

Labor Day holiday

City offices will be closed Monday, Sept. 3, in observance of Labor Day.

Residential refuse and curbside recycling collection will not be made that day and will be delayed one day throughout the week. Contact the Solid Waste Division at 874-6291 if you have questions. Also, city buses will not operate, the landfill will be closed and parking meters will not be enforced.

Board and Commission Openings

The city is accepting applications for the following boards and commissions. Applications and current vacancies are on the city's Web site at [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com) on the City Council page. Call 874-7208 for information and specific requirements. Application deadline for the following is noon, Sept. 7.

- Convention & Visitor's Bureau
- New Century Fund Board of Directors
- Personnel Advisory Board
- Internet Citizen's Advisory Group

September 2007 Volunteer of the Month

By volunteer Annie L. Schulte

The City of Columbia recognizes Richard Poelling as September's volunteer of the month for his service to the Columbia Police Department.

Poelling, a former St Louis police officer, and his wife, Cheryl, moved to Columbia with their two children in 1978.

"Even though I enjoyed being a police officer, the constant shift changes were difficult on my family so I went back to school in search of something different. Now I gravitate towards being a police volunteer because of this experience, starting with the Neighborhood Watch Board of Directors," said Poelling. "The CPD volunteer program has grown over the years and I'm glad to have grown with it."

Among his duties, Poelling maintains crime analysis burglary logs and pulls information from other reports, including vandalisms and larcenies for department follow-up. Poelling also spends time helping with special events such as the Memorial Day Air Show and Show-Me State Games each year.

Aside from the generous time Poelling spends volunteering, he is a VA Hospital health physicist & radiation safety officer and teaches a summer course on radiation safety at MU.

"Mr. Poelling has been a volunteer for the Columbia Police Department for five years, already contributing over 200 hours in 2007," says Columbia Police Officer Jessie Haden Pitman. "He is a living example of linking the community with its Police Department."

To learn more about the city's volunteer program, contact the Office of Volunteer Services at 874-7499 or visit [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com).



Finance your energy efficiency improvements

Tax rebates

Now is the time to complete your energy efficiency projects and get a federal tax rebate. If you have thought about installing a new heating and cooling system, replacing your windows, investing in a solar system or any other efficiency project, you could get money from the government. For a list of eligible projects, go to [www.irs.gov](http://www.irs.gov) or [www.energystar.gov](http://www.energystar.gov).

Columbia Water & Light rebates

If you install an air conditioner with a SEER 14 or higher rating or a solar system, you might be eligible for a rebate from Columbia Water and Light. Rebates for high-efficiency air conditioners and/or heat pumps range from \$100 to \$1,600. Solar water heater rebates range from \$400 to \$800. The rebates are for Columbia Water & Light electric customers.

Super Saver Loan program

Columbia Water & Light will help finance your efficiency projects with a low-interest loan. Loans have a fixed rate, there are no prepayment penalties and payments can be spread out over five years. Electric customers can apply for financing for the following projects:

- upgrade to a more energy-efficient cooling and heating system
- replace a window air conditioner with a central unit
- install a heat pump
- add insulation
- install a solar water heater

Contact Columbia Water & Light for more details

[www.GoColumbiaMo.com](http://www.GoColumbiaMo.com)

874-7325

Columbia Water & Light recognized for community service

Columbia Water & Light is dedicated to showing young people ways to conserve so they can be wise users of electricity and water throughout their lives. The American Public Power Association recently awarded the utility the Community Service Award for these Partners In Education programs. The award was established to recognize "good neighbor" activities that demonstrate the commitment of a utility and its employees to the community.

Columbia Water and Light started its Partners In Education program in 1982, and the number of projects with area schools has increased over the years. Each year, junior high art departments work with the utility to organize a conservation calendar contest which incorporates conservation messages with student artwork to educate customers throughout the year. Through the Energy Challenge and Saturday Science programs, students learn the science behind energy production and how to conserve energy in their homes.

Columbia Water and Light is installing solar panels at the Columbia Career Center for students to monitor the effectiveness of solar energy. The data collected from the units will be available on the Web to students and utility staff. Several classes will incorporate solar projects in their curriculum.

The American Public Power Association gives the Community Service award to public power utilities that enhance the quality of life in the community through activities that address a community need or improve the community's social, cultural, educational or economic environment and provide an opportunity for employee involvement.

Non-Motorized Transportation: How Does Columbia Rank?

