Agenda Item No._____

Source

Mike Hood

TO: City Council

FROM: City Manager and Staff

DATE: December 18, 2008

RE: Tracker#2259: Exercise/Fitness Stations at Albert-Oakland Park

Fiscal Impact

YES

NO **X**

Other Info.

Summary: At the December 1, 2008 Council meeting, Councilperson Barbara Hoppe requested a report regarding the status of replacing the exercise or fitness stations along the concrete trail located in Albert-Oakland Park. The department has planned for the eventual replacement of all exercise/fitness stations in Albert-Oakland Park, Lions-Stephens Park and along the MKT Trail. The department has set aside Park Sales Tax funds from the Annual Major Maintenance program starting with $5,000 in FY-2010 and $15,000 in FY-2011. However, recognizing that some of the fitness stations at Albert-Oakland Park are beyond repair, the department budgeted $4,850 in the FY-09 operating budget in order to begin replacing the hazardous stations this year. The department is planning on removing five stations and will be able to replace at least four of them in FY-09. In FY-2010, the department will have $5,000 to replace additional equipment at Albert-Oakland Park and when combined with funds from the FY-2010 operating budget, should be able to replace an additional six more pieces of equipment. Thus, 10 of the 18 fitness stations will be replaced at Albert-Oakland. In phasing this project over a two year period, it will give the department time to evaluate the equipment and by the time the FY-2011 budget is available, be able to make a determination on the best equipment for the rest of Albert-Oakland, MKT Trail and Lions-Stephens Park.

Discussion: There are 18 fitness or exercise stations located along the 1 mile multi-use concrete trail in Albert-Oakland (A/O) Park (see Attachment A). The original wooden fitness stations are approximately 30 years old and have been renovated and had various portions replaced over the last 20 years. The company that manufactured the A/O Park fitness stations no longer produces the models currently found in the park. In fact, the fitness station industry has drastically changed over the last 2-3 years. Instead of typical fitness stations such as "touching your toes" or "leg lifts," companies are now producing exercise stations that mirror equipment commonly found indoors in recreation and fitness centers. Park staff is proposing that the replacement of the fitness equipment at A/O Park be done with a combination of traditional fitness equipment such as "sit-up" and "pull-up" bars and include some of the more modern equipment such as a rowing machine and a leg press (see Attachment B). In FY-2010, a minimum of six more pieces of equipment will be replaced with equipment similar to those shown on Attachment C. In phasing the replacement of the equipment over a two year period it will allow the department and users time to test and evaluate the equipment.

Funding for this project comes from the Park Sales Tax, specifically from the Annual Major Maintenance program. In FY-2010, $5,000 is scheduled and $15,000 in FY-2011. However, recognizing that some of the fitness stations at A/O Park are beyond repair, the department budgeted $4,850 in the FY-09 operating budget in order to begin replacing the hazardous stations this year.

The department is planning on removing five stations that are hazardous and are not easily repairable. With the $4,850 in the FY-09 operating budget, staff will be able to replace at least four of these stations. It will depend on bid prices whether or not all five may be replaced.

