

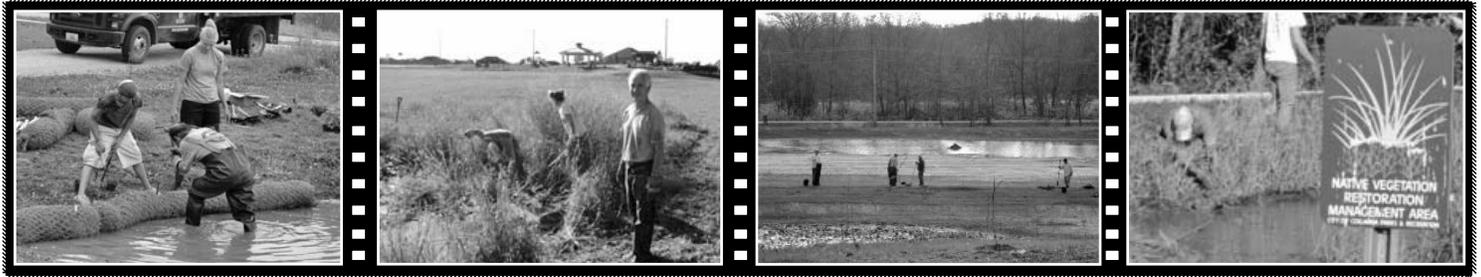
www.GoColumbiaMo.com

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CITYSOURCE



Your source for City news and information



2012 C.A.R.P. Volunteer Program begins in March

The City of Columbia is looking for volunteers interested in working in parks, caring for the environment and enjoying an occasional splash in a lake or stream. If that describes you, then you may want to participate in Columbia Aquatic Restoration Project (C.A.R.P).

C.A.R.P. was created by the Parks & Recreation Department to involve volunteers in implementing an aquatic plant and shoreline management plan.

The 2012 program will begin with classes on Mondays, March 12 and March 19, and Wednesday, March 21, from 6 p.m. to 8:30 p.m. at the ARC, 1701 West Ash. Classes include information on aquatic plants and insects, stormwater management and lake ecology. In return, volunteers are asked to share 18 hours of service on projects in City parks held on Saturday mornings.

Space is limited for the C.A.R.P. class. To register or learn more, contact the City's Volunteer Programs at 874-7499 or volunteer@GoColumbiaMo.com.

Youth Fitness at the ARC

The Activity & Recreation Center (ARC) is offering new classes for youth! Register at 874-7700 or go online at www.GoColumbiaMo.com.

SOCCER STRENGTH AND SPEED

Feb. 27 and Feb. 29, 6:15 p.m. to 7:15 p.m., ARC Youth Training Room

This class offers sport-specific weight training and conditioning for young soccer players. Kids ages 11-17 are welcome to register. Participants will learn speed and agility training and receive a manual allowing them to train on their own and track their progress up to the spring season. Pre-registration is required. Cost is \$40 with ARC members receiving a \$5 discount.

TENNIS STRENGTH AND SPEED

March 5 and March 7, 6:15 p.m. to 7:15 p.m., ARC Youth Training Room

This class will teach exercises that utilize the muscle groups of a tennis player. Speed and agility training will mimic the demands of tennis players. The class is for kids ages 15-18. Pre-registration is required. Cost is \$40 with ARC members receiving a \$5 discount.

YOUTH FUN AND FITNESS

Feb. 4-25, 11 a.m. to 12 p.m., ARC Youth Training Room

Participants ages 11-14 will use bands, an exercise ball, light weights and the patch fitness program to make this class fun while learning correct form. The class will help in core strengthening, expand flexibility and increase endurance. Pre-registration is required. Cost is \$40.

Congratulations to local artist Stephanie Foley for recently completing the newest installment of the Traffic Box Art program at Broadway and Seventh Street.

Photo reprinted by permission from Stephanie Foley and the OCA.



Traffic Box Art

The City's Office of Cultural Affairs (OCA) invites mid-Missouri artists to apply for its annual "Traffic Box Art" program. An artist is sought to address the traffic signal box at the corner of Walnut and Sixth streets in The District. The goal of the Traffic Box Art program is to make traffic signal boxes more resistant to graffiti while contributing to the uniqueness of the downtown streetscape. An honorarium of \$1,500 and an allowance for materials of up to \$500 will be paid to the selected artist.

Applications must be postmarked by Monday, Feb. 6, 2012.

