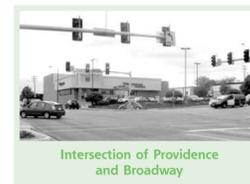


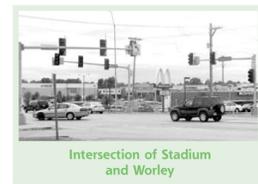
CITY SOURCE



Your source for City news and information



Intersection of Providence and Broadway



Intersection of Stadium and Worley

National Night Out set for Aug. 4

The Columbia Police Department, in conjunction with Columbia Neighborhood Watch and National Town Watch, are proud to sponsor the 26th annual National Night Out on Tuesday, Aug. 4, 5-9 p.m. National Night Out is a unique crime/drug prevention event where residents are encouraged to turn on their porch lights, come outside and get to know their neighbors and community.

- National Night Out is designed to:**
- heighten crime and drug prevention awareness;
 - strengthen neighborhood spirit and police-community partnership;
 - generate support for, and participation in, local anti-crime programs; and
 - send a message to criminals by letting them know that neighborhoods are organizing, educating themselves and working with the police department to fight crime.

- Neighborhoods are encouraged to participate. Possible ways to take part include:**
- hosting a block party, barbecue or potluck dinner;
 - hosting an ice cream social or having snacks, tea or lemonade;
 - inviting your beat officers out so you can get to know them;
 - having flashlight walks through your neighborhood; or
 - gathering in your neighborhood park and developing contests and youth programs.

National Night Out has proven to be an effective, inexpensive program that promotes neighborhood spirit and police-community partnership. To learn more about Neighborhood Watch and National Night Out, visit the following Web sites: www.GoColumbiaMo.com/Police/Programs/Neigh_WatchIndex.php and www.natw.org.

For additional information or to register your event, contact the Columbia Police Department's Community Services Unit at 874-7405, 874-7658 or 874-7606.

Online crime reporting

Columbia citizens have a new way to report minor crimes and suspicious activities. The Columbia Police Department has added a feature to the City's Web site at www.GoColumbiaMo.com that allows people to make certain reports online.

Citizens should still call 9-1-1 in an emergency or when a crime is occurring or just occurred, or the non-emergency number at 442-6131 if they need to speak to an officer or to provide suspect information.

Online reports can be used to report property damage (vandalism), stealing offenses or a suspicious incident. Columbia Police still urge citizens to use Crimestoppers when they want to remain anonymous. Crimestoppers reports can also be made online at 875tips.com.

The online reports will work well when people notice property damage but aren't sure when it occurred or who did the damage; or when people realize items have been stolen but also don't know who took them. This can happen with bicycles left outside, lawn decorations and other similar items.

New features, such as identity theft reports, will be added in the future. If you wish to speak to an officer, call 442-6131.

Bicyclists and motorists can roll together



Whether on a bicycle or in a car, we're all trying to get to our destination, so *let's learn to roll together*. When all of us—bicyclists and motorists—use common courtesy and follow the rules of the road, we create a safe and healthy community for everyone.

Roll together with common courtesies:

Give your fellow road users the benefit of the doubt. That bicyclist in front of you is not trying to slow you down—she's trying to get to work. And that motorist who just pulled out in front of your bicycle—he may not have seen you. Everyone on the road should use common courtesy. Never harass others by shouting or honking; it creates a distraction that is unsafe for everyone.

Tips to help bicyclists and motorists roll together:

- Bicyclists**
- Always ride in the same direction as traffic and as far to the right as is safe.
 - Follow all traffic signs and signals.
 - Always use lights at night—white in front, red in back.

- Motorists**
- When passing, allow at least three feet of space between your vehicle and a bicycle.
 - Follow all traffic signs and signals.
 - Look for bicyclists when opening a vehicle door and when exiting a parking space or a driveway.

For more tips on how bicyclists and motorists can roll together, visit getabout-columbia.com or call the GetAbout Columbia office at (573) 442-7189, ext. 28.

The City is accepting applications for the following boards and commissions:

- Board of Health
- Historic Preservation Commission

Application deadline is noon, Aug. 7.

Applications and current vacancies are available online at www.GoColumbiaMo.com or at the City Clerk's Office.

Call 874-7208 for information and requirements.

July 2009 Volunteer of the Month



"Grandma" Aust helps Special Olympians achieve their best.

When she started volunteering, Delores Aust saw it as an opportunity to spend more time with her two grandchildren. Now, after working with the Columbia Parks and Recreation Special Olympics and Adaptive Recreation programs for 10 years, she is known simply as "Grandma" to participants, parents and coaches.

Aust has been involved in many aspects of the two programs. She collects money and forms from athletes and checks their attendance, assists with the sporting equipment, tracks the staff and volunteer time sheets, supervises the Adaptive Monthly Dances and chaperones overnight trips.

