

FOR IMMEDIATE RELEASE

Contact: Parks & Recreation - (573) 874-7460

March 50+ Programs

COLUMBIA, MO (February 25, 2005) -- The Columbia Parks and Recreation Department and the Older American Klub offers many programs for those 50 years and older. Join us at Parkade Center, 601 Business Loop 70W, Ste 216B for music, dance, crafts, and social activities.

Potluck & Bingo

Friday, March 4, 11:30 a.m., \$0.50

Jamm Session

Friday, March 11, 7-10 p.m., Free

St. Patrick's Day Lunch

Thursday, March 17, 10:30 a.m., \$2

Shamrock Dance

Friday, March 18, 7 p.m. - 10 p.m. \$3
Featuring the sounds of LaVerne Jones

Pool Tournament

Friday, March 25, 12:30 p.m., \$1

Daily Activities

Coffee & Gab: Tuesdays, March 1 & 15, 9 a.m.

Painting: Monday, 9 a.m. - 12 p.m.

Ceramics: Tuesday/Thursday, 9 a.m. - 3 p.m., Wednesday 5:30 p.m. - 9:30 p.m.

Crafts: Friday, 9 a.m. - 3 p.m.

Bingo: Tuesday, 2 p.m.

Pool: Monday - Friday, 8 a.m. - 4 p.m.

Low Impact Aerobics: Monday/Wednesday/Friday, 9 - 10 a.m.

Call 874-7475 for information.