Results of a recent survey conducted to obtain transportation data from each of the four pilot communities selected for the Non-motorized Transportation Pilot Program has been released. The other three communities included in the project are Minneapolis, Minn., Marin County, Calif., and Sheboygan County, Wis. This survey will be compared with another to be taken in 2010 to observe the changes in modes of transportation within these communities.

In the category of percentage of adults who use a bicycle for transportation per day and percentage who walk for transportation each day, Columbia's numbers are in the middle with 2.6 percent bicycling and 19.4 percent walking. For all program communities on a given day, 2 to 4 percent of adults use bicycles as a means of transportation, while 15 to 35 percent walk. Columbia has the fewest estimated driving miles of the four communities at 15.1 miles per adult per day. Daily walking and cycling reduces auto travel in Columbia by 3 percent. Total reduction in driving per year is around 160 million miles, with bicycling and walking by Columbia commuters avoiding 11,044,959 miles of auto use per year.

The goal of The PedNet Project is to increase the cycling numbers while decreasing average driving miles. To see the complete report, check out our Web site at [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com) (search: GoPedNet).



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City of Columbia  
701 E. Broadway  
Columbia, MO 65201  
(573) 874-7111  
[www.GoColumbiaMo.com](http://www.GoColumbiaMo.com)

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Mayor  
Darwin Hindman

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Almeta Crayton

Second Ward  
Chris Janku

Third Ward  
Karl Skala

Fourth Ward  
Jerry Wade

Fifth Ward  
Laura Nauser

Sixth Ward  
Barbara Hoppe

City Manager  
Bill Watkins

CITYSOURCE  
Your source for City news and information

Community care: healthy programs for your family

from the Columbia/Boone County Health Department

At the Columbia/Boone County Health Department we consider ourselves a resource for our community, especially parents and children. We have several programs to help families and providers.

The Healthy Beginnings Program focuses on parenting and nutrition and is available to any mother with a child 5 years or younger. Featuring two classes a month, parents learn to cook healthy meals from a nutritionist or learn parenting hints from a specialist. Healthy Beginnings can provide education on a healthier beginning for your family. For more information, call 874-7559.

<b>Upcoming Healthy Beginnings Classes:</b>		
<i>What Your Baby Wants</i>	October 4	5-7p.m.
<i>To Market, To Market to Not Buy a Fat Hen</i>	October 18	11a.m.-1 p.m.
<i>Cooking with Denise</i>	November 1	5-7p.m.
<i>Breathe Easy</i>	November 15	11a.m.-1 p.m.

The Socializing Healthy Habits in Young Children Program centers on education and training for child care providers. By offering one credited class a month to providers, the Health Department has seen a tremendous response from the community. There are also promotions for children on nutrition, exercise, dental care and hand-washing.

<b>Socializing Healthy Habits in Young Children Program Classes:</b>		
<i>Healthy Habits in Young Children</i>	October 16	6:30-8:30 p.m.
<i>Caring for Kids with Asthma</i>	November 5	6:30-8:30 p.m.

Another service the Health Department offers to the community is performing daycare inspections. By maintaining specific guidelines towards a clean environment, the spread of illness is minimized.

Inspectors look for overall cleanliness of toys, diaper changing pads and the sleeping areas, and perform a kitchen inspection. Depending on the type of facility, daycares are inspected one or three times a year by the Health Department.

- Before sending your child to the daycare, pay attention to the following:
- Does every bathroom sink have soap and paper towels?
  - Do the care providers appear to be healthy?
  - Are the play areas clean and organized?
  - Is there a daily schedule?

As our community grows, the Columbia/Boone County Health Department will continue to evolve as a well-versed resource. For more information, please visit [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com) or call 874-7355.

Training program helps businesses save money on utilities

The Building Operator Certification (BOC) program is a professional development course for operations and maintenance staff working in public, institutional and commercial buildings. The program consists of a series of courses on the energy and resource-efficient operation of buildings. BOC training provides low to no-cost methods that improve energy savings.

Topics covered in the Level I training include:

- Energy-efficient building maintenance practices
- Indoor air quality
- Electrical, HVAC and lighting systems
- Preventive maintenance
- Environmental health and safety

The Energy Center of the Missouri Department of Natural Resources, in cooperation with the Midwest Energy Efficiency Alliance, provides this training in Columbia with the support of Columbia Water and Light. A substantial discount on tuition costs is available to Columbia electric customers.

