

Hillcrest Community
Center (HCC)
1907 Hillcrest Dr.
Columbia, MO 65201
573-874-7475
www.GoColumbiaMo.com

**Recreation Staff at
Hillcrest Community
Center (HCC):**

Superintendent-
Karen Chandler
Specialist-
Courtney Deters
Cassie Dins
Debbie Reschly
Office-
Jill Overton
Jennifer Meeks

Music-
Cookie Hagan
Julie Vaughn
Driver-
Karen Al Thawwad
Osher Lifelong Learning-
Kristin Millikan
Don Nicholson
Lucille Salerno
Till Rosenberger
Sarah Ginter-Novinger

Special Needs: For accommodations needed due to a disability, please call at least 2 days in advance.

Please Note: The Columbia Adapted Recreation offers programs at Paquin Tower which may also be of interest.

Columbia Parks & Recreation

50+ Programs

Office Hours:
9:00 am - 4:00 pm
Monday to Friday

August 2015

Join us for a variety of programs, activities, music, dances, crafts, and more for those ages 50 and better. We hope you can attend the activities and don't forget to bring a friend!

50+ Explorer Trips

Wed, Jul 29 - Lv Hillcrest 10am/Rtn 1pm

Cost \$5 plus lunch. Schilb Antiquarians deals in old books, first editions. What is this new business doing in a world of "no books" technology? Lunch at PepperJax's Grill.

Thu, Aug 27 - Hillcrest at 12noon

Join us as we celebrate a new art exhibit entitled *Missouri Impressions* by our friend Carol Bramon. She will be here at Hillcrest to show us a YouTube presentation and afterwards we will adjourn to lunch to further enjoy each other's company. Cost is lunch.

Call our office (874-7475) to sign up and stay in touch.

NEW! Karaoke Friday Nights... details on next page.

NEW! Adult Coloring Group – Wednesdays 9am-12pm

Drop-in between 9 and 12. If you have your own coloring books, crayons, colored pencils, or markers bring them along. If you just want to see what it is all about, we have sample pages and crayons. Remember how much you enjoyed coloring books as a kid? Be part of our group who proudly color as adults. No one judges. Stay in the lines, or not! You can lose yourself in the pleasure of coloring and leave stress behind. It's a great social activity too. Barnes and Noble has a whole section of adult coloring books. Two of Amazon's top selling books are adult coloring books, Secret Garden and Enchanted Forest by illustrator, Johanna Basford from the UK. Coloring Groups are found all over the world so join ours today!

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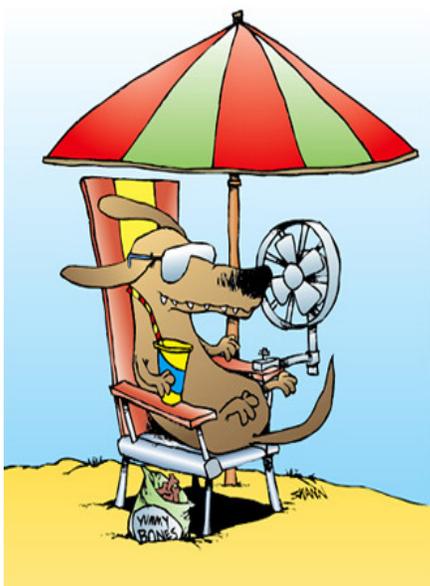
Daily Games:

Jigsaw puzzle, board and other games.

Is your card or game group looking for a special time or place to gather? Maybe we can help.

Osher @ Mizzou

The Osher Fall Session begins Sep 8. Catalogs will be available and online at extension.missouri.edu/osher



Social Events for August!

Potluck and Bingo – Aug 7

1st Friday (from 11:30am-1pm)

Bring your dish to share at potluck. After cleanup, bingo for prizes begins. Spend a hot summer day with friends!

Karaoke Friday Night – Aug 1, Aug 21

1st and 3rd Friday (from 7-10pm)

Look forward to sharing fun and friendship as you sing or just listen to the songs we all love on 2 Friday nights each month. Bring your favorite snacks to share. Contact Jon Harpert at 573-474-7181 for more info.

