Volunteer of the Month – City of Columbia



Boone Landing residents were nominated for the 2010 HERO Award.



Boone Landing resident, Bonne McFarland, volunteers by face painting at the Egg Hunt Eggstravaganza.

To say the residents of Boone Landing Retirement Center are active in Columbia's community life is an understatement. Since 2004, about 10 residents have been volunteering their time to City programs and a wide array of the other local organizations.

Led by Boone Landing staffer Jamie McDonald, the residents work annually at events such as the Adopt-A-Spot Beautification Program, the Egg Hunt Eggstravaganza, the Santa Hotline and Cleanup Columbia. The City estimates that the dollar value of Boone Landing's service through 2009 to be more than \$2,670.

The Boone Landing residents also give their time to a long list of other fundraisers and projects, including the Columbia Humane Society, Central Missouri Food Bank, American Red Cross Blood Center, Habitat for Humanity and the Columbia Public Library.

Debra Hardin with the City's Volunteer Programs notes, "It's apparent the folks at Boone Landing have plenty of initiative and energy to stay active and essential in making our community a better place to live."

To learn about City volunteer opportunities, contact the City's Volunteer Programs at 874-7499 or visit www.GoColumbiaMo.com. ~By: volunteer Sarah G. Madden

Parks and Recreation presents Family Fun Fests

Family Fun Fests are back! Columbia Parks and Recreation will present an event at Flat Branch Park on the third Wednesday of each month through September.

The free Fun Fests, held from 6-8 p.m., will feature a new theme each month. Entertainment for the entire family will include music, special performances, art activities, bounce houses, hands-on activities, balloon animals, face painting and guaranteed fun for all ages.

The Family Fun Fests are sponsored by the Convention & Visitors Bureau, KPLA 101.5 Radio, KOMU 8 and Home & Lifestyle Magazine.

July 21: Dancing in the Streets

Get into the groove with a variety of dancing, including salsa, ballroom, clog, square and swing.

Don't Miss!

- Aug. 18: Around the World
- Sept. 15: Creative Kids (sponsored by the City's Office of Cultural Affairs and Missouri Arts Council)

July 4 Holiday Schedule

City offices will be closed Monday, July 5, in observance of Independence Day. Residential refuse and curbside recycling collection will be delayed one day the remainder of the week. Contact the Solid Waste Division at 874-6291 if you have questions. Also, city buses will not operate, the landfill will be closed and parking meters will not be enforced July 5. The regular City Council meeting will be held Tuesday, July 6, at 7 p.m.

Boards & commissions

The City is accepting applications for the following:

Bicycle Pedestrian Commission Building Construction Codes Commission Board of Electrical Examiners

Application deadline is noon, July 9. Applications and current vacancies for City boards and commissions are available online at www.GoColumbiaMo.com or at the City Clerk's Office. Call 874-7208 for information.

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Your source for City news and information



Wabash Station celebrates 100 years



The City of Columbia invites you to help celebrate the 100th birthday of the historic Wabash Station, Friday, July 16, at 2 p.m. The event will be held at the Wabash, 126 N. 10th St., and is free and open to the public. Refreshments will be served.

The Wabash Station, originally built as Columbia's train depot, opened for business on July 16, 1910. The cost of construction was \$15,000. The depot was built by Leonard Wolff Construction Company. In 2007, the Wabash Station underwent a \$3.5 million renovation and expansion and became the City's first LEED (Leadership in Energy & Environmental Design) certified building.

For more information, contact Columbia Transit at 874-7282.

Photo contest for Columbia Transit: Wabash Station celebrating 100 years

In honor of the 100th anniversary of the historic Wabash Station, home to Columbia Transit's public transportation system, Columbia Transit is hosting a photography contest, especially looking for high resolution photos that best represent its slogan -- "Keeping Columbia MO on the Go."

Photo entry categories are:

Historical photos of Wabash Station, trains at the Wabash or bus riders

This includes photos that showcase the Wabash when it served as Columbia's train station from 1910 to 1964 or old photos of Columbia Transit buses and/or riders. Photos may include people using and enjoying the train or city bus facilities. Historical photos should be submitted by individuals who now own the historic photo and have rights to share the photo.

