

MKT Nature and Fitness Trail

Length 8.9 miles, out and back

The MKT Trail, a rails-to-trails facility, is a scenic limestone surface trail that connects downtown Columbia to the 240-mile, cross-state Katy Trail. The trail experiences exceptionally heavy daily recreational and commuter use with increased traffic on weekends. No unauthorized motorized vehicles are allowed on the trail. This assessment only provides information for the City-managed trail section from mile markers 4.0 - 4.9. Boone County manages the MKT Trail section from 0.0 to 4.0.

Users/Activities



The Average Grade of the trail is 1.1%

The maximum grade on the trail is 10.0%

Trail Cross Slopes Between 0% — 2.0%

The Average Tread Width of the trail is 120"

The minimum tread width of the trail is 120" (select access points have 65" entry areas due to safety bollards)

The Trail Surface is predominantly crushed limestone.

100% of the trail is firm under normal conditions. Trail washout is common with heavy rain. A concrete portion of trail exists from mile marker 8.9 to 8.25

Trailhead Locations (accessible parking provided at all locations):

- Flat Branch Park, 400 Locust St. (access parking from Elm St.)
- Martin Luther King Jr. Memorial at Stadium Access, 800 W. Stadium
- Forum Nature Area, 2701 Forum Blvd
- Scott Blvd. Access, 3800 S. Scott Blvd
- Jay Dix Station, 3725, S. Scott Blvd

Warning: Trail conditions may have changed since this trail was assessed. Temporary obstacles such as flooding, pooling water/mud, fallen trees or other debris, and cracks/ruts in the trail surface may have occurred. When precipitation occurs, slippery conditions may apply on all bridge surfaces.



Trail Access Information for mile markers 4.0—8.9 only

04/29/2019

