



Columbia/Boone County Resource and Referral Guide

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Columbia/Boone County
Department of Public Health
and Human Services

socialservices@CoMo.gov

573.874.7488

1005 West Worley

Columbia, MO 65203

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HEALTH

HEALTH INSURANCE

Medicaid and MC+ (MO HEALTHNET)

Family Support Division, State of Missouri

855-373-4636

Medicare

Medicare

1-800-633-4227

MEDICAL PROVIDERS

HIV/AIDS Testing

Department of Public Health and Human Services- free

874-7356

Rain- free

875-8687

Primary Care

Family Health Center- Medicaid, MC+, sliding fee scale

214-2314

Boone Hospital Center- physician referral service

815-6400

University Hospital and Clinics- physician referral service

882-7000

MedZou Clinic

214-2314

STD Testing and Treatment

Department of Public Health and Human Services

874-7356

Rain-Central Missouri, Inc.

875-8687

Planned Parent Columbia Health Center

443-0427

Urgent Care

Boone Convenient Care- walk-in clinic

874-0008

University Physicians- urgent care

882-1662

Providence Urgent Care

874-6824

Broadway Urgent Care

777-5880

Mizzou Quick Care Clinic-Conley

884-0169

Mizzou Quick Care Clinic-Broadway

884-0036

Veterans' Health

Harry S. Truman Memorial Veterans' Hospital

814-6000 ext. 0

Women's Health

Department of Public Health and Human Services

874-7356

Planned Parenthood

443-0427

Family Health Center

214-2314

HEALTH

MENTAL HEALTH

Burrell Behavioral Health- MO HealthNet, insurance (walk-in clinic, intake appt.)	777-8300
Family Counseling Center- MO HealthNet, insurance & sliding scale	449-2581
Missouri Psychiatric Center (MO HealthNet, insurance, cash pay)	884-1300
New Horizons- MO HealthNet	443-0405
UMC Psychological Services Clinic- insurance and sliding scale	882-4677

SUBSTANCE ABUSE TREATMENT/SUPPORT

AA/NA (Focus on Recovery)	800-234-0420
BHG (methadone clinic)	449-8338
McCambridge Center- for women	449-3953
Pathways (adolescents)- MO HealthNet, private, sliding fee scale	449-4770
Phoenix Programs (for men and women)	442-7026
Family Counseling Center	449-2581
Reality House PMI/Pannell House (transitional housing)	449-8117

HEALTH

OTHER HEALTH RESOURCES

Dental

Columbia Dental Care Center- MO HealthNet for Pregnant Women & Children	441-9442
Department of Public Health and Human Services	817-6430
Family Health Center (Medicaid/sliding scale)	214-2314
Family Dental Center (Medicaid/sliding scale)	777-8997
King's Daughters- referral made by school nurse	
Mid-Missouri Dental Center- MO HealthNet for Pregnant Women & Children	814-1694
Salisbury Dental Center	660-388-6950
Sterling Dental Care	256-7891
UMKC Dental School	816-235-2111
Vanderveen Dental- MO HealthNet for Pregnant Women & Children	443-8100
Voluntary Action Center (co-pay assistance)	449-6959

Medication Assistance

Department of Public Health and Human Services	817-6430
Voluntary Action Center	449-6959

Optical

Lions Eye Research- glasses only	443-1471
Prevention of Blindness Program, State of Missouri	800-592-6004 ext. 8

Pregnancy Testing and Support

Department of Public Health and Human Services	874-7356
Lutheran Family and Children's Services (no testing)	815-9955
My Life Clinic	874-3561
Planned Parenthood	443-0427

Smoking Cessation

Department of Public Health and Human Services	874-7356
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HUMAN SERVICES

AGING AND DISABILITY SERVICES

Boone County Family Resources	874-1995
Bureau of Special Health Care Needs, State of Missouri	751-6246
Central Missouri Area Agency on Aging (CMAAA)	443-5823
Central Missouri Regional Center, State of Missouri	441-6278
Meals on Wheels- home delivered meals	886-7554
Senior and Disability Services Hotline	800-392-0210
Services for Independent Living	874-1646
Social Security Office- S.S., S.S.D.I., S.S.I., and Medicare	866-563-9108
Senior and Disability Services, State of Missouri	800-392-0210
MU Thompson Center for Autism and Neurodevelopment Disorders	884-6052

BASIC NEEDS

Clothing

Salvation Army	442-3229
Upscale Resale	445-4803
Voluntary Action Center –clothing items for employment	449-6959
Wardrobe	442-3260
Goodwill	442-4050
Once Upon a Child	445-1151

Emergency Shelter

Lois Bryant House- for women and families	875-7874
New Life Evangelistic Center- for men	875-0603
Red Cross- for disaster relief	445-9411
Rainbow House- for children and teens	474-3558
Salvation Army Harbor House	442-1984
St. Francis House- for men	875-4913
True North - domestic violence	875-1369
Welcome Home- for veterans	443-8001
Reality House-PMI/Pannell House-substance abuse	449-8117

Food

WIC (Women, Infants, and Children)	874-7384
Central Missouri Area Agency on Aging- age 60+, delivered	449-8000
Food Bank Central Pantry	874-7848
Loaves and Fishes	875-0826
Meals on Wheels- delivered meals	886-7554
Salvation Army- commodities	442-3229
Salvation Army Harbor House – daily lunch	442-1984
Voluntary Action Center	449-6959

