

# COLUMBIA/BOONE COUNTY



# RESOURCE & REFERRAL GUIDE

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PUBLISHED BY THE COLUMBIA/BOONE COUNTY  
DEPARTMENT OF PUBLIC HEALTH AND HUMAN  
SERVICES

# HEALTH

## HEALTH INSURANCE

Family Support Division, State of Missouri

855-373-4636

Medicare

1-800-633-4227

Federal Marketplace

1-800-318-2596

Local Marketplace Assistance:

- Boone Hospital

815-3268

- Central Missouri Community Action

443-8706

- Central Missouri Area Agency on Aging

443-5823

- Family Health Center

886-6790

- MO Health Net

1-855-373-4636

- Primaris

817-8338

- Spectrum Health Care (formerly RAIN for Central MO)

875-8687

## MEDICAL PROVIDERS | *HIV/AIDS TESTING*

Columbia/Boone County Department of Public Health & Human Services (free)

874-7356

Spectrum Health Care (formerly RAIN for Central MO) (free)

875-8687

## MEDICAL PROVIDERS | *PRIMARY CARE*

Family Health Center (MO Health Net, MC+, sliding fee scale)

214-2314

Boone Hospital Center (physician referral service)

815-6400

University Hospital and Clinics (physician referral service)

882-7000

MedZou Clinic

214-2314

## MEDICAL PROVIDERS | *STD TESTING AND TREATMENT*

Columbia/Boone County Department of Public Health & Human Services

874-7356

Spectrum Health Care (formerly RAIN for Central MO)

875-8687

Planned Parenthood Columbia Health Center

443-0427

## MEDICAL PROVIDERS | *URGENT CARE*

Boone Convenient Care (walk-in clinic)

874-0008

University Physicians (urgent care)

882-1662

Providence Urgent Care

874-6824

Broadway Urgent Care

777-5880

Mizzou Quick Care Clinic-Conley

884-0169

Mizzou Quick Care Clinic-Broadway

884-0036

## MEDICAL PROVIDERS | *WOMEN'S HEALTH*

Columbia/Boone County Department of Public Health & Human Services

874-7356

Planned Parenthood Columbia Health Center

443-0427

Family Health Center

214-2314

## MEDICAL PROVIDERS | *VETERANS' HEALTH*

Harry S. Truman Memorial Veterans' Hospital

814-6000 EXT. 0

## **MENTAL HEALTH**

Burrell Behavioral Health (MO HealthNet, insurance, walk-in clinic, intake appt.)	777-8300
Family Access Center for Excellence (FACE)	771-3223
Family Counseling Center (MO HealthNet, insurance & sliding scale)	449-2581
Missouri Psychiatric Center (MO HealthNet, insurance, cash pay)	884-1300
Missouri Psychiatric Center (outpatient clinic)	882-2511
New Horizons (MO HealthNet)	443-0405
UMC Psychological Services Clinic (insurance and sliding scale)	882-4677

## **SUBSTANCE USE DISORDER TREATMENT AND SUPPORT**

AA/NA (Focus on Recovery)	800-234-0420
BHG (methadone clinic)	449-8338
McCambridge Center (for women)	449-3953
Pathways (adolescents) (MO HealthNet, private, sliding fee scale)	449-4770
Phoenix Programs (for men, women and adolescents)(insurance and cash pay)	875-8880
Family Counseling Center	449-2581

## **OTHER HEALTH RESOURCES | DENTAL**

Columbia Dental Care Center (MO HealthNet for Pregnant Women & Children)	441-9442
Columbia/Boone County Department of Public Health & Human Services	817-6430
Community Health Center of Central Missouri - Fulton (MO Health Net)	826-2700
Community Health Center of Central Missouri - Jefferson City (MO Health Net)	632-2777
Family Health Center (Medicaid/sliding scale)	214-2314
Family Dental Center (Medicaid/sliding scale)	777-8997
King's Daughters (referral made by school nurse)	
Mid-Missouri Dental Center (MO HealthNet for Pregnant Women & Children)	814-1694
Salisbury Dental Center (sliding scale)	660-388-6950
UMKC Dental School	816-235-2111
Vanderveen Dental (MO HealthNet for Pregnant Women & Children)	443-8100
Voluntary Action Center (co-pay assistance)	874-2273