Bus station and/or bus riders (taken between 2007-2010)

These photos should showcase Columbia Transit buses, the Wabash Station or people on the buses. Photos in this category must be submitted by the actual photographer, who must be 18 years or older.

Prizes will be awarded in both categories at the 100th anniversary celebration July 16. All photos submitted have the possibility of being used in Columbia Transit publications and promotions with photographer acknowledgement. The contest deadline is June 25, 2010. Contest rules and information can be found on the City's website at www.GoColumbiaMo.com or by calling Columbia Transit at 874-7282.



'Roll together' at your next club or organization meeting

GetAbout Columbia encourages everyone to learn how motorists and bicyclists should interact when using our roads. If your civic club or business organization would like to learn more about how motorists and bicyclists can "roll together," we're happy to help! We'll come to your meeting and make a short, engaging "Let's Roll Together" presentation.

The free presentation includes information and tips that can help everyone safely use our streets. Highlights include: reminding motorists to always allow at least a 3-foot buffer, or "cushion," en a vehicle and a bike when passing; reminding bicyclists to always anticipate the unexpected, like a car door opening or debris in the street; and reminding both bicyclists and motorists to obey

all traffic laws and signs. Discussion also covers misconceptions about traffic laws for both bicyclists and motorists, along with recent street markings and what they mean.

Visit www.getaboutcolumbia.com for more information, or call 442-7189, ext. 28, to schedule a presentation.

New DWI unit created

The Columbia Police Department accepted a grant from the Missouri Department of Transportation's Highway Safety Division to create a full-time DWI unit.

The officers have been selected and have begun their new duties. They drive new Chevrolet Tahoes, complete with reflective emblems and a full array of lights. Both vehicles are equipped with breath instruments so suspected intoxicated drivers need not be transported to the Columbia Police Department to submit breath samples. The officers are solely dedicated to enforcing impaired driving laws.

The new vehicles are highly visible and easy to identify. The officers and vehicles were fully funded by the grant.

Stephens Lake Park Amphitheater Grand Opening

After much anticipation, the amphitheater is opening at Stephens Lake Park! A grand opening event will be held at 6:30 p.m. on June 26. The Maplewood Barn Community Theater will debut the new venue with a performance of "The Revenge of the Space Pandas" and music will be provided by Columbia's own Community Band.

Be a part of park history and join us for this free, fun-filled evening. The event is sponsored by the Office of Cultural Affairs and the Missouri Arts Council. Additional parking is located at Boone Hospital. Call Parks and Recreation at 874-7460 for more information.

Advancing Renewables in the Midwest
One day Conference — July 15, 2010
www.AdvancingRenewables.org

Air Conditioner or Heat Pump Rebate

There's real power in a partnership, and when you partner with Columbia Water & Light you can save money and energy. If you upgrade to an energy-efficient air conditioner or heat pump, you can receive a rebate of up to \$1,600 for a qualified unit. You might also be eligible for state and federal incentives.

If your cooling system is older than 10 years, has frequent service problems or you see your utility bills going up, it is time to consider installing a new unit. Upgrading to a higher SEER-rated air conditioning unit can substantially reduce your cooling costs.

Rebates are offered to Columbia Water and Light electric customers installing units with a SEER of 14 or higher. For a complete list of the program parameters, please contact us.

You and Columbia Water & Light - a Powerful Partnership ColumbiaPowerPartners.com Water & ColumbiaPowerPartners.com 874-7325

Cleanup Columbia 2010 is a huge success



Many thanks to the more than 1,600 residents who participated in the 2010 Clean-up Columbia, an annual citywide trash pick-up event held on April 24. Throughout the morning, volunteers picked up nearly 1,500 bags of trash along our streets and in streams, parks and trails. Even though it was an overcast, wet day, volunteers shared more than 2,300 hours

of service through the event, valued at nearly \$50,000.

Cleanup Columbia is organized by the City's Volunteer Programs and made possible through the generous donations of our sponsors: APAC Missouri, Inc., CenturyLink, the Sierra Club, KOMU TV-8, Mid-Missouri's CW, the Columbia Daily Tribune and 102.3 BXR. Columbia Public Works, Firestone Tires and the Golden K Kiwanis Club also provided special assistance.

Cleanup Columbia will be held again next year, tentatively set for April 9, 2011. Details about the event can be found on the City's website.