For a complete project prospectus, application requirements and a PDF of the required design template, go to www.GoColumbiaMo.com/Arts or contact the OCA at oca@GoColumbiaMo.com, 874-6387.

Tips for working in the cold

The Columbia/Boone County Department of Public Health and Human Services reminds you to be prepared and be aware in cold weather.

BE PREPARED... Workers who must be out in the cold should wear warm clothing that is right for the weather. Proper clothing can help prevent cold weather dangers like hypothermia and frostbite.

- Wear several layers of loose clothing; layering provides better insulation.
- Wear gloves and a hat or hood.
- If it's wet, shoes should be waterproof and have good traction.
- Make sure that cold-weather gear does not restrict movement or block eyesight.

BE AWARE...Hypothermia: One of the biggest dangers from working in the cold can be the hardest to detect. Hypothermia happens when the body temperature drops below 95 degrees. Mild hypothermia can make a person confused, and he/she may not think anything is wrong until it is too late. Being too cold can also cloud judgment and cause potentially dangerous mistakes.

Early symptoms of hypothermia include shivering, drowsiness, clumsiness and confusion. As the body loses more heat, the shivering may stop, the skin may turn blue, pupils of the eye may expand, pulse and breathing may slow and the person may pass out.

Frostbite: Many parts of the body are prone to frostbite, including fingers, toes, the nose and ears. Frostbite happens when a part of the body freezes, which can damage tissue. Frostbite warning signs include numbness, tingling, stinging or pain where the skin is exposed.

Art All Over

Artists residing in Missouri are invited to apply for the Percent for Art project at the new Short Street Garage. Applications must be postmarked by Feb. 17th. Once selected, an artist will create site-specific public art for the building and/or overall site. The project is a component of Columbia's Percent for Art program, established in 1997, and is being implemented by the City's Office of Cultural Affairs (OCA). For a complete project prospectus and application requirements, go to www.GoColumbiaMo.com/Arts or contact the OCA at 874-6386, oca@GoColumbiaMo.com.

Neighborhood Services moves to City Hall

The Office of Neighborhood Services has started moving out of 3601 S. Providence. Beginning Jan. 3, all transactions related to the Community Development Department, Neighborhood Services Division, will be made at the service counter on the third floor of City Hall, historic Daniel Boone Building side, 701 E. Broadway. Phone numbers and email addresses for existing staff will remain unchanged.

To learn more about the new Community Development Department, visit the City's website at www.GoColumbiaMo.com.

Spring Break is coming — start making TRAVEL plans for family fun!

Head to the beach, plan a mountain hike, enjoy a relaxing cruise or explore an international destination! No matter how you spend your break, Columbia Regional Airport can get you there. Enjoy the ease of flying from home without the long drive and high parking fees. To book your tickets, go online to www.delta.com or call Delta at 1-800-221-1212. Simply choose COU as your departing airport.

www.FlyMidMo.com
(573) 874-7508



City honored with Image Awards



(L-r) Jennifer Sieradzki and Steve Saiita, Parks & Recreation; Sarah Skaggs, Cultural Affairs; and Toni Messina, Public Communications

Photo credit: Cho Ling Ngai, Columbia Missourian

“Consistent with Columbia’s community vision, we value a city with ‘character,’ where history and natural assets are celebrated and citizens enjoy beautiful surroundings,” said Toni Messina, Public Communications director.

In November, the Columbia Image Award Committee recognized three significant City structures contributing to the community’s essential, memorable character.

- **“Keys to the City”** – This glass-and-steel sculpture at City Hall Plaza won the Inspiration Award for the unique use of art or mediums other than landscaping. It celebrates local history with images of familiar people and places and is the gateway to local government.
- **Martin Luther King, Jr. Memorial Garden at Battle Park** – This combined green and artistic space, reclaimed from a former City sewerage treatment plant adjacent to Stadium Boulevard, won the Ray Rothenberger Award for outstanding landscape design. It peacefully honors the memory of both Dr. King and Dr. Muriel Battle, a leader in Columbia education and civic life.
- **Daniel Boone Building Remodel** – The hotel-and-tavern portion of City Hall was a finalist for the Historic Preservation Award, presented for excellence in restoration of a historic business property. This 1917 structure, renewed during the City Hall construction project, has housed local government offices since the 1970s.

Other winners include: the 10th and Park Complex, Development of Distinction Award; the Berry Building, Historic Preservation Award; The Club at Old Hawthorne, Phoenix Award; and MU Mid-Campus Housing Complex, Striking Structure Award.

