



Kickball Rules for Rainbow Softball Center

Current A.S.A. Softball Rules will govern kickball with the following emphasis and modifications: (New rules in red)

The Playing Field

- Games will be played on the regulation softball fields at Rainbow.
- A 3 foot arc will be placed in front of home plate.

Regulation Game

- Games are 7 innings or 45 minutes.
- There is a 10 run rule after five innings.

Teams

- Teams will consist of five males and five females.
- A minimum of eight will be required for a game to start or continue.
- Teams must alternate positions in the batting order by sex.
- Males and females do not have to alternate defensively on the bases or in the outfield.

Batting/Running

- Batter must wait for the ball to be within three feet of home plate before kicking the ball. **This means the batter must kick behind the three foot arc.**
- **Only 3 pitches will be given to each batter.**
- If the batter does not like the pitch, he/she should not attempt to kick it. There are no walks. If an attempt is missed, the batter is out. The batter will get one courtesy foul ball. If a second attempt is missed or is a foul ball, the batter is out.
- All kicks must be made by the foot.
- Bunting is not allowed. A bunt will be a dead ball and an automatic out.
- After a fly ball is caught, a runner must tag up before advancing to the next base. Failure to do so may result in an out if the runner is legally hit with the ball or the opponent gets the ball to the previous base before the runner can return to tag up.
- If a ball hits a kicker in fair territory after the ball is kicked, the kicker is out; the same applies to a runner.
- A batter/runner is out in situations similar to softball (forceouts, popouts, etc.) In addition, a runner is out when he/she is hit by a thrown ball below the shoulders.
- No leading off or stealing is allowed. Runners off the base when the ball is kicked will be declared out.

- Runners must stay within the base line.
- Running past another runner is not allowed.
- Hitting a runner's neck or head with the ball is not allowed. If the runner intentionally uses the head or neck to block the ball, the runner is out. If a ball is thrown at the runner's neck or head, it will be an immediate dead ball and **ALL** runner's will advance to home and a run will score for each runner.

Pitching/Fielding

- **Pitchers will pitch to their own batters. Teams may switch pitchers so everyone can bat.**
- **The defensive team will continue to have 10 players on the field. There will be 4 infielders, 4 outfielders, 1 catcher and 1 rover.**
- No bouncies when pitching. Pitches must be less than one foot in height at the plate.
- The pitcher must stay at the pitchers rubber until the ball is kicked. Infraction results in all runners advancing one base and the batter re-kicking the ball.
- No player may field in front of the pitcher other than the catcher. Infraction results in all runners advancing one base and the batter re-kicking the ball.
- The catcher may not break the plane of the home plate until the ball is kicked. Infraction results in all runners advancing one base and the batter re-kicking the ball.
- There is NO infield fly rule, but a fielder cannot intentionally drop a ball to turn a double play. An infraction of this results in all baserunners being safe.
- Once the defense has the ball in control and on the mound, the play ends.

Outs

- A count of three outs by a team completes the team's half of the inning
- An out is:
 - A runner touched by the ball or who touches the ball at any time while not on base while the ball is in play. (Runners must be hit with the ball below the shoulders. If a ball is thrown at the runner's neck or head, it will be an immediate dead ball and **ALL** runner's will advance to home and a run will score for each runner).
 - Any kicked ball that is caught (fair or foul).
 - A ball tag on a base to which a runner is forced to run.
 - A runner off his/her base when the ball is kicked.
 - **A ball that is kicked back up the middle and hits the teams pitcher.**

Substitutions

- Free substitution as long as it is a male for a male and a female for a female.