



News Release

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Release: October 24, 2005
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Parks and Rec to Offer Lifeguard Training

Columbia Parks and Recreation is offering lifeguard training classes for anyone interested in becoming a lifeguard or swimming lesson instructor.

The training, provided through Ellis and Associates, will be held from 5 to 9:30 p.m. on November 4 and from 9 a.m. to 6 p.m. on November 5 and 6 at Hickman Pool. The cost is \$150. Individuals must attend all three classes to become licensed as a lifeguard.

Lifeguards who are certified through other programs such as American Red Cross or Star Guard can attend a "cross-over" recertification class from 9 a.m. to 6 p.m. on November 5. The cost of the recertification class is \$75.

The Parks and Recreation Department is offering the classes to help individuals receive the proper training for employment with the City of Columbia as a lifeguard. Positions are available for the winter at the ARC and Hickman Pool.

For more information about the classes, please call 874-7467. To register for the class, call the ARC at 874-7700 or the downtown Parks and Recreation office at 874-7460.