

**For Teens 14-17
years old**

Hot Topic Nights Spring 2015

**Free
and
Fun**

*At the ARC, 1701 W. ASH
6:30– 8:00 p.m.*



Health classes just don't give you enough information to help you make healthy decisions. How do you stay safe and avoid risky behavior? How does someone show you love and respect? How do you protect yourself from STDs and teen pregnancy. These and other mysteries are explored in a relaxed and fun environment, sponsored by Columbia ARC, Columbia/ Boone County Health Department and the MU SHAPE program.

See ya there!

- April 7th:** Starting Off Right with Healthy Relationships
- April 14th:** Sex 101 and Birth Control Methods
- April 21st :** STI's-Protect Yourself, Don't Wreck Yourself
- April 28th:** LBGQT Outreach Panel
- May 5th:** Love Shouldn't Hurt—True North



Public Health
Prevent. Promote. Protect.
Columbia/Boone County
Public Health & Human Services

**Supporting your
health.**

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