





# Home Fire Escape Plan

## Homework Exercise Instructions

- Go room to room as a family and talk about the exits
- Designate a meeting place so everyone in the family knows where to go
- Can be a tree, mailbox, neighbor's driveway, etc.
  - Go through the following scenario:
  - In the middle of the night you are awakened by a smoke alarm. What do you do?
  - Crawl to the door, feel it with the back of your hand to find out if it's hot
  - If it's hot the fire is close by and you need your second exit (most likely a window)
  - If the door is cool open it slowly, looking and smelling for smoke. If the hallway is clear go to the outside exit
- If you sleep on the second floor
  - Follow the same procedure but if the door is hot you are not to jump out the window. It is safer to stay where you are and wait for firefighters to help you out of the house.
  - While you are waiting for help you should:
    - Call 911 if there is a phone in the room
    - Keep the door closed and stuff a blanket or towel in the space between the floor and the bottom of the door to minimize the amount of smoke coming into the room.
    - Open the window as wide as possible and push out the screen
    - Throw something soft and big out the window to alert firefighters that you are upstairs and need help
    - Stand in the window and wave while yelling
    - It is important to get attention so people know you need help



# Home Fire Escape Plan

- If the room becomes smoky stay low and do not hide
  - Sometimes when children get scared they feel safer if they hide under the bed or in the closet
  - If there's a fire, children need to be easy to find
- Practice the following:
  - Pretend to be sleeping
  - Push button on smoke alarm to activate it
  - Demonstrate crawling low to the door
  - Demonstrate feeling the door with the back of the hand (you decide if it's hot or not)
- Review what the appropriate steps are:
  - Cool door
    - Open door slowly, look and smell for smoke
    - Go outside to meeting place
  - Hot door first floor
    - Climb out window, go outside to meeting place
  - Hot door second floor or higher
    - Stuff a blanket or towel under the door
    - Open window
    - Push out screen
    - Throw pillows, etc. out to get attention
    - Yell and wave
    - Get down low if smoke is filling room