

Columbia Parks and Recreation Adaptive Sports Chronicle

Volume VIII - Issue 5

February

ADAPTED SPORTS

Basketball....

What an amazing day of basketball the Central Area Tournament provided. Athlete and coaches' hard work and dedication was evident. Plenty of fans packed the Rec Complex to cheer on our teams. All teams should advance to Regionals on March 7 in Jefferson City. Tournament details will be sent as soon as it is received.

Practice Schedule

Mondays -

Team Skills ~ 6:15p-6:45p

Coach Laurie Arbuckle

3-on-3 ~ 6:15p-7p

Coach Alex Pfeifer

5-on-5 Mod ~ 7p-8p

Coach Adam Kidwell

Coach Kayla Cue

Tuesdays -

3-on-3 ~ 6:15p-7p

Coach John Nemeč

Coach Danielle Rodabaugh

3-on-3 ~ 7p-7:45p

Coach Megan Darter

Coach Nicole Marso

5-on-5 Reg ~ 8p-9p

Coach Chuck Crews

Tournaments

Regionals

March 7 - Jefferson City

State

March 27-29 - Fort Leonard Wood

ADAPTED SPORTS

Swim Team....

Registration is closed. Practices will be Sundays 6p-7:15p at Hickman Pool. Practice will begin Feb 8. All athletes should have received their information packet. It is important to check hotline before practices if there is winter weather hotline; call 573-874-7663 and press option 2.

Practice Schedule

Hickman HS Pool

Sundays 6p-7:15p

Tournament Schedule

Area Meet

April 18 MU Rec Complex

Track & Field....

Registration is open. A \$15 participation fee is due at the time of registration. Practices are Thur. 5:30p-6:30p, West Middle School beginning March 12. West Middle School is located at 401 Clinkscales. Info packets will be sent out after close of registration. Deadline is Feb. 3 or when roster is full.

Registration # 215605-01

Volleyball....

Registration is closed. Practice will be Wednesdays from 6p-7:15p at the Armory, 701 East Ash, and start on March 4. Information packets have been sent to registrants.

ADAPTED PROGRAMS

Dancing....

Come dance the night away. Great way to socialize with your friends. Please stop by the ARC front desk to pay your \$4 and receive a stamp.

Event Schedule

Sweetheart

Fri, February 13 7p-9p

Spring Fling

Fri, March 13 7p-9p

MEDAL RESULTS

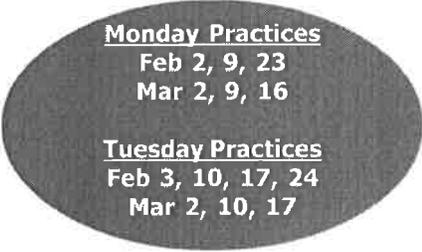
Area Basketball....

Bobcats	Coach Nemeč
Place Bronze	
Tiger Saints	Coach Cue
Place 4th	
Tigers	Coach Darter
Place Bronze	
Nuggets	Coach Rodabaugh
Place Silver	
Columbia Heat	Coach Crews
Place Gold	
Panthers	Coach Nick
Place Silver	
Superstars	Coach Marso
Place Silver	
Birds	Coach Arbuckle
Place Bronze	
Dragon Cyclones	Coach Pfeifer
Place 4th	

**GREAT JOB
EVERYONE!**



Bass Pro Shop
February 21, 2015
11:30a-4p
www.somo.org/plunge

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
JANUARY 25	JANUARY 26 <u>New Haven Elementary</u> BB Practice	JANUARY 27 <u>New Haven Elementary</u> BB Practice	JANUARY 28	JANUARY 29	JANUARY 30	JANUARY 31
FEBRUARY 1	FEBRUARY 2 <u>New Haven Elementary</u> BB Practice	FEBRUARY 3 <u>New Haven Elementary</u> BB Practice	FEBRUARY 4	FEBRUARY 5	FEBRUARY 6	FEBRUARY 7
					 <p><u>Monday Practices</u> Feb 2, 9, 23 Mar 2, 9, 16</p> <p><u>Tuesday Practices</u> Feb 3, 10, 17, 24 Mar 2, 10, 17</p>	
FEBRUARY 8 <u>Hickman Pool</u> Swim Practice 6p-7:15p	FEBRUARY 9 <u>New Haven Elementary</u> BB Practice	FEBRUARY 10 <u>New Haven Elementary</u> BB Practice	FEBRUARY 11	FEBRUARY 12	FEBRUARY 13 <u>ARC</u> Adapted Dance 7p-9p ~ \$4	FEBRUARY 14
FEBRUARY 15 <u>Hickman Pool</u> Swim Practice 6p-7:15p	FEBRUARY 16 <u>President's Day</u> NO basketball	FEBRUARY 17 <u>New Haven Elementary</u> BB Practice	FEBRUARY 18	FEBRUARY 19	FEBRUARY 20	FEBRUARY 21 <u>Polar Bear Plunge</u> Bass Pro Shop 11:30-4:00
FEBRUARY 22 <u>Hickman Pool</u> Swim Practice 6p-7:15p	FEBRUARY 23 <u>New Haven Elementary</u> BB Practice	FEBRUARY 24 <u>New Haven Elementary</u> BB Practice	FEBRUARY 25	FEBRUARY 26	FEBRUARY 27	FEBRUARY 28
MARCH 1 <u>Hickman Pool</u> Swim Practice 6p-7:15p	MARCH 2 <u>New Haven Elementary</u> BB Practice	MARCH 3 <u>New Haven Elementary</u> BB Practice	MARCH 4 <u>Armory</u> Volleyball Practice 6:00-7:15pm	MARCH 5	MARCH 6	MARCH 7 <u>Regional BB</u> Jefferson City

FEBRUARY 15