Several local businesses, organizations and the Columbia Convention and Visitors Bureau co-sponsor this unique recognition of places “reflecting a beautiful city.” The Awards Committee recognized its first group of winners in 2009. Nominations will be taken again in 2013.

PARKS & RECREATION CALENDAR

Call 874-7460 for more information.

FEBRUARY

7	Black History Month: African American panel discussion, Armory Sports Center, 6:30 p.m., free
14, 21	Black History Month: African-American film and discussion, “Two Nations of Black America” Armory Sports Center, 6:30 p.m., free
16	Black History Month Talent Showcase Blowout, Douglass High School, 7-9 p.m., free
20	Registration starts for adult summer softball
26	Boy/Girl Scout Day, Hickman Pool, 1-3 p.m., pre-register, \$3 per child
26	Black History Month: Gospel Explosion and Soul Food Dinner, St. Luke AMC, 3 p.m., free
27	Registration begins for adult summer volleyball



The Plan for How We Live & Grow

Public engagement meetings for Phase III of the comprehensive plan “What Do We Care About?” will begin in late February and continue thru mid-March. This phase identifies issues and opportunities for the way we live, “green,” grow, move, finance and prosper. Dates, times and locations will be announced this month.

If you are interested in presenting this information to your organization, group, committee or neighborhood association, a “community resource kit” is available for pickup, or request to have a presentation made. For details, contact the Community Development Department at 874-7239, planning@GoColumbiaMo.com or visit the City’s website at http://www.GoColumbiaMo.com/Planning/Comprehensive_Plan/index.php.

Volunteer of the Month — Brittany Perrin



Brittany Perrin

It is no surprise that the January spotlight volunteer, Brittany Perrin, is the usual author of the Volunteer of the Month articles. Since moving to Columbia in 2005, Perrin has found numerous ways to share her talents and passion for volunteering.

Employed for two years at Mizzou's Center for Leadership Development and Community Involvement, Perrin has planned student volunteer opportunities and advised student groups. The experience showed her that "a lot of people are overwhelmed or intimidated by

volunteering, but it's so easy if you find something that you already love."

Perrin is pursuing a Masters in Public Affairs in Emergency Management at Mizzou and has been volunteering for the local Medical Reserve Corps (MRC) since February. The MRC organizes medical professionals and citizens to deliver crucial public health services during a crisis. Perrin has helped increase the MRC's activities while utilizing her flair for coordinating, getting others involved and writing. She organized and expanded the MRC's volunteer force, updated its volunteer manual and database, coordinated its monthly meetings and professionalized its informational pamphlets.

To learn more about volunteering with the City of Columbia, contact Volunteer Programs at 874-7499 or volunteer@GoColumbiaMo.com.

~Written by volunteer Jeremy Cahill

Community Development Service Center

Starting this month, the Community Development Department is consolidating offices and moving. A central location in the Daniel Boone Building will serve as a one-stop shop for a variety of inquiries and applications. The Office of Neighborhood Services will continue to operate with limited staff at 3601 S. Providence during this transition.

The former Building and Site Development location on the 3rd floor will start operating as the Community Development Service Center to provide citizens with a common location for rental licenses, code enforcement inquiries, building and site development, zoning and subdivisions. The majority of staff will be relocated to the 5th floor of City Hall, Daniel Boone Building side.

The Department thanks you for your patience and understanding during this transition and looks forward to meeting your future needs as a unified department. To learn more about the Community Development Department, visit the City's website at www.GoColumbiaMo.com.

Boards & Commissions

The City is accepting applications for the following.

APPLICATION DEADLINE: FEB. 3 AT NOON

Commission on Human Rights • Public Transportation Advisory Commission

Applications and current vacancies for City boards and commissions are available online at www.GoColumbiaMo.com or at the City Clerk's Office. Call 874-7208 for information.

Help 9-1-1 protect you and your family

Columbia/Boone County Joint Communications now offers a free, new service to help you when you call 9-1-1. Once you've signed up, first responders will be provided important information that will help them address your emergency.

This information, including medical issues and current location, can help police, fire and EMS locate and help you.

www.Smart911.com

Web Did you Know...



Parks and Recreation's Leisure

Times activity guide is now

available in a digital, easy-to-view,

flip version! Check it out online at www.GoColumbiaMo.com/ParksandRec, then click on the Leisure Times cover icon on the main page.

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