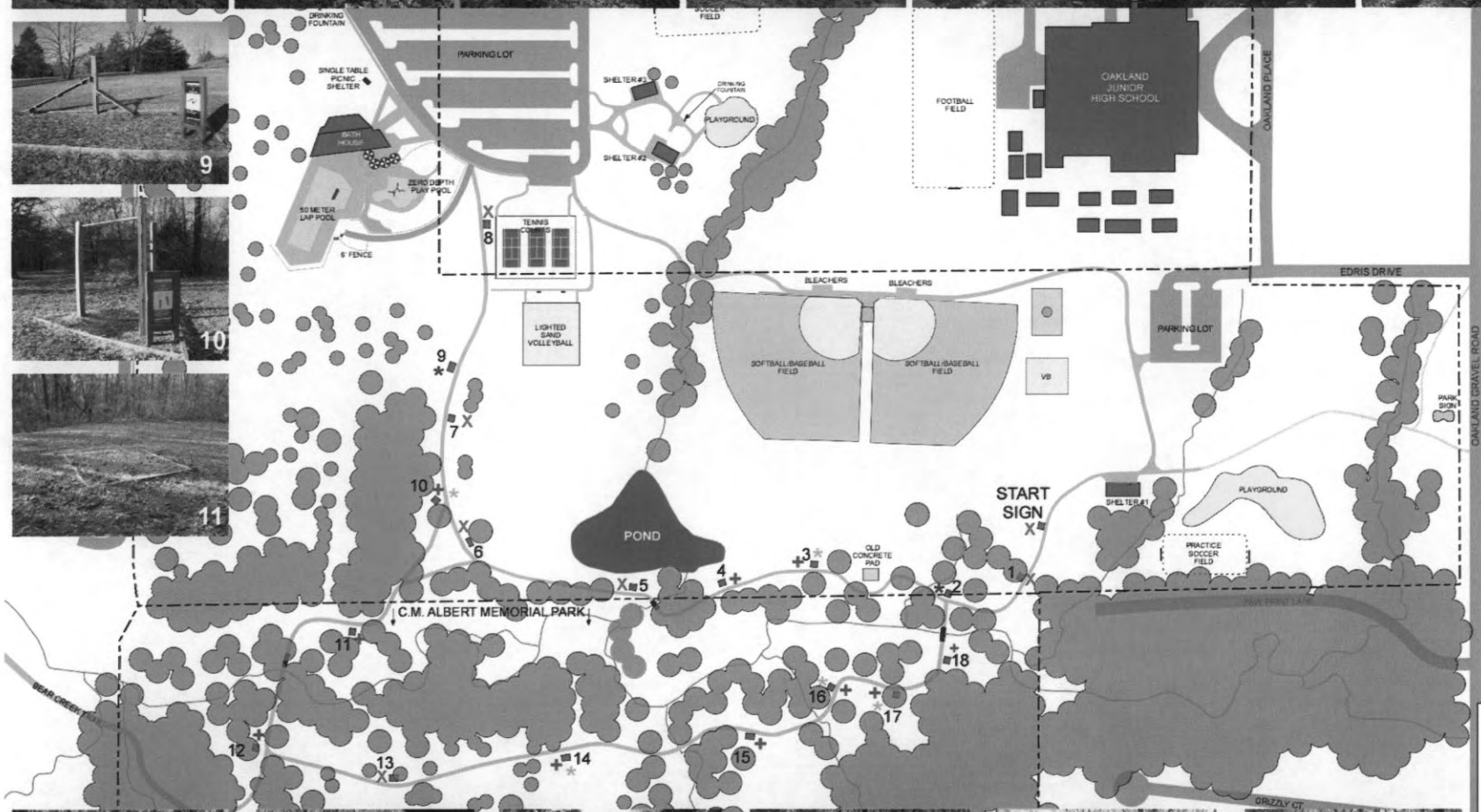
The work will be done by park staff over the next three years. Another advantage of the phased approach is that park staff will be able to quickly install the equipment a few at a time instead of spending several weeks on a major project. Thus, staff will be able to keep on schedule with other construction projects such as the Stephens Lake Park amphitheater and neighborhood parks located at Grasslands, Eastport, Cascades and Smiley Lane.

After park users and staff has an opportunity to evaluate the equipment, the budget for fitness equipment replacement may need to be adjusted in FY-2011. Staff is finding that the proposed $15,000 may not be enough if the modern pieces of fitness equipment are considered for the remaining stations at Albert-Oakland Park and those currently located at Lions-Stephens Park and along the MKT Trail. There may be some options such as reducing the amount of funds in some of the other FY-2011 Annual Park Major Maintenance projects to fund the fitness station equipment project.

Staff is proposing that we proceed with the replacement of the fitness station equipment as planned and any funding requests shall be conducted through the capital improvement budget process.

Suggested Council Action: Acceptance of this report.

Attachment A

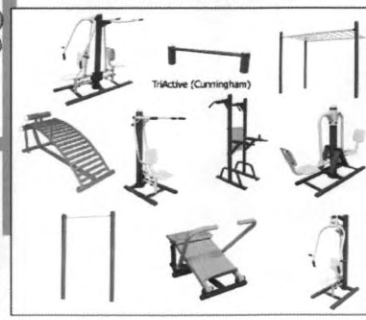


ALBERT-OAKLAND PARK
EXERCISE EQUIPMENT REPLACEMENT PLA

GOAL: OVER TWO YEARS REMOVE ALL (18)
EXISTING EXERCISE STATIONS AND
REPLACE WITH 10 NEW STATIONS THAT AR
EFFECTIVE AND SAFE.
SEE PROPOSED EQUIPMENT BELOW.

- ✚ REPLACE 4 STATIONS THIS YEAR
- ✚ AND 6 STATIONS IN FUTURE YEARS.

- ✱ KEEP THOSE STATIONS THAT ARE SAFE AND BENEFICIAL FOR EXTRA YEAR OF USE.
- X REMOVE THE STATIONS THAT ARE HAZARDOUS AND CANNOT BE EASILY REPAIRED.
- ✱ REPAIR THE STATIONS THAT CAN BE EASILY REPAIRED WITH LITTLE EXPENS FOR ONE MORE YEAR OF USE.



Attachment B

ALBERT-OAKLAND EXERCISE STATIONS REPLACEMENT PLAN
12-19-08

STATIONS TO BE REPLACED

TriActive Equipment (Cunningham)

rowing machine

leg press

EQUIPMENT REPLACEMENT FIRST YEAR

Attachment C

ALBERT-OAKLAND EXERCISE STATIONS REPLACEMENT PLAN
12-19-08

dip bar

horizontal ladder

combo press & pull unit

chest press

seated lat-pull

push-ups

TriActive Equipment (Cunningham)

FUTURE EQUIPMENT REPLACEMENT