

Hillcrest Community
Center (HCC)
1907 Hillcrest Dr.
Columbia, MO 65201
573-874-7475
www.GoColumbiaMo.com

Recreation Staff at
Hillcrest Community
Center (HCC):

Superintendent-

Karen Chandler

Specialist-

Courtney Deters

Cassie Dins

Debbie Reschly

Office-

Jill Overton

Jennifer Meeks

Music-

Cookie Hagan

Julie Vaughn

Driver-

Karen Al Thawwad

Osher Lifelong Learning-

Kristin Millikan

Sarah Ginter-Novinger

Special Needs: For accommodations needed due to a disability, please call at least 2 days in advance.

Please Note: The Columbia Adapted Recreation offers programs at Paquin Tower which may also be of interest.

Columbia Parks & Recreation

50+ Programs

Office Hours: 9:00am - 4:00pm Mon-Fri

November 2015

Join us for a variety of programs, activities, music, dances, crafts, and more for those ages 50 and better. We hope you can attend the activities and don't forget to bring a friend!

50+ Explorer Trip

McAdams Tour - FREE - Thurs, Nov 5, 2015

Meet at McAdams, 1501 Old Hwy 63 South, no earlier than 11:45am for 1st anniversary & holiday visit for this well-known landmark in Columbia offering fine items of all kinds. They will be offering our group a discount and refreshments will be offered.

Call our office (874-7475) to sign up and stay in touch.

Karaoke Friday Nights... details on next page.

Adult Coloring Group – Wednesdays 9am-12pm

Drop-in. If you have your own coloring books, crayons, colored pencils, or markers bring them along. If you just want to see what it is all about, we have sample pages and crayons. Remember how much you enjoyed coloring books as a kid? Be part of our group who proudly color as adults. No one judges. Stay in the lines, or not! You can lose yourself in the pleasure of coloring and leave stress behind. It's a great social activity too. Two of Amazon's top selling books are adult coloring books, Secret Garden and Enchanted Forest by illustrator, Johanna Basford. Barnes and Noble has a whole section of adult coloring books. Coloring Groups are found all over the world, so join ours today! Come try our Twistables Colored Pencils.

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Daily Games:

Jigsaw puzzle, board
and other games.

Is your card or game
group looking for a
special time or place
to gather? Maybe we
can help.

Osher @ Mizzou

The Osher Winter Session
begins Jan. 19
Catalogs will be available
and online at
*extension.missouri.
edu/osher*



Social Events for November!

Potluck and Bingo – Nov 6

1st Friday (from 11:30am-1pm)

Bring your dish to share at potluck. After cleanup, bingo for prizes begins. Enjoy the day with friends!

Karaoke Friday Night – Nov 6, Nov 20

1st and 3rd Friday (from 7-10pm)

Share fun and friendship as you sing or just listen to your favorite songs on 2 Friday nights each month. Bring your favorite snacks to share. Contact Jon Harpert at 573-474-7181 for more info. Requires Hillcrest membership or \$3 at the door

Jamm and Dance – Nov 13

2nd Friday (from 7-9 pm)

Enjoy an evening of music for your dancing and listening pleasure. The House Band welcomes you and your requests. Snacks are welcome to share at the break.

Potluck, Dance and Game Day – Nov 20

3rd Friday (from 11:30am-3:30pm)

Bring a dish to share and enjoy a great meal with friends followed by music and games all afternoon.
(Consider returning this evening for Karaoke Night!)

Parks and Recreation Memberships

Payment can be made in person at the front desk or by mail with check payable to Columbia Parks and Rec.

(Membership fee includes activities unless otherwise noted)

2016 Memberships available beginning Oct 1, 2015.

\$25/Person Parks & Recreation Membership- Includes 50+Tours, 50+ Programs at Hillcrest Facility-Music groups (ukulele, bells, choir), Bingo, Potlucks, Painting groups, games, dances, Mah Jongg groups, Explorers trips, Karaoke, Adult Coloring groups, Spanish club, Travel club, and more.

OR

\$40/Person Parks & Rec/Osher @ Mizzou Combo includes all of the above plus Brown Bag seminars, This Week @ Osher weekly email of upcoming events, and Osher Saturday Morning Book Talks

Osher Saturday Morning Book Talks - Nov 7

9:30 am Coffee and Pastries / 10 am Book Talk begins.

November's featured author is Cathy Salter.

The sponsor is Missouri Life.

Fee is \$3 at the door or \$20 (10-visit punch card) or Fall 2015/2016 Osher Member ID badge.

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50+ Activities Front Desk
 573-874-7475

50+ Tours Program
 New phone:
 573-441-5525



Daily Games:

Jigsaw puzzle, board games, cards, and other games.

“It is not happy people who are thankful. It is thankful people who are happy.”

—author unknown

Ongoing Monthly Events...

Monday / Thursday Painting Group:

Join our painting group as they use a wide variety of mediums including oils, water colors, acrylics, charcoal, colored pencils and more. They share ideas, techniques, successes and experiments as they support each other’s endeavors on Mondays 9am-noon and/or Thursdays 1-3:30pm.

Mah Jongg:

Due to Osher and other instruction classes, there are now 4 days with Mah Jongg groups playing—Mon pm, Tues am, Wed am, Thu pm. If you are interested in joining a group or being a sub, please let the front desk know. Mah Jongg is great fun!

Tuesday Bingo:

Join us every Tuesday to play for practical prizes. Come early to socialize and meet new friends. Calling begins at 1pm.

Wednesday Coloring Group: NEW!

Drop-in between 9am-12noon to de-stress, socialize, and be creative. Bring your own supplies or try it out with our sample pages and crayons.

Thursday Dominoes:

Love to play Dominoes? Just want some laughter or company? You’ll enjoy a friendly form of Mexican Train dominoes every Thursday starting promptly at 10am.

Music: These practice times may change. Please check with HCC front desk at 874-7475 --scheduled performances take priority over practices.

ALL GROUPS ARE BUSY RECRUITING NEW MEMBERS...
 ARE YOU AVAILABLE?

Adapted Bell Choir	Mon, Nov 9: 3:15-4:15 PM
Choir (Good Timers)	Tues, 2-3 PM Nov 3, 17 (Col.Health Care) 2PM bus
Jammers	Wed, Nov 4,11,18,25: 1-3 PM
Bell Choir	Fri, Nov 13 (Lenoir) 1:15 PM bus
Ukulele	Fri, Nov 13 (Lenoir) 1:15 PM bus

1st and 3rd Fridays are Karaoke Nights - 7-10 pm