



# December 2016

**Sunday      Monday      Tuesday      Wednesday      Thursday      Friday      Saturday**

				1 11-4 Ceramics 3 HHF 5 Wii	2 11-4 Ceramics 3 HHF <b>5 BINGO</b> 6 Living Windows~	3 9-3 Santa Hotline
4	5 11-4 Painting 3 HHF <b>3:30 Adapted Bell Choir</b> 4-8:30 Ceramics	6 11-4 Ceramics 3 HHF 4 Card Games <b>6 MOVIE NIGHT</b>	7 11-4 Ceramics 3 HHF	8 <b>11 HuHot</b> 11-4 Ceramics 3 HHF 5 Wii	9 11-4 Ceramics 3 HHF <b>5 BINGO</b>	10
11	12 11-4 Painting 3 HHF 4-8:30 Ceramics	13 11-4 Ceramics 3 HHF 4 Card Games 5 Christmas Lights Tour	14 11-4 Ceramics 3 HHF	15 11-4 Ceramics 3 HHF	16 11-4 Ceramics 3 HHF <b>6:30pm Dance at the ARC^</b>	17
18	19 11-4 Painting 3 HHF 4-8:30 Ceramics	20 11-4 Ceramics 3 HHF 4 Card Games <b>6 MOVIE NIGHT</b>	21 11-4 Ceramics 3 HHF	22 11-4 Ceramics 3 HHF 5 Wii	23 11-4 Ceramics 3 HHF <b>5 BINGO</b>	24
25	26 <i>Office Closed</i>	27 11-4 Ceramics 3 HHF <b>6 MOVIE NIGHT</b>	28 11-4 Ceramics 3 HHF	29 11-4 Ceramics <b>12 Bass Pro</b> 3 HHF 5 Wii	30 11-4 Ceramics 3 HHF <b>5 BINGO</b>	31
				^No transportation provided	<b>*Trip Fee is \$3 per person plus a current Rec Card</b>	~Walking trip



<p><b>HHF</b> is a fitness group that meets at 3 pm M-F. Different types of activities will be offered. Tuesdays and Thursdays will be Pokemon Go.</p> <p><b>Movie Nights</b> are every Tuesday night at 6 pm. Popcorn will be provided.</p> <p>A walking trip to see the <b>Living Windows</b> in downtown Columbia will be on <b>Dec. 2 at 6 pm.</b></p>	<p><b>Santa Hotline</b> is Dec. 3, 9 am-3 pm. Children ages 3-10 may call (573)874-7473 or (573)874-6335 to speak to Santa, Mrs. Claus or one of the many elves. If the line is busy, please call again. <b>Our visitors will only be here on December 3, 9 am-3 pm</b></p> <p>A trip to <b>HuHot</b> will be on <b>Dec. 8 at 11 am.</b> Please bring money for your meal and make sure your Rec Card is up to date.</p>	<p><b>Christmas Lights Tour</b> will be on <b>Dec. 13 at 5 pm.</b> Please sign up in the ACR office if interested.</p> <p>The <b>dance</b> will be on <b>December 16 at 6:30 pm,</b> fee is \$5 at the door.</p> <p>An outing is in the making to go to <b>Bass Pro!</b> We'll leave at <b>12 pm on December 29</b> to go do some after Christmas shopping.</p>
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### Craft Room Hours

### About Us

<table> <tr> <td>Monday</td> <td>11am-8:30pm</td> </tr> <tr> <td>Tuesday</td> <td>11am-4pm</td> </tr> <tr> <td>Wednesday</td> <td>11am-4pm</td> </tr> <tr> <td>Thursday</td> <td>11am-4pm</td> </tr> <tr> <td>Friday</td> <td>11am-4pm</td> </tr> </table>	Monday	11am-8:30pm	Tuesday	11am-4pm	Wednesday	11am-4pm	Thursday	11am-4pm	Friday	11am-4pm	<p><b>Recreation 'N' the Tower is also known as the Adapted Community Recreation Program, and is here to provide fun and fitness opportunities to the community, with a focus on, but not exclusive to, individuals with disabilities. Activities include Nintendo Wii, Bingo, a variety of card and board games, driving and walking trips, arts and crafts, and much more!</b></p>
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Friday	11am-4pm										

### Staff

### Thank You

<p>Sarah Bowman "Recreation Specialist"</p> <p>Alex Wenzel "Activity Assistant"</p> <p>Deb Swanegan "Art Instructor"</p> <p>Anna Shirley "Activity Assistant"</p>	<p>We would like to thank our friends and partners... Boone County Family Resources, local schools, New Horizons, CHA, and MU.</p>
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