## **OTHER HEALTH RESOURCES | MEDICATION ASSISTANCE**

Columbia/Boone County Department of Public Health & Human Services	817-6430
Voluntary Action Center	874-2273

## **OTHER HEALTH RESOURCES | OPTICAL**

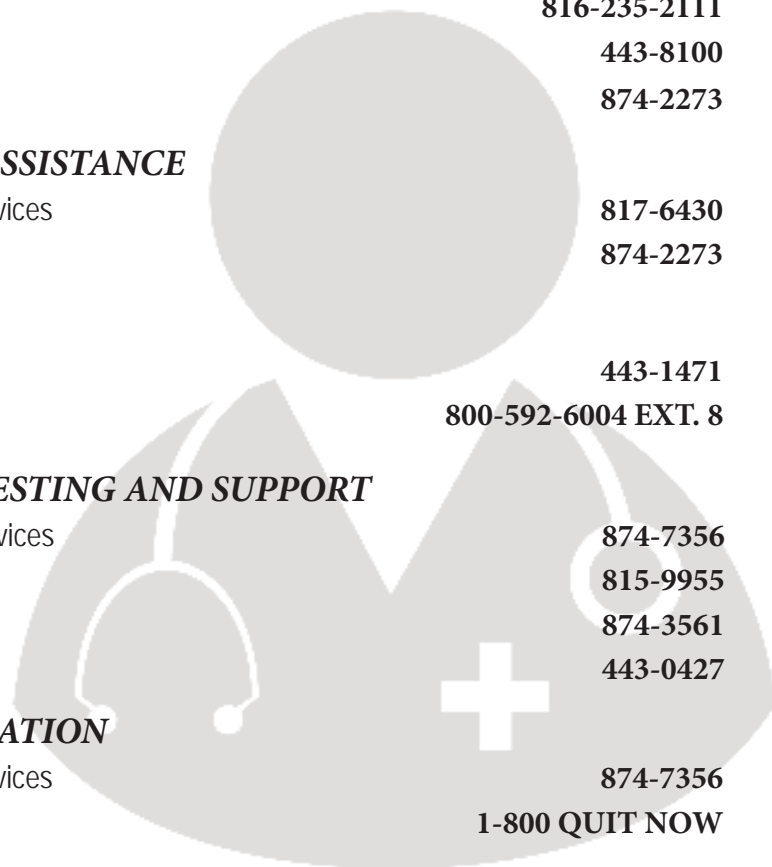
Saving Sight (glasses only)	443-1471
Prevention of Blindness Program, State of Missouri	800-592-6004 EXT. 8

## **OTHER HEALTH RESOURCES | PREGNANCY TESTING AND SUPPORT**

Columbia/Boone County Department of Public Health & Human Services	874-7356
Lutheran Family and Children's Services (no testing)	815-9955
My Life Clinic	874-3561
Planned Parenthood Columbia Health Center	443-0427

## **OTHER HEALTH RESOURCES | SMOKING CESSATION**

Columbia/Boone County Department of Public Health & Human Services	874-7356
MO Tobacco Quit Line	1-800 QUIT NOW



# HUMAN SERVICES

## **AGING AND DISABILITY SERVICES**

Boone County Family Resources	874-1995
Bureau of Special Health Care Needs, State of Missouri	751-6246
Central Missouri Area Agency on Aging (CMAAA)	443-5823
Central Missouri Regional Center, State of Missouri	441-6278
Meals on Wheels (home delivered meals)	886-7554
Senior and Disability Services Hotline	800-392-0210
Services for Independent Living	874-1646
Social Security Office (S.S., S.S.D.I., S.S.I., and Medicare)	866-563-9108
Senior and Disability Services, State of Missouri	800-392-0210
MU Thompson Center for Autism and Neurodevelopmental Disorders	884-6052

