



## **COLUMBIA GIRLS YOUTH RECREATION VOLLEYBALL LEAGUE INFORMATION AND RULES PACKET**

*Parks and Recreation Department  
1 S. 7th Street  
Columbia, MO 65201  
Phone: 573-874-7460 Fax: 573-874-7640  
[www.GoColumbiaMo.com](http://www.GoColumbiaMo.com)*

### **The registration fee is \$50 per player.**

(Registrations received after 5 p.m. on March 31, 2017 are not guaranteed placement on a team. After the March 31 deadline, players may be placed on teams if spaces are available).

### **Volleyball Registration**

- Player registration will be held November 8, 2016 – March 31, 2017 by phone, walk-in, or online with the City of Columbia Parks and Recreation Department.
- Please note the activity number of 315800-01 for ages 12-16
- The program will begin **April 6 and go through May 25, 2017.**
- Players are placed on teams on a first-come-first-served basis. Teams are determined by grade and age with current attending school considerations.
- Once all players are registered and team managers/coaches are determined, players will then be placed on teams and all team manager/coaches will contact players with schedules of game dates for your player and her team's information.
- A roster for each team will be generated. Team standings will be posted and updated through the Parks and Recreation web page by going to [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com).
- **This is a recreational league and not open to Club players.** Club volleyball players are ineligible to play in this recreational league.
- For league questions, please contact Crystal Floyd, Columbia Youth Recreation Volleyball coordinator, via email at [columbiayouthrecvolleyball@gmail.com](mailto:columbiayouthrecvolleyball@gmail.com).

All games will be played at the Armory Sports Center, 701 E Ash St, (573) 817-5077.

### **7<sup>th</sup>-8<sup>th</sup> – 9<sup>th</sup> grade youth volleyball recreational league**

Parks and Recreation is offering a youth recreational volleyball league for girls in the 7<sup>th</sup>, 8<sup>th</sup> and 9<sup>th</sup> grades. All games will be played at 6, 7, 8 and 9pm on Thursday evenings beginning the week of April 6 for eight games.

Players must know how to pass, set and hit correctly to play in both leagues. Standings will be kept. Depending upon number of teams, we may split the leagues, between two courts, playing simultaneously.

### **Eligibility**

1. All players must register according to the grade in which they are currently enrolled.
2. Team managers/coaches will receive their team roster at the team parent manager's/coaches meeting, TBA, at the Armory Sports Center located at 701 E Ash St, (573) 817-5077. Each roster will have participant name, grade, age, parent/guardian names and phone numbers, email address and any special notes (ie. Shirt size and school). If a phone number on your roster no longer works, please contact Crystal Floyd, Columbia Youth Rec Volleyball coordinator, at [columbiayouthrecvolleyball@gmail.com](mailto:columbiayouthrecvolleyball@gmail.com).  
**This is sensitive information. Please do not give out to anyone else.**
3. Each team manager is responsible for the eligibility of the team's players.  
**Use of an ineligible player shall result in forfeiture of the game(s) involved.**
4. Players are allowed to play on only one team in the same league during the season.
5. **Team managers/coaches cannot move/trade players.** The responsibility of moving players from team to team will be by Crystal Floyd, Columbia Youth Rec Volleyball coordinator.
6. Should it become necessary to add players to a team, the Recreation Program Supervisor or Crystal Floyd the Columbia Youth Rec Volleyball coordinator, will make the addition. **Team managers/coaches cannot add players to their rosters.**

### **Wait List**

1. Players wishing to register after teams have been selected will be placed on a wait list in the order in which they register and will be placed on teams in the same order when a manager/coach requests an additional player.
2. Managers or coaches may not call to find out where on the wait list a particular person is positioned, but managers/coaches may call to request the next available anonymous person on the list.
3. Once a manager/coach requests a player, she will be automatically be added to that team's roster.
4. The participant should be informed by the manager/coach that she has just been added to their team, to come by the Parks and Recreation office to pay fees before participating, and where and when the matches and practices will be held.

## **Participation Rules**

**EVERYONE PLAYS!** All players in the recreational league should have equal playing time. In the recreation league, no player may sit out more than one game in a match.

### **Scheduling**

1. The Department of Parks and Recreation reserves the right to reschedule canceled matches to any day, site, and time.
2. Matches will be played on Thursday evenings at 6, 7, 8 or 9pm for 7-9<sup>th</sup> grades.
3. Each team will be scheduled for an 8 game schedule.
4. Remember, this program is designed to be **fun** and to develop skills for the youth. Please emphasize this with your parents.
5. If you have any questions concerning this program, please free to call Parks and Recreation at 573-874-7460 or contact Columbia Youth Rec Volleyball coordinator at [columbiayouthrecvolleyball@gmail.com](mailto:columbiayouthrecvolleyball@gmail.com). Thank you for your cooperation.

### **Participant Bleeding/Blood on a Uniform:**

In youth volleyball, a player or manager who is bleeding or who has blood on her uniform shall be prohibited from participating further in the game until appropriate treatment has been administered, including bandaging as necessary to prevent recurrence.

If medical care is needed, the player must leave the game until the problem situation has been