**Application for 2019 Mayor’s Council on Physical Fitness and Health Awards**

Do you know someone in our community who has gone above and beyond in their lives or the lives of others? Nominate them for the 2019 Mayor’s Council on Physical Fitness and Health Awards! Application deadline October 15, 2019.

**Name of Nominee** _____________________________________________________________

Phone _____________________________________________________________

Email _____________________________________________________________

**Award Categories:**

- Weight Loss/Management
- Mentoring
- Volunteer

**Mental Health/Behavioral**

**How does the Nominee impact the Columbia community?**

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**Nominated by:** Name_____________ Phone ___________ Email _____________

Submit completed applications as follows:

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<tr>
<th>Mail or drop off</th>
<th>Fax</th>
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<tbody>
<tr>
<td>ARC</td>
<td>573-874-7640</td>
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<tr>
<td>1701 W Ash</td>
<td></td>
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<tr>
<td>PO Box 6015</td>
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<td>Columbia, MO 65205</td>
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