## **BASIC NEEDS | CLOTHING**

Salvation Army	442-3229
Upscale Resale	445-4803
Voluntary Action Center (clothing items for employment)	874-2273
Wardrobe	442-3260
Goodwill	442-4050
Once Upon a Child	445-1151

## **BASIC NEEDS | DROP IN CENTER**

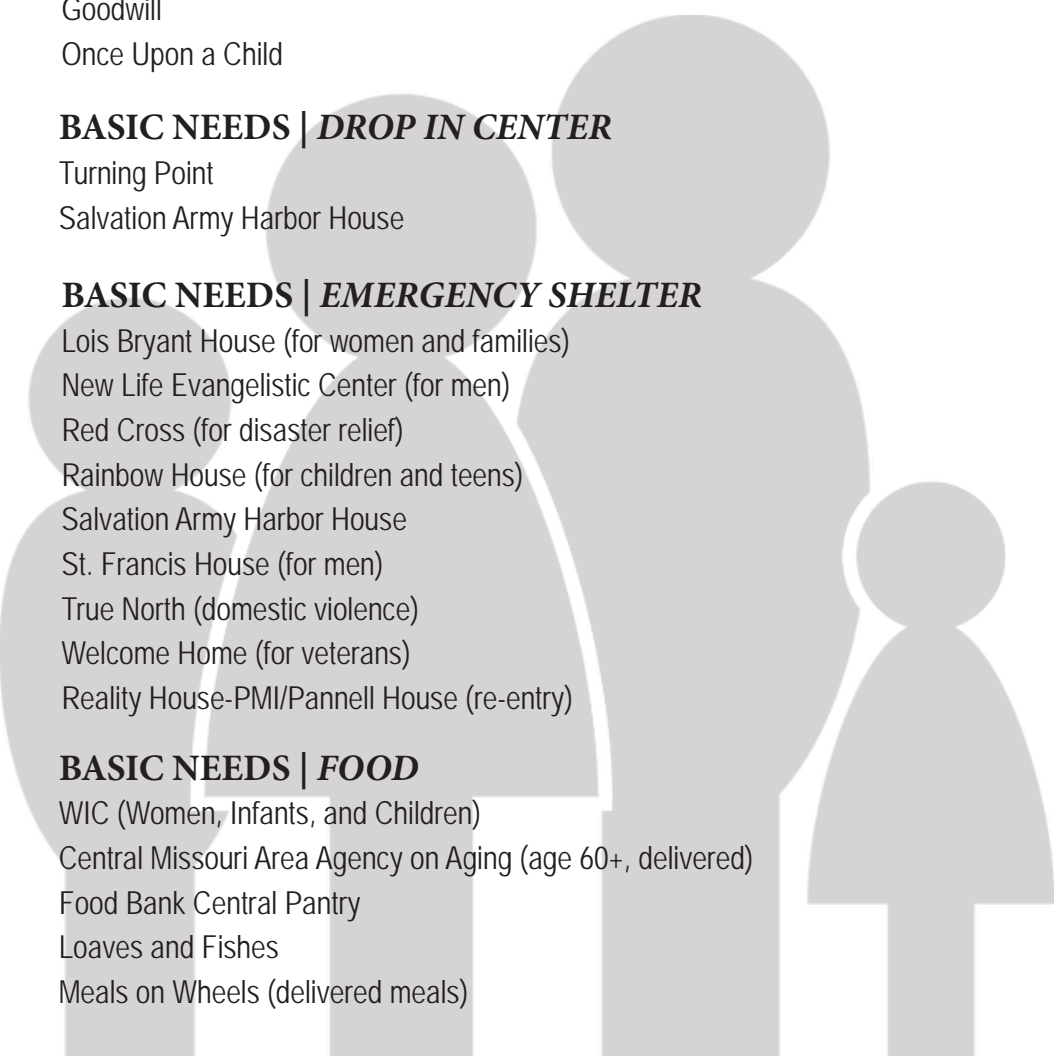
Turning Point	214-4077
Salvation Army Harbor House	442-1984

