Columbia/Boone County Resource and Referral Guide

Published by
Columbia/Boone County
Department of Public Health
and Human Services

HumanServices@GoColumbiaMO.com
573.874.7488
1005 West Worley
Columbia, MO 65203

(updated February 2016)

HEALTH

HEALTH INSURANCE

Medicaid and MC+ (MO HEALTHNET)	
Family Support Division, State of Missouri	855-373-4636

Medicare	
Medicare	1-800-633-4227

MEDICAL PROVIDERS

HIV/AIDS Testing	
Department of Public Health and Human Services- free	874-7356
Rain- free	875-8687

Primary Care	
Family Health Center- Medicaid, MC+, sliding fee scale	214-2314
Boone Hospital Center- physician referral service	815-6400
University Hospital and Clinics- physician referral service	882-7000
MedZou Clinic	214-2314

STD Testing and Treatment	
Department of Public Health and Human Services	874-7356

Urgent Care	
Boone Convenient Care- walk-in clinic	874-0008
University Physicians- urgent care	882-1662
Providence Urgent Care	874-6824
Broadway Urgent Care	777-5880

Veterans' Health	
Harry S. Truman Memorial Veterans' Hospital	814-6000 ext. 0

Women's Health	
Department of Public Health and Human Services	874-7356
Planned Parenthood	443-0427
Family Health Center	214-2314

MENTAL HEALTH

Burrell Behavioral Health- MO HealthNet, insurance (walk-in clinic, intake appt.)	777-8300
Family Counseling Center- MO HealthNet, insurance & sliding scale	449-2581
Missouri Psychiatric Center (MO HealthNet, insurance, cash pay)	884-1300
New Horizons- MO HealthNet	443-0405
UMC Psychological Services Clinic- insurance and sliding scale	882-4677

DRAFT

HEALTH

SUBSTANCE ABUSE TREATMENT/SUPPORT

AA/NA (Focus on Recovery)	800-234-0420
BHG (methadone clinic)	449-8338
McCambridge Center- for women	449-3953
Pathways (adolescents)- MO HealthNet, private, sliding fee scale	449-4770
Phoenix Programs (for men and women)	442-7026
Family Counseling Center	449-2581
Reality House PMI/Pannell House (transitional housing)	449-8117

OTHER HEALTH RESOURCES

Dental

Columbia Dental Care Center- MO HealthNet for Pregnant Women & Children	441-9442
Department of Public Health and Human Services	817-6430
Family Health Center Dental Clinic	777-8997
King's Daughters- referral made by school nurse	
Mid-Missouri Dental Center- MO HealthNet for Pregnant Women & Children	814-1694
Salisbury Dental Center	660-388-6950
UMKC Dental School	816-235-2111
Vanderveen Dental- MO HealthNet for Pregnant Women & Children	443-8100
Voluntary Action Center (co-pay assistance)	449-6959

Medication Assistance

Department of Public Health and Human Services	817-6430
Voluntary Action Center	449-6959

Optical

Lions Eye Research- glasses only	443-1471
Prevention of Blindness Program, State of Missouri	800-592-6004 ext. 8

Pregnancy Testing and Support

Department of Public Health and Human Services	874-7356
Lutheran Family and Children's Services (no testing)	815-9955
My Life Clinic	874-3561
Planned Parenthood	443-0427

Smoking Cessation

Department of Public Health and Human Services	874-7356

DRAFT

HUMAN SERVICES

AGING AND DISABILITY SERVICES

Boone County Family Resources	874-1995
Bureau of Special Health Care Needs, State of Missouri	573-751-6246
Central Missouri Area Agency on Aging (CMAAA)	443-5823
Central Missouri Regional Center, State of Missouri	441-6278
Meals on Wheels- home delivered meals	886-7554
Senior and Disability Services Hotline	800-392-0210
Services for Independent Living	874-1646
Social Security Office- S.S., S.S.D.I., S.S.I., and Medicare	866-563-9108
Senior and Disability Services, State of Missouri	800-392-0210

BASIC NEEDS

Clothing

Salvation Army	442-3229
Upscale Resale	445-4803
Voluntary Action Center –clothing items for employment	449-6959
Wardrobe	442-3260
Goodwill	442-4050

Emergency Shelter

Lois Bryant House- for women and families	875-7874
New Life Evangelistic Center- for men	875-0603
Red Cross- for disaster relief	445-9411
Rainbow House- for children and teens	474-3558
Salvation Army Harbor House	442-1984
St. Francis House- for men	875-4913
True North - domestic violence	875-1369
Welcome Home- for veterans	443-8001
Reality House-PMI/Pannell House-substance abuse	449-8117

Food

WIC (Women, Infants, and Children)	874-7384
Central Missouri Area Agency on Aging- age 60+, delivered	449-8000
Food Bank Central Pantry	874-7848
Loaves and Fishes	875-0826
Meals on Wheels- delivered meals	886-7554
Salvation Army- commodities	442-3229
Salvation Army Harbor House – daily lunch	442-1984
Voluntary Action Center	449-6959

CHILDREN/YOUTH RESOURCES

Child Abuse and Neglect Hotline

Child Abuse and Neglect Hotline	800-392-3738

DRAFT

HUMAN SERVICES

Child Care/Pre-School Information	
Project REACH	1-866-973-2240
FSD Child Care Assistance- eligibility required	855-373-4636
Head Start	443-8707 ext. 237
Child Care Aware of Central Missouri	1-800-243-9685
Columbia Public Schools Title 1 Pre-School	214-3915