These duties keep Aust busy up to two or three times a week, but she finds the work so rewarding. She says "it's really just such a miracle to watch" the participants enjoying the sports.

Supervisor Jody Cook says Aust has an eye for detail and a willingness to take on any task. Cook added, "She is truly everyone's 'Grandma'... all those involved in the program know what a blessing she is."

"I just like to help... it makes me feel really good to give my time," Aust said.

Aust's daughter also volunteers as a coach and her grandchildren continue their involvement as Special Olympics athletes.

To learn about City volunteer programs, contact the Office of Volunteer Services at 874-7499 or visit www.GoColumbiaMo.com.

Submitted by volunteer Sarah G. Madden

Parks and Recreation presents Family Fun Fests

Don't miss the next Family Fun Fest at Flat Branch Park! The free Fun Fests are held monthly from 6-8 p.m. every third Wednesday and each features a different theme.

Entertainment for the entire family will feature music, special performances, art activities, bounce-houses, hands-on activities, balloon-animals, face painting and guaranteed fun for all ages. Bike valet will be available courtesy of the PedNet Coalition. Concessions will also be available.

Family Fun Fests are sponsored by Columbia Parks and Recreation, the Convention & Visitors Bureau, KPLA 101.5 Radio, KOMU 8 and Home & Lifestyle Magazine.

August 19: It's a Circus!
Don't miss clowns, performing dogs and circus music with the Big Top Circus Band. The night will also feature face painting, balloon animals, games, a clown parade and more.

- Coming Up:**
- September 16: Creative Kids
 - October 21: Percussion Phun



Youth Recreation Scholarships

Columbia Parks and Recreation offers youth financial assistance scholarships for Columbia residents through the Youth Enrichment Services (YES) program. The program is open to those between 3 and 17 who meet the income/household criteria established by the USDA's free and reduced lunch program.

Financial assistance is available for 50 or 75 percent depending on the household. Scholarships can be used for recreational classes and programs, outdoor pool passes and ARC memberships.

For more information, call 874-7460. Application forms can be obtained at www.GoColumbiaMo.com.

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City of Columbia
701 E. Broadway • Columbia, MO 65201
(573) 874-7111 • www.GoColumbiaMo.com

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- Sixth Ward Barbara Hoppe

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Neighborhood Art

The City's most recent Percent for Art installation is complete, thanks to the efforts of local artist Jane Bick Mudd. Her bronze relief sculpture titled "In Gratitude" was completed and placed at Fire Station No. 7 in May, near the intersection of Green Meadows Road and Green Meadows Circle.

The work depicts community members thankful for the safety provided by first responders and includes two benches for seating. The intent of the Percent for Art program is to improve and expand the value and use of public buildings while providing greater access to the arts to diverse audiences in varied settings.

Artwork is funded as part of the overall capital improvement projects for which they are commissioned. Each project



The background of the relief sculpture includes scenes from the history of the Columbia Fire Department.

includes maintenance funding so future care is addressed. Percent for Art is managed by the City's Office of Cultural Affairs (OCA). For more information about publicly accessible art in Columbia, contact the OCA: 573-874-7512 or oca@GoColumbiaMo.com.

Parked Art

Artists with interest and expertise in public art are invited to apply for an upcoming commission at the City's planned Fifth and Cherry parking garage.

Once selected, an artist or artist team will create site-specific public art for the structure. The project is a component of Columbia's Percent for Art program, established in 1997, and is being implemented by the City's Office of Cultural Affairs (OCA).

To be added to the list to receive a prospectus and application requirements, contact the OCA: 573-874-7512 or oca@GoColumbiaMo.com.

Save money on cooling costs

Use these air conditioning efficiency tips to save money on your bills and still be comfortable in your house this summer!

- Maintain your heating and cooling system by replacing air filters at least four times a year.
- Set the thermostat no lower than 78 degrees and turn it up to 82 degrees when the house is unoccupied.
- Leave window shades that receive direct sunlight down during the day.
- Try to use the oven, dishwasher and other appliances that produce heat during the late evening and early morning.
- Wear comfortable, loose-fitting clothes.
- Keep fireplace chimney dampers closed.
- Consider moving your extra refrigerator or freezer out of the garage to the basement and your appliance won't have to work so hard to stay cool.
- Don't block vents and air returns with furniture, drapes or rugs.



Sign up for Columbia Water & Light's free energy audit to have a customized energy efficiency plan for your home or business. Or, try our online energy audit from the comfort of your home.

GoColumbiaMo.com • 874-7325

Save Energy. Save Money. Save the Environment.

Moving?

Transfer or disconnect your utilities:

GoColumbiaMo.com
573-874-7380

There are a limited amount of customers that can be processed in a day. There will be no same day service requests processed during summer rush periods.