## **BASIC NEEDS | EMERGENCY SHELTER**

Lois Bryant House (for women and families)	875-7874
New Life Evangelistic Center (for men)	875-0603
Red Cross (for disaster relief)	445-9411
Rainbow House (for children and teens)	474-3558
Salvation Army Harbor House	442-1984
St. Francis House (for men)	875-4913
True North (domestic violence)	875-1669
Welcome Home (for veterans)	443-8001
Reality House-PMI/Pannell House (re-entry)	449-8117

## **BASIC NEEDS | FOOD**

WIC (Women, Infants, and Children)	874-7384
Central Missouri Area Agency on Aging (age 60+, delivered)	449-8000
Food Bank Central Pantry	874-7848
Loaves and Fishes	875-0826
Meals on Wheels (delivered meals)	886-7554



## **BASIC NEEDS | *FOOD (CONTINUED)***

Salvation Army (commodities)	442-3229
Salvation Army Harbor House (daily lunch)	442-1984
Voluntary Action Center	874-2273

## **BASIC NEEDS | *HOMELESSNESS RESOURCES***

Turning Point	214-4077
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## **BASIC NEEDS | *TRANSITIONAL SHELTER***

Reality House	449-8117
Salvation Army Harbor House	442-1984

## **CHILDREN/YOUTH**

Child Abuse and Neglect Hotline	800-392-3738
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## **CHILDREN/YOUTH | *CHILD CARE AND PRESCHOOL INFORMATION***

Project REACH	866-973-2240
FSD Child Care Assistance (eligibility required)	855-373-4636
Head Start	443-8707 EXT. 237
Child Care Aware of Central Missouri	214-3915

## **CHILDREN/YOUTH | *CHILD SAFETY***

Car Seats- Columbia Fire Department (by appointment only, safe installation)	874-7556
Voluntary Action Center (obtain a car seat)	874-2273
SAFE CRIBS Program	777-1815 EXT. 204

## **CHILDREN/YOUTH | *CHILD SUPPORT***

Child Support Enforcement, State of Missouri	573-751-4224
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## **CHILDREN/YOUTH | *EMERGENCY AND TRANSITIONAL SHELTER***

Rainbow House	474-6600
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## **CHILDREN/YOUTH | *MENTAL HEALTH***

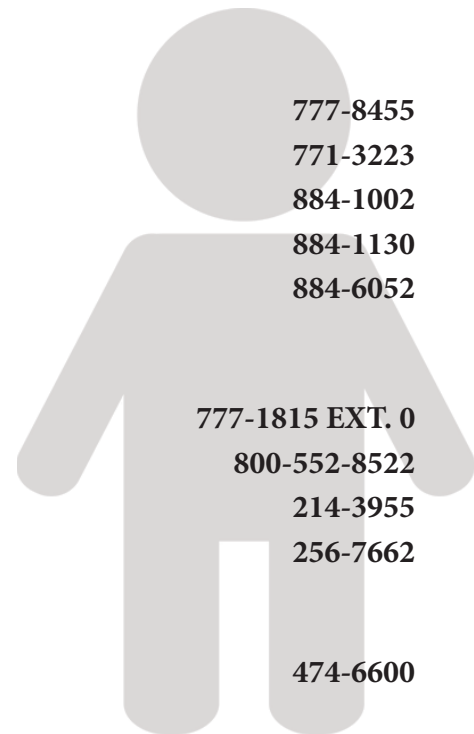
Burrell Behavioral Health	777-8455
Family Access Center for Excellence (FACE)	771-3223
Missouri Psychiatric Center (Children's Hospital)	884-1002
Missouri Psychiatric Center (outpatient clinic)	884-1130
MU Thompson Center for Autism and Neurodevelopmental Disorders	884-6052

