Section I
Respondents Profile

- **DEMOGRAPHICS**

  Responding residents have owned/occupied the current property near the MKT Trail for an average of 18 years, ranging from six months to 79 years. They ranged in age from 24 to 91 years, with a mean age of 58 years. Three-fourths (75%) were 50 years and older. Respondents were about even male (51%) and female (49%). Most households (70%) did not have a child living at home. The majority of these respondents were White (92%, Figure 1), followed by Asian (3%), Hispanic or Latino (2%), Mixed (1%) and other (1%). Most respondents had an annual household income of $100,000 or more (65%, Figure 2).

- **TRAIL USE PATTERNS**

  Twenty-three percent (23%) of the respondents used the trail almost daily (5-7 days per week, Figure 3). Most respondents (47%) used the MKT Trail on a weekly basis (1-4 days per week). Thirteen percent (13%) used the trail monthly (≥4 days per month). Seven percent (7%) respondents used the MKT Trail a couple of days (<12 days) per year. Finally, 10% of the respondents reported that they never used the MKT Trail.
The nearby property owners used the MKT Trail for a variety of purposes. They used it mostly for health and exercise (93%), followed by enjoying nature (80%), being outside (73%), relaxing (65%), recreation (63%) and for fun and enjoyment (60%, Figure 4). Thirty percent (30%) of the respondents reported that they used the trail for transportation, 15% used it to train for sports, and 10% used it for social gathering. Another 10% respondents indicated that they use the trail for other reasons such as dog walking and birding. The finding that most residents use the MKT Trail for health and exercise is consistent with the finding in Section VI of this report that most respondents appreciate the trail’s benefit of promoting health and wellness of the community. Therefore, the MKT Trail is both perceived and used as a venue for exercise and health.