Safe Swimming



If you're beating the heat this summer in lakes and swimming pools, the Columbia/Boone County Department of Public Health and Human Services offers the following suggestions:

- Avoid swimming in water with a high bacteria level.
- Avoid getting water in your mouth or swallowing it, which can lead to a recreational water illness (RWI). The most commonly reported RWI is diarrhea.
- Wash your hands after swimming and before eating or drinking.
- Don't prepare food near the water.

- Shower or bathe after playing in natural (non-chlorinated) water.
- Do not swim if you have diarrhea.

Chlorine in properly disinfected pools kills most germs that can cause RWI. However, swimmers are still encouraged to use common sense health precautions to protect themselves and others while swimming.

For more information on water testing and/or safe swimming, contact the Health Department at (573) 874-7355.

Columbia Aquatic Restoration Project receives national award



The Columbia Parks and Recreation Department has received a national award from the American Park and Recreation Society (APRS) for its Columbia Aquatic Restoration Project (CARP). The Department was awarded a \$1,000 check from APRS's grant and scholarship program.

CARP is a volunteer program designed to support the Parks and Recreation Department in implementing an aquatic plant and shoreline management plan. Parks and Recreation is a partner with the Office of Volunteer Services and the Public Works Stormwater Outreach Program in administration of the program. CARP uses trained volunteers to assist in aquatic park management and maintenance for the growing number of park ponds, streams, retention basins, rain gardens and lakes in the City of Columbia's park system.

For more information on CARP, call Parks and Recreation at 874-7460.

Watch your water-use and save!

Do you need to water your lawn?

- Watering thoroughly, but infrequently, develops a deep root system so plants can use moisture and nutrients deep in the ground.
- Water according to moisture in the soil; not a fixed schedule.
- Lawns are dry when footprints remain in the grass long after being made.

How much should I water?

- Lawns need only one inch of water per week; approximately three times a week for 20 minutes.
- Use a tuna can or a rain gauge to accurately measure the amount of water your irrigation system or sprinkler delivers.
- Set a timer as a reminder to turn off the sprinkler.
- Water in the early morning from 6 a.m. to 8 a.m., avoiding windy conditions.

Other easy ways to conserve:

- Don't irrigate the pavement; choose and adjust sprinklers to fit the lawn area.
- Mulch to retain moisture and prevent water-robbing weeds.
- Mow grass to a height of 2 1/2" with a sharp blade.
- Never use a hose to rinse off pavement; sweep leaves and grass clippings.
- Landscape with native plants that are tolerant to Missouri summers.

Nearly completed! Auburn Hills Neighborhood Park



A new neighborhood park on Derby Ridge Road is nearing completion. This 13-acre park will have a picnic shelter, playground, basketball court, play field and walking trail.

This \$135,000 park development funded by the Park Sales Tax is one of six neighborhood parks identified for development and approved by voters on the 2005 ballot.

- Why build neighborhood parks?**
Because neighborhood parks...
- increase property values
 - preserve green space
 - provide affordable family recreation (no money in pocket required)
 - provide avenues for fun, relaxation, stress relief, enjoying nature and exercise

Consult the Parks and Recreation page of the City's Web site at www.GoColumbiaMo.com to see if a park is coming soon to your neighborhood.

School Immunizations

When school starts next month, make sure your kids are ready with notebooks, pens and all the necessary vaccinations. The Columbia/Boone County Department of Public Health and Human Services reminds parents that before the first day of school, students need to be up-to-date on their immunizations.

Immunizations are available at the health department, located at 1005 West Worley, Monday - Friday from 8 a.m. - 4:30 p.m. on a walk-in basis. Immunizations are \$10 per visit, regardless of the number of shots given. The following vaccinations may be required.

VACCINATIONS	ENTERING KINDERGARTEN	ENTERING JUNIOR HIGH	ENTERING COLLEGE
Meningococcal * X
Varicella X		
MMR X		
Polio X		
DTaP/Tdap X X	

* Meningococcal vaccine is \$15

Updated immunization records must be shown before vaccinations can be completed. For more information, please contact the Health Department at (573) 874-6374.

Golden event celebrates silver anniversary

For 25 years, the Show-Me State Games have given athletes from all over Missouri a chance to "go for the gold" in a fun and exciting Olympic-style event. Still the largest state games in the nation, the Show-Me Games finals competition brought over 26,000 athletes to Columbia in 2008 and had a yearlong economic impact of more than \$15 million.

This year's 25th anniversary event will run July 17-19, July 24-26 and July 31-Aug. 2 and promises to be just as thrilling, with over three dozen different sporting event options spread out over the three weekends. In addition, this year's Games will include the State Senior Games so all athletes can enjoy and celebrate the silver anniversary. While here, participants and their families spend time and money at local restaurants, hotels and attractions; a benefit to Columbia worth more than gold! For more information on the Show-Me State Games or to volunteer, visit www.smsg.org.