The Building Operator Certification program includes nearly 80 hours of classroom and project work (5.6 CEUs) in building systems operation and maintenance. Classes start October 4 with a day in the classroom each month through April 3.

Seating is limited for the program so please register soon. The registration deadline is September 27, 2007, and can be accomplished online at [www.boccentral.org](http://www.boccentral.org) or by contacting David Harrison with the Missouri Energy Center at (573) 751-7057 or by e-mail, [david.harrison@dnr.mo.gov](mailto:david.harrison@dnr.mo.gov)

Inside this issue: Check out our guide to fall festivals and events!





## Fall Activities at Flat Branch Park

Don't miss the fun at Flat Branch Park in September during Twilight Festivals on Thursdays. The Commerce Bank Kids Camp will be located at Flat Branch Park; with bounce-houses, balloon-animals, entertainers and more. Most entertainment takes place from 6-8 p.m. and is free, except for the movie. Call Parks and Recreation at 874-7460 for more information:

- Thursday, Sept. 6, Stream Extravaganza and Flat Branch Outdoor Cinema: Enjoy more than 20 fun activities, then stick around for a showing of the Princess Bride at 8:15. Admission cost is \$3 per person; children 6 and under are free. Sponsored by Flat Branch Pub & Brewing and U.S. Cellular and presented by Columbia Parks and Recreation, Columbia Daily Tribune, Convention & Visitors Bureau, and Ragtag Cinema.
- Thursday, Sept. 13, 6-8 p.m., Flat Branch Circus: Enjoy rousing circus music from the Big Top Circus Band, complete with ringmaster. Watch as Ann Gafke's performing dogs play musical chairs, do an agility course and more. Come and be a part of the excitement!
- Thursday, Sept. 20, 6-8 p.m., Curreykorn: Curreykorn is a local family band that offers an upbeat musical experience combined with a good-natured, wholesome sense of humor.
- Thursday, Sept. 27, 6-8 p.m., The Norm Ruebling Band: Come enjoy one of the greatest bands in mid-Missouri. Their repertoire consists of blues to classic rock, big band swing to country, and jazz to soul.

Twilight Festival entertainment at Flat Branch Park is cosponsored by Columbia Parks and Recreation, The District and the Columbia Convention and Visitors Bureau.



## Recyclebration

Join in the Recyclebration at Festival of the Arts, 10 a.m. to 5 p.m., Sept. 29-30 in downtown Columbia. This Public Works project increases awareness about local recycling opportunities. Family and friends can participate in recycling activities and reduce Columbia's waste line.

If you would like to donate craft items for the event, please bring them to the Grissum Building at 1313 Lakeview Ave. beginning Aug. 1. Items such as beads, calendars, colorful greeting cards, fabric, ribbon, yarn, 6-pack plastic rings from soft drinks and other craft items are needed. Materials must be dropped off by Sept. 21. If you would like to volunteer for a couple of hours at the festival, please call (573) 874-6271 or email [pw\\_volunteer@GoColumbiaMo.com](mailto:pw_volunteer@GoColumbiaMo.com).



photo: Hock's Custom Photography



## On the Web

The Columbia Parks and Recreation Department offers you the flexibility of registering for life enrichment classes 24 hours a day, 7 days a week! The online system has the ability to check class availability, take your registration and accept payment.

Go to [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com), click on Parks and Recreation, then click on online registration.

# DON'T MISS THE FUN OF FALL FESTIVALS & EVENTS!



## 30th Annual Heritage Festival & Craft Show

Step back in time at the 30th Annual Heritage Festival & Craft Show at historic Nifong Park. The Festival will be held from 10 a.m. to 5 p.m. on September 15-16 and offers entertainment and fun for all ages.

Families will be able to experience life as it was in the 19th century, as the entire park is transformed to that era. Features of the festival will include a wide range of entertainment on three stages. New entertainers this year include the Haskell Indian Nations Dancers, the St. Louis Czech Express and Randy Erwin, trick roper and yodeler. The annual fiddlers' contest and other traditional music performances round out the entertainment for all ages.

Visitors can experience "living history" by strolling through a replica Lewis & Clark outpost, an 1859 town with more than 30 tents of shopkeepers and a list arts area with traditional artisans. A large contemporary handmade craft area will also be featured.

From 8 to 9:30 p.m. on Saturday, September 15, the Mid-Missouri Organization of Storytellers will sponsor ghost stories. The Heritage Festival will also feature numerous children's activities in the Fun for Young'uns Area.