Fire in the Sky

Presented by Columbia Insurance Group and KOMU8

Sponsored by KBXR, KFRU, University of Missouri Athletics and Cosmopolitan Luncheon Club

Put on your red, white and blue and celebrate our nation's birthday and Declaration of Independence on July 4!

Columbia's 58th annual 4th of July celebration will feature the Kansas City Street Band and the Hilary Scott Band, fun activities for kids, patriotic music performed by the Hickman High School Choir, a salute to our veterans and active military, the Canine Sports Center dog obstacle course, Parks & Recreation's program performances and, of course, a spectacular fireworks display.

Enjoy all the fun at the University of Missouri Memorial Stadium. Gates open at 6:30 p.m. Entertainment will begin at 7 p.m. Fireworks will begin after 9:30 p.m. The celebration is free and concessions are available. Please do not bring any fireworks to the stadium. For more information, call 874-7460 or visit www.GoColumbiaMo.com.

Summer Safety Reminders

Whether you're relaxing in the backyard, turning up your garden, hitting the pool or exploring the great outdoors, the Columbia/Boone County Department of Public Health and Human Services offers these tips for a healthy summer:

Beware of Bugs

Mosquitoes, ticks, fleas and other insects thrive in warmer weather and can transmit West Nile virus, Lyme disease or other illnesses. Use an appropriate insect repellent and apply it properly to reduce the risk of mosquito and tick bites. Prime mosquito-biting hours are usually dusk to dawn. To protect yourself from tick bites, avoid tick-infested areas, wear light-colored clothing so you can see ticks and use repellent containing DEET. You can also treat clothing with permethrin. Always follow directions on repellent packaging. After being outside, check your body, clothing, children and pets for ticks. If you find a tick, be sure to remove it properly... getting the whole tick, not just the body. Consult your healthcare provider if you become ill 1-3 weeks following a bite.

Healthy Pets, Healthy People

While you're outside enjoying the weather, remember to protect your pets too. Keeping your pets healthy, helps keep you and your family healthy. Children can get roundworm and hookworm from soil contaminated by pet feces, so make sure puppies and kittens are seen by a veterinarian. Protect family pets from ticks and fleas by keeping them on a flea and tick control program.

Fun in the Sun

Protect others from recreational water illnesses by helping keep germs out of the pool. Do not swim when you have diarrhea, don't swallow pool water, take a shower before swimming and wash your hands after using the toilet or changing diapers. Play it safe in the sun by staying indoors during intense midday sun, use sunscreen with at least an SPF 15, cover up with clothing, wear a brimmed hat and wear sunglasses that block UVA and UVB rays. Be aware of the signs of heat stress.



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PARKS & RECREATION CALENDAR

Register online! www.GoColumbiaMo.com Call 874-7460 for more information.

JULY 2010

- 4 Fire in the Sky, Memorial Stadium,
 Gates open at 6:30 p.m., free
- 4 Special swim hours at AlbertOakland Family Aquatic Center,
 Douglass Family Aquatic Center and
 Pirates' Landing
- 9 U.S. Cellular Movies in the Park,
 Planet 51, Flat Branch Park, 9 p.m.,
 \$1 per person, 12 and under free
- 9 Teen Night at Albert-Oakland Family Aquatic Center, 8:30-10:30 p.m., \$2 per person
- 10 Itty Bitty Beach Party, Albert-Oakland Family Aquatic Center, 9:30-11:30 a.m., \$3 per person
- 10-11 : L.A. Stroke Play Golf Championship
- 16 Whiff and Giggle Couples Golf, L.A Nickell, 5 p.m. shotgun start, \$40 per couple
 - 6 Older American Klub (OAK) Summer Dance, Stephens Lake Activity Center, 7-10 p.m., \$3 per person
- 16-18 : Show Me State Games
- 21 Family Fun Fest: Dancing in the Streets, Flat Branch Park, 6-8 p.m., free
- 23-25 Show Me State Games
- 26 Registration begins for fall volley-
- Teen Night at Albert-Oakland Family
 Aquatic Center, 8:30-10:30 p.m., \$2
 per person
- Older American Klub (OAK) Fifth Friday Free Dance, Stephens Lake Activity Center, 7-10 p.m., free