pm	MAY 21 <u>Springfield</u> State Swimming <u>Springfield</u> State Track
MAY 22 <u>Springfield</u> State Track	MAY 23 <u>Again Park</u> Softball Practice 6p-8p	MAY 24 <u>Again Park</u> Softball Practice 6p-8p	MAY 25	MAY 26	MAY 27	MAY 28
SPORTS BANQUET - ALL ATHLETES WELCOME Sunday Evening June 12th from 4:30- 6:30pm at Twin Lakes Shelter. Do NOT need to RSVP for this event. Meat and drinks will be provided by PR Department.						
MAY 29	MAY 30 No Softball Practice	MAY 31 No Softball Practice	JUNE 1	JUNE 2	JUNE 3	JUNE 4