The Heritage Festival is coordinated and sponsored by Columbia Parks and Recreation and cosponsored by ABC17, Boone County Historical Society, Columbia Convention & Visitors Bureau Tourism Development Fund, Columbia Daily Tribune, Metro Rotary Club & Missouri River Communities Network.

Call 874-7460 for more information or visit [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com).



photo: Hock's Custom Photography



photo: Hock's Custom Photography

## Columbia Festival of the Arts

September 29-30, 2007  
10 a.m. to 5 p.m. both days  
Courthouse Square, downtown Columbia

Don't miss the 16th annual Columbia Festival of the Arts, September 29-30. Downtown Columbia's Courthouse Square is the site of the weekend-long Festival that is free and open to all. More than 40 live performances of music, dance, theater and literary readings will take place on three stages. A visual art fair will include 50 artists and artwork by local public schools students will be displayed in the County Government Building. The Children's Art Area will feature free participatory art activities and performances on the Children's Stage. Local arts organizations will also be at the Festival, as well as a variety of food vendors. This year's special attractions include performance art by a "skywriting" stiltwalker and giant walk-about puppets, as well as a one-of-a-kind 14-foot tall bubble sculpture in the Children's Art Area.

The Festival is a program of the city's Office of Cultural Affairs and is funded by the Missouri Arts Council, local businesses and the Columbia Convention and Visitors Bureau. For more information, call 573-874-6386, log on to [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com) (search word: GoArtsFestival) or e-mail [festival@GoColumbiaMo.com](mailto:festival@GoColumbiaMo.com).

## Stream Extravaganza

Thursday, September 6, 6-8 p.m.  
Flat Branch Park, 4th and Broadway  
Free, Family Event



Celebrate clean streams with this special evening on Flat Branch Creek! It's an evening of fun, frogs, fishing poles, birds, nature tattoos, learning & magic for the whole family.

"Dee Bee the Conservation Clown" will create aquatic balloon critters & make flowers magically appear. Environmentally friendly lawn care, rain gardens & rain barrels will also be highlighted.

Cast a fishing line, pick up a crawdad, learn about water quality, & build your own boat out of nature's materials then send it floating down Flat Branch. You'll find out more about watersheds & streams that run through Columbia and the wildlife that depends on those streams. Touch wildlife pelts, make bird feeders & identify "Tattletale Bugs" that indicate the health of a stream. Over 20 fun activities for all ages.

Flat Branch Park is an example of urban renewal and stream rehabilitation. Come see how this former EPA cleanup site was transformed to a beautiful park complete with a meandering stream.

## Columbia Parks & Recreation CALENDAR

Register online! [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com) (GoWord: GoRecreationRegistration)  
Call 874-7460 for more information.

## September

- 3 Last day for Oakland Family Aquatic Center
- 6 Twilight Kids Camp, Stream Extravaganza (6-8 p.m.) and Outdoor Cinema at Flat Branch Park, Princess Bride at 8:15 p.m., \$3 per person, children 6 and under free
- 13 Twilight Circus at Flat Branch Park with Kids Camp, 6-8 p.m., Free
- 15-16 Heritage Festival & Craft Show, Nifong Park, Hwy 63 S at AC exit, 10 a.m.-5 p.m., Free
- 17 Registration begins, adult mid-winter volleyball
- 17 Registration begins, adult basketball, returning teams
- 20 Twilight at Flat Branch Park, Kids Camp and Curreykorn, 6-8 p.m., Free
- 21 OAK/50+ Autumn Dance, Parkade Center (east side), 601 Bus Loop 70W, 7-10 p.m., \$3
- 24 Registration begins, adult basketball, new teams
- 27 Twilight at Flat Branch Park, Kids Camp and the Norm Ruebling Band, 6-8 p.m., Free
- 29 Star Gazing, Lake of the Woods Recreation Area, 8-9:30 p.m., Free
- 29-30 Columbia Fall Festival of the Arts, Downtown Courthouse Square, 10 a.m.-5 p.m., Free

## Catch the Columbia Transit Spirit Bus!

Cheer for the MU Tigers and avoid the traffic on game day. The Columbia Transit Spirit Bus shuttles fans to and from Faurot Field for all home football games. The cost is only \$1 each way from downtown locations. Out-of-town friends can ride for \$2 each way from their hotels. Find pick-up locations and hotels on the Columbia Transit Web site at [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com) (search: GoSpiritBus) or call the Historic Wabash at 573-874-7282. Stop by and check out our newly-renovated bus station.