Child Safety	
Car Seats- Columbia Fire Department (by appointment only)-safe installation	874-7556
VAC-obtain a car seat	449-6959
SAFE CRIBS Program	777-1815 EXT. 204

Child Support	
Child Support Enforcement, State of Missouri	573-751-4224

Parenting Help	
First Chance for Children	777-1815 ext. 0
ParentLink	800-552-8522
Parents as Teachers	214-3955
Rainbow House	474-6600
Love INC	256-7662

Youth Employment	
City of Columbia C.A.R.E. (Career Awareness Related Experience)	874-6300
Youth Empowerment Zone	256-1896
Job Point	449-3431

HOUSING

Affordable Housing	
Columbia Housing Authority- public housing/Section 8	443-2556
Columbia Square- private Section 8	445-1721
Habitat for Humanity	499-1202
Hanover Estates	474-0550
Lakewood Apartments- private Section 8	442-2720
Veterans' Administration	814-6244

Home Repair	
City of Columbia, Planning and Development	874-7239
Central Missouri Community Action	443-1100
USDA Rural Development	875-5540 ext. 4

DRAFT

HUMAN SERVICES

Transitional Housing	
Boys and Girls Town- for youth	874-8686
Phoenix Programs- for persons in recovery	442-7026
Rainbow House Sol House- for youth ages 16-21	449-0182
True North - domestic violence	875-1369
Reality House PMI/Pannell-substance abuse	449-8117

Utility Assistance	
Department of Public Health and Human Services	817-6430
Central Missouri Community Action	443-1100

JUSTICE/LEGAL SERVICES

Court Services	
Boone County Adult Court Services	886-4180
Boone County Alternative Sentencing Center	886-4082
State of Missouri, Division of Probation and Parole	573-751-8488

Human Rights	
City of Columbia- Human Rights *(investigates complaints of discrimination in employment, housing, and public accommodation that occur within the City of Columbia)*	817-5024
Missouri Commission on Human Rights *(investigates complaints of discrimination in employment, housing, and public accommodation)*	877-781-4236
Federal Equal Employment Opportunity Commission *(investigates employment discrimination complaints)*	800-669-4000 800-669-6820 (TTY)
U.S. Department of Housing & Urban Development *(investigates housing discrimination complaints)*	800-669-9777 800-927-9275 (TTY)
U.S. Department of Justice- Civil Rights Division *(enforces federal statues prohibiting discrimination on the basis of national origin, race, color, religion, disability, sex, and familial status)*	877-218-5228 202-514-0716 (TTY)
U.S. Department of Education- Office for Civil Rights *(civil rights enforcement for equal access to education)*	800-421-3481 877-521-2172 (TTY)

Legal Assistance	
Mid-Missouri Legal Services Corp. (Legal Aid)	442-0116

OTHER RESOURCES

Adult Education/Literacy	
Adult Basic Education, Columbia Public Schools	214-3690
Family Impact Center	882-2428

DRAFT

HUMAN SERVICES

Financial/Budget Counseling	
Consumer Credit Counseling	800-736-0535
Central Missouri Community Action	443-1100
Money Smart	443-2556 ext. 1279 or 1257
Love, Inc	256-7662

Crisis Help Numbers	
Mid-Mo Crisis Line	445-5035 or 888-761-4357
Child Abuse and Neglect Hotline	800-392-3738
Senior and Disability Services Hotline	800-392-0210
24 Hour Rape and Abuse Hotline (True North)	800-548-2480
Veteran's Suicide Hotline	800-273-8255

Domestic and Sexual Violence	
True North	875-1369 or 800-548-2480

Employment	
Job Point	474-8560
Missouri Career Center	441-6361
Veterans' Administration	814-6655
Vocational Rehabilitation, State of MO	573-751-3251
Youth Empowerment Zone	256-1896

Homelessness Resources	
Turning Point (Open Monday- Friday 8am-12pm)	214-4077

Refugee and Immigration Services	
El Centro Latino de Salud, Educacion, y Cultura	449-9442
Refugee and Immigration Services	442-7568

Tax Assistance	
AARP	573-445-6914
MO Dept. of Revenue Tax Assistance Center	573-751-7191
Volunteer Income Tax Assistance (VITA)	443-8731 ext. 212

DRAFT

HUMAN SERVICES

Transportation	
Central MO Area Agency on Aging- age 60+	443-5823
Columbia Transit	874-7282
Columbia Para Transit- eligibility required	874-7290
Medicaid/MC+- for medical appointments only	1-866-269-5927
OATS	449-3789
Services for Independent Living	874-1646
Voluntary Action Center-eligibility required	449-6959
Veterans' Administration	814-6002
Veterans' Services	
Veterans' Administration	814-6002
VET Center	814-6206

Other Resources	
Missouri/Illinois 2-1-1	Dial 2-1-1
Speak to a trained professional and get connected with local resources. Available 24 hours a day, seven days a week, and your phone call is always free and confidential. Multilingual services are also available.	TTY 1-866-385-6525

United Way • Missouri/Illinois 2-1-1 Get Connected. Get Answers.

Please do not copy or reproduce this booklet without permission from the Columbia/Boone County Department of Public Health and Human Services.

DRAFT