## **CHILDREN/YOUTH | *PARENTING HELP***

First Chance for Children	777-1815 EXT. 0
ParentLink	800-552-8522
Parents as Teachers	214-3955
Love, Inc.	256-7662

## **CHILDREN/YOUTH | *RESPIRE CARE***

Rainbow House	474-6600
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## **CHILDREN/YOUTH | YOUTH EMPLOYMENT**

City of Columbia C.A.R.E. (Career Awareness Related Experience)	874-6300
Youth Empowerment Zone	256-1896
Job Point	449-3431

## **HOUSING | AFFORDABLE HOUSING**

City of Columbia, Community Development (home loans)	874-7239
Columbia Housing Authority (public housing/Section 8)	443-2556
Columbia Square (private Section 8)	445-1721
Habitat for Humanity	499-1202
Hanover Estates	474-0550
Lakewood Apartments (private Section 8)	442-2720
Veterans Administration	814-6244

## **HOUSING | HOME REPAIR**

City of Columbia, Community Development	874-7239
Central Missouri Community Action	443-1100
USDA Rural Development	875-5540 EXT. 4

## **HOUSING | TRANSITIONAL HOUSING**

Phoenix Programs (for persons in recovery)	442-7026
True North (domestic violence)	875-1369

## **HOUSING | UTILITY ASSISTANCE**

Columbia/Boone County Department of Public Health & Human Services	817-6430
Central Missouri Community Action	443-1100

## **JUSTICE/LEGAL SERVICES | COURT**

Boone County Adult Court Services	886-4180
Boone County Alternative Sentencing Center	886-4082
State of Missouri, Division of Probation and Parole	573-751-8488

## **JUSTICE/LEGAL SERVICES | HUMAN RIGHTS**

City of Columbia- Human Rights <i>Investigates complaints of discrimination in employment, housing, and public accommodation that occur within the City of Columbia</i>	817-5024
Missouri Commission on Human Rights <i>Investigates complaints of discrimination in employment, housing, and public accommodation</i>	886-4082
Federal Equal Employment Opportunity Commission <i>Investigates employment discrimination complaints</i>	800-669-4000 800-669-6820 (TTY)
U.S. Department of Housing & Urban Development <i>Investigates housing discrimination complaints</i>	800-669-9777 800-927-9275 (TTY)
U.S. Department of Justice- Civil Rights Division <i>Enforces federal statutes prohibiting discrimination on the basis of national origin, race, color, religion, disability, sex, and familial status</i>	877-218-5228 202-514-0716 (TTY)
U.S. Department of Education- Office for Civil Rights <i>Civil rights enforcement for equal access to education</i>	800-421-3481 877-521-2172 (TTY)

**JUSTICE/LEGAL SERVICES | LEGAL ASSISTANCE**

Mid-Missouri Legal Services Corp. (Legal Aid)

442-0116

**OTHER | ADULT EDUCATION/LITERACY**

Adult Basic Education, Columbia Public Schools

214-3690

MU Family Impact Center

882-2428

**OTHER | CRISIS HELP NUMBERS**

Mid-Mo Crisis Line

445-5035 or 888-761-4357

Child Abuse and Neglect Hotline

800-392-3738

Senior and Disability Services Hotline

800-392-0210

24 Hour Rape and Abuse Hotline (True North)

800-548-2480

Veterans Suicide Hotline

800-273-8255

**OTHER | DOMESTIC AND SEXUAL VIOLENCE**

True North

875-1369 or 800-548-2480

**OTHER | EMPLOYMENT**

Job Point

474-8560

Missouri Career Center

441-6361

Veterans Administration

814-6655

Vocational Rehabilitation, State of Missouri

573-751-3251

Youth Empowerment Zone

256-1896

**OTHER | FINANCIAL/BUDGET COUNSELING**

Consumer Credit Counseling

800-736-0535

Central Missouri Community Action

443-1100

Money Smart

443-2556 EXT. 1279 or 1257

Love, Inc.

256-7662

**OTHER | REFUGEE AND IMMIGRATION SERVICES**

El Centro Latino de Salud, Educacion, y Cultura

449-9442

Refugee and Immigration Services

442-7568

**OTHER | TAX ASSISTANCE**

AARP

573-445-6914

Missouri Department of Revenue Tax Assistance Center

573-751-7191

Volunteer Income Tax Assistance (VITA)

443-8731 EXT. 212

**OTHER | TRANSPORTATION**

Central MO Area Agency on Aging (age 60+)

443-5823

CMCA MO Rides

777-5213

Columbia Transit

874-7282

Columbia Para Transit (eligibility required)

874-7290

MO Health Net (non-emergency medical transport)

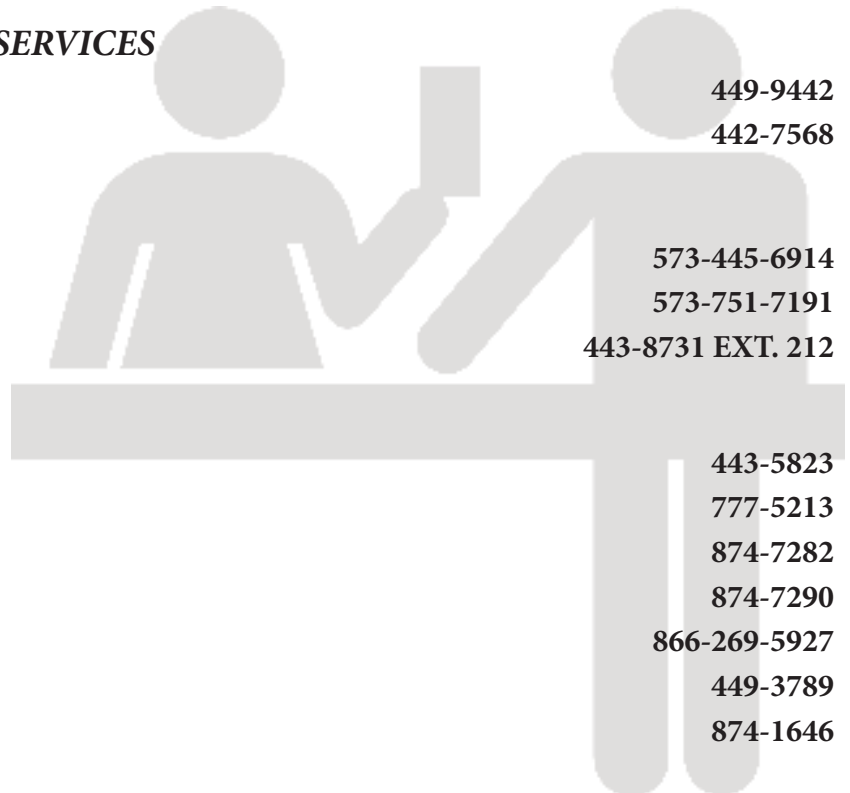
866-269-5927

OATS

449-3789

Services for Independent Living

874-1646



## **OTHER | TRANSPORTATION (CONTINUED)**

Voluntary Action Center (eligibility required)

874-2273

Veterans Administration

814-6002

## **OTHER | VETERANS' SERVICES**

Veterans Administration

814-6002

Columbia Vet Center

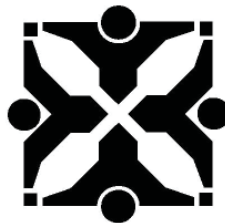
814-6206

## **OTHER RESOURCES**

Missouri/Illinois 2-1-1

*Speak to a trained professional and get connected with local resources. Available 24 hours a day, seven days a week, and your phone call is always free and confidential. Multilingual services are also available.*

**Dial 2-1-1**



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