



## Application for 2019 Mayor's Council on Physical Fitness and Health Awards

Do you know someone in our community who has gone above and beyond in their lives or the lives of others?

Nominate them for the 2019 Mayor's Council on Physical Fitness and Health Awards! Application deadline  
October 15, 2019.

**Name of Nominee** \_\_\_\_\_

Phone \_\_\_\_\_

Email \_\_\_\_\_

### Award Categories:

Weight Loss/Management

Fitness

Mentor

Tobacco Cessation

Volunteer

Mental Health/Behavioral

### **How does the Nominee impact the Columbia community?**

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**Nominated by:** Name \_\_\_\_\_ Phone \_\_\_\_\_ Email \_\_\_\_\_

Submit completed applications as follows:

Mail or drop off	Fax
ARC 1701 W Ash PO Box 6015 Columbia, MO 65205	573-874-7640