

Hillcrest Community  
Center (HCC)  
1907 Hillcrest Dr.  
Columbia, MO 65201  
**573-874-7475**  
www.GoColumbiaMo.com

Recreation Staff at  
Hillcrest Community  
Center (HCC):

**Superintendent-**

Karen Chandler

**Specialist-**

Courtney Deters

Cassie Dins

Debbie Reschly

**Office-**

Jill Overton

Jennifer Meeks

**Music-**

Cookie Hagan

Julie Vaughn

**Driver-**

Karen Al Thawwad

**Osher Lifelong Learning-**

Kristin Millikan

Sarah Ginter-Novinger

**Special Needs:** For accommodations needed due to a disability, please call at least 2 days in advance.

**Please Note:** The Columbia Adapted Recreation offers programs at Paquin Tower which may also be of interest.

## Columbia Parks & Recreation

# 50+ Programs

Office Hours: 8:30am - 4:30pm Mon-Fri

## January 2016

Join us for a variety of programs, activities, music, dances, crafts, and more for those ages 50 and better. We hope you can attend the activities and don't forget to bring a friend!

### **50+ Explorers-Jan 12th**

Afternoon at the movies-Tuesday, January 12<sup>th</sup> 12:30 pm  
\$5 plus price of movie at theater- Enjoy getting together and seeing a movie with your Parks & Rec friends. Tuesdays are Popcorn Day. Leave from Hillcrest at 12:30pm and go to theatre. Please pay the \$5 and register at the front desk if you would like to attend.

### **Parks and Recreation Memberships**

Payment can be made in person at the front desk or by mail with check payable to Columbia Parks and Rec.

(Membership fee includes activities unless otherwise noted)  
2016 Memberships available beginning Oct 1, 2015.

**\$25/Person Parks & Recreation Membership**- Includes 50+Tours, 50+ Programs at Hillcrest Facility-Music groups (ukulele, bells, choir), Bingo, Potlucks, Painting groups, games, dances, Mah Jongg groups, Explorers trips, Karaoke, Adult Coloring groups, Spanish club, Travel club, and more.

**OR**

**\$40/Person Parks & Rec/Osher @ Mizzou Combo** includes all of the above plus Brown Bag seminars, This Week @ Osher weekly email of upcoming events, and Osher Saturday Morning Book Talks

### **Adult Coloring Group – Wednesdays 9am-12pm**

Drop-in. If you have your own coloring books, crayons, colored pencils, or markers bring them along. If you just want to see what it is all about, we have sample pages and crayons. Remember how much you enjoyed coloring books as a kid? Be part of our group who proudly color as adults. No one judges. Stay in the lines, or not! You can lose yourself in the pleasure of coloring and leave stress behind. It's a great social activity too. Two of Amazon's top selling books are adult coloring books, Secret Garden and Enchanted Forest by illustrator Johanna Basford. Barnes and Noble has a whole section of adult coloring books. Coloring Groups are found all over the world, so join ours today! Come try our Twistables Colored Pencils.

# Social Events for January!

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## **Daily Games:**

Jigsaw puzzle, board  
and other games.

Is your card or game  
group looking for a  
special time or place  
to gather? Maybe we  
can help.

## **Osher @ Mizzou**

The Osher Winter  
Session begins Jan.19  
Catalogs will be  
available and online at  
*extension.missouri.*  
*edu/osher*



## **No Potluck and Bingo**

1<sup>st</sup> Friday

Happy New Year! No Potluck or Bingo today.

## **Karaoke Friday Night – Jan 15**

1<sup>st</sup> and 3rd Fridays (from 7-10pm)

No Karaoke Jan 1 due to the holiday.

Share fun and friendship as you sing or just listen to your favorite songs on 2 Friday nights each month. Bring your favorite snacks to share. For more information, contact Jon Harpert at 573-474-7181.

Requires Hillcrest membership or \$3 at the door

## **Jamm and Dance – Jan 8**

2<sup>nd</sup> Friday (from 1-3 pm)

Enjoy an afternoon of music for your dancing and listening pleasure. The House Band welcomes you and your requests. Snacks are welcome to share at the break.

## **Potluck, Dance and Game Day – Jan 15**

3<sup>rd</sup> Friday (from 11:30am-3:30pm)

Bring a dish to share and enjoy a great meal with friends followed by music and games all afternoon.  
(Consider returning this evening for Karaoke Night!)

## **Fifth Friday Dance – Jan 29**

1-4pm - Snacks welcome



## **Osher Saturday Morning Book Talks** **NO JANUARY**

Saturday Morning Book Talks take a break in January.

Feb 6 will feature Dr. Bowen Loftin with  
the book *The 100 Year Decision*

Fee is \$3 at the door or \$20 (10-visit punch card) or Fall 2015/2016  
Osher Member ID badge.

9:30 am Coffee and Pastries / 10 am Book Talk begins.

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50+ Activities Front Desk  
 573-874-7475

50+ Tours Program  
 New phone:  
 573-441-5525



**Daily Games:**

Jigsaw puzzle,  
 board games,  
 cards, and other  
 games.

"Although no one can go back and make a brand new start, anyone can start from now and make a brand new ending"

- Carl Brad

**Ongoing Monthly Events...**

**Monday / Thursday Painting Group:**

Join our painting group as they use a wide variety of mediums including oils, water colors, acrylics, charcoal, colored pencils and more. They share ideas, techniques, successes and experiments as they support each other's endeavors on Mondays 9am-noon and/or Thursdays 1-3:30pm.

**Mah Jongg:**

Due to Osher and other instruction classes, there are 3 days with Mah Jongg groups playing—Mon pm, Tues am, & Thu. If you are interested in joining a group or being a sub, please inquire at the front desk. Mah Jongg is great fun!

**Tuesday Bingo:**

Join us every Tuesday to play for practical prizes. Come early to socialize and meet new friends. Calling begins at 1pm.

**Wednesday Coloring Group:**

Drop-in between 9am-12noon to de-stress, socialize, and be creative. Bring your own supplies or try it out with our sample pages and crayons.

**Thursday Dominoes:**

Love to play Dominoes? Just want some laughter or company? You'll enjoy a friendly form of Mexican Train dominoes every Thursday starting promptly at 10am.

**Music:** These practice times may change. Please check with HCC front desk at 874-7475 --scheduled performances take priority over practices.

ALL GROUPS ARE BUSY RECRUITING NEW MEMBERS...  
 ARE YOU AVAILABLE?

Adapted Bell Choir	Mon, Jan 18 : 3:15-4:15 PM Performance at Parkside Manor
Choir (Good Timers)	Tues. Jan 5: Practice 2-3 PM Tues. Jan 19: Practice 2-3 PM
Jammers	Wed. Jan 6,13,20,27 : 1-3 PM
Bell Choir	Fri. Jan 22: 2-3pm
Ukulele	Fri. Jan 22: 2-3pm

**1<sup>st</sup> and 3<sup>rd</sup> Fridays are Karaoke Nights - 7-10 pm**