HUMAN SERVICES

CHILDREN/YOUTH RESOURCES

Child Abuse and Neglect Hotline

Child Abuse and Neglect Hotline 800-392-3738

Child Care/Pre-School Information

Project REACH 1-866-973-2240
FSD Child Care Assistance- eligibility required 855-373-4636
Head Start 443-8707 ext. 237
Child Care Aware of Central Missouri 1-800-243-9685
214-3915

Child Safety

Car Seats- Columbia Fire Department (by appointment only)-safe installation 874-7556
VAC-obtain a car seat 449-6959
SAFE CRIBS Program 777-1815 EXT. 204

Child Support

Child Support Enforcement, State of Missouri 573-751-4224

Parenting Help

First Chance for Children 777-1815 ext. 0
ParentLink 800-552-8522
Parents as Teachers 214-3955
Rainbow House 474-6600
Love INC 256-7662

Youth Employment

City of Columbia C.A.R.E. (Career Awareness Related Experience) 874-6300
Youth Empowerment Zone 256-1896
Job Point 449-3431

HOUSING

Affordable Housing

Columbia Housing Authority- public housing/Section 8 443-2556
445-1721
Columbia Square- private Section 8 499-1202
Habitat for Humanity 474-0550
Hanover Estates 442-2720
Lakewood Apartments- private Section 8 814-6244
Veterans' Administration

HUMAN SERVICES

Home Repair

City of Columbia, Planning and Development	874-7239
Central Missouri Community Action	443-1100
USDA Rural Development	875-5540 ext. 4

Transitional Housing

Boys and Girls Town- for youth	874-8686
Phoenix Programs- for persons in recovery	442-7026
Rainbow House Homeless Youth Program	474-6600 ext4
True North - domestic violence	875-1369
Reality House PMI/Pannell-substance abuse	449-8117

Utility Assistance

Department of Public Health and Human Services	817-6430
Central Missouri Community Action	443-1100

JUSTICE/LEGAL SERVICES

Court Services

Boone County Adult Court Services	886-4180
Boone County Alternative Sentencing Center	886-4082
State of Missouri, Division of Probation and Parole	573-751-8488

Human Rights

City of Columbia- Human Rights <i>(investigates complaints of discrimination in employment, housing, and public accommodation that occur within the City of Columbia)</i>	817-5024
Missouri Commission on Human Rights <i>(investigates complaints of discrimination in employment, housing, and public accommodation)</i>	877-781-4236
Federal Equal Employment Opportunity Commission <i>(investigates employment discrimination complaints)</i>	800-669-4000 800-669-6820 (TTY)
U.S. Department of Housing & Urban Development <i>(investigates housing discrimination complaints)</i>	800-669-9777 800-927-9275 (TTY)
U.S. Department of Justice- Civil Rights Division <i>(enforces federal statues prohibiting discrimination on the basis of national origin, race, color, religion, disability, sex, and familial status)</i>	877-218-5228 202-514-0716 (TTY)
U.S. Department of Education- Office for Civil Rights <i>(civil rights enforcement for equal access to education)</i>	800-421-3481 877-521-2172 (TTY)

Legal Assistance

Mid-Missouri Legal Services Corp. (Legal Aid)	442-0116
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HUMAN SERVICES

OTHER RESOURCES

Adult Education/Literacy

Adult Basic Education, Columbia Public Schools	214-3690
Family Impact Center	882-2428

Financial/Budget Counseling

Consumer Credit Counseling	800-736-0535
Central Missouri Community Action	443-1100
Money Smart	443-2556 ext. 1279 or 1257
Love, Inc	256-7662

Crisis Help Numbers

Mid-Mo Crisis Line	445-5035 or 888-761-4357
Child Abuse and Neglect Hotline	800-392-3738
Senior and Disability Services Hotline	800-392-0210
24 Hour Rape and Abuse Hotline (True North)	800-548-2480
Veteran's Suicide Hotline	800-273-8255

Domestic and Sexual Violence

True North	875-1369 or 800-548-2480
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Employment

Job Point	474-8560
Missouri Career Center	441-6361
Veterans' Administration	814-6655
Vocational Rehabilitation, State of MO	573-751-3251
Youth Empowerment Zone	256-1896

Homelessness Resources

Turning Point (Open Monday- Friday 8am-12pm)	214-4077
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Refugee and Immigration Services

El Centro Latino de Salud, Educacion, y Cultura	449-9442
Refugee and Immigration Services	442-7568

Tax Assistance

AARP	573-445-6914
MO Dept. of Revenue Tax Assistance Center	573-751-7191
Volunteer Income Tax Assistance (VITA)	443-8731 ext. 212

HUMAN SERVICES

Transportation

Central MO Area Agency on Aging- age 60+	443-5823
CMCA MO Rides	777-5213
Columbia Transit	874-7282
Columbia Para Transit- eligibility required	874-7290
Medicaid/MC+- for medical appointments only	1-866-269-5927
OATS	449-3789
Services for Independent Living	874-1646
Voluntary Action Center-eligibility required	449-6959
Veterans' Administration	814-6002

Veterans' Services

Veterans' Administration	814-6002
Columbia Vet Center	814-6206

Other Resources

Missouri/Illinois 2-1-1	Dial 2-1-1
<i>Speak to a trained professional and get connected with local resources. Available 24 hours a day, seven days a week, and your phone call is always free and confidential. Multilingual services are also available.</i>	TTY 1-866-385-6525



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