Jamm and Dance – Aug 14

2nd Friday (from 7-9 pm)

Enjoy an evening (note the change in time) of music for your dancing and listening pleasure. The House Band welcomes you and your requests. Snacks are welcome to share in the break.

Potluck, Dance and Game Day – Aug 21

3rd Friday (from 11:30am-3:30pm)

Bring a dish to share and enjoy a great meal with friends followed by music and games all afternoon. (Consider returning this evening for Karaoke Night!)



No word yet on Cardinal tickets. Stay tuned...

Parks and Recreation Memberships

Applications are in Leisure Times. Payment can be made in person at the front desk or by mail with check payable to Columbia Parks and Rec. (Membership fee includes activities unless otherwise noted)

2015 Membership	<u>HCC</u>	<u>50+ Tours</u>	<u>HCC & 50+ Tours Combo</u>
Single	\$20	\$20	\$30
Couple (Same Address)	\$35	\$35	\$60

Osher Saturday Morning Book Talks - Aug 1

9:30 am Coffee and Pastries / 10 am Book Talk begins. August's featured author is Steve Weinberg talking about *Telling Lives: The Perils and Pleasures of Biographies*.

The sponsor is Marlene Lee.

Fee is \$3 at the door or \$20 (10-visit punch card)

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Ongoing Monthly Events...

Monday / Thursday Painting Group:

Join our painting group as they use a wide variety of mediums including oils, water colors, acrylics, charcoal, colored pencils and more. They share ideas, techniques, successes and experiments as they support each other's endeavors on Mondays 9am-noon and/or Thursdays 1-3:30pm.

Mah Jongg:

Due to Osher and other instruction classes, there are now 4 days with Mah Jongg groups playing—Mon pm, Tues am, Wed am, Thu pm. If you are interested in joining a group or being a sub, please let the front desk know. Mah Jongg is great fun!

Tuesday Bingo:

Join us every Tuesday to play for practical prizes. Come early to socialize and meet new friends. Calling begins promptly at 1pm.

Wednesday Coloring Group: NEW!

Drop-in between 9am-12noon to de-stress, socialize, and be creative. Bring your own supplies or try it out with sample pages and our crayons.

Thursday Dominoes:

Love to play Dominoes? Just want some laughter or company? You'll enjoy a friendly form of Mexican Train dominoes every Thursday starting promptly at 10am.

Music: These practice times may change. Please check with HCC front desk at 874-7475 --scheduled performances take priority over practices.

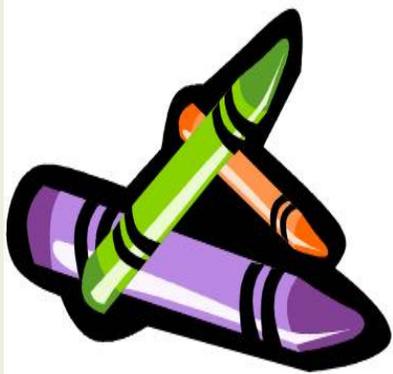
ALL GROUPS ARE BUSY RECRUITING NEW MEMBERS...
 ARE YOU AVAILABLE?

Adapted Bell Choir	Mon, Aug 24 : 3:30-4:30 PM
Choir (Good Timers)	Tues, 2-3pm No sessions in August
Jammers	Wed, Aug 5,12,19,26: 1-3 PM
Bell Choir	Mon, Aug 24 : 2:00-3:00
Ukulele	Fri Aug 28 : 2 PM

NEW! 1st and 3rd Friday is Karaoke Friday Night - 7-10 pm

Hillcrest Community Center
 1907 Hillcrest Dr
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 50+ Activities Front Desk
 573-874-7475

50+ Tours Program
 New phone:
 573-441-5525



Daily Games:

Jigsaw puzzle, board games, cards, and other games.

Summertime is always the best of what might be.

-Charles Bowden