



News Release

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Contact: Parks & Recreation, 874-7475

September Older American Klub & 50+ Programs

Columbia Parks and Recreation's Older American Klub offers many programs for those 50 and older. Join the fun at Parkade Center, 601 Business Loop 70W, Ste 216B (east side) for music, dance, crafts and more.

Potluck & Bingo

Friday, September 1, 11:30 am, 50 cents. Please bring a dish. Meat and drink provided.

Solo Cooking

Friday, September 8, 10 am, HyVee Grocery Store

Jamm and Dance Session

Friday, September 8, 7-10 pm, Free

St. Louis Cardinals game

Wednesday, September 13, Cardinals vs. Astros, game time at 1 p.m. depart Parkade Center at 8:30 a.m., \$30 includes motor coach and game ticket

Fall Dance

Friday, September 15, 7-10 pm, \$3

Pool Tournament

Friday, September 22, 10:30 am, \$1

Game Night

Friday, September 22, 6-9 pm

Fifth Friday Free Dance

Friday, September 29, 7-9 pm

OAK 50+ Explorers

Monday, September 25, Horticulture/AgriForestry in New Franklin, \$5 plus lunch, call 874-7475 to register.

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Daily Activities

Coffee & Gab: 1st and 3rd Tuesday, 9 am

Painting: Mondays, 9 am-12 pm

Ceramics: Tuesdays -Thursdays, 9 am-2 pm, Wednesdays, 5:30-9:30 pm

Crafts: Fridays, 9 am-3 pm

Bingo: Tuesdays, 2 pm

Pool: Mon-Fri, 8 am-4 pm

OAK Jammers/Goldenaires: Wednesdays, 1-3 pm

Choir: 1st and 3rd Tuesday, 10-11 am

Bell Choir: 2nd and 4th Monday, 2:30-3:30 pm

Variety Band: 2nd and 4th Thursday, 10-11 am

Rhythm Band: 2nd and 4th Thursday, 2-3 pm

Ukelele: 1st and 3rd Monday, 2-3:30 pm

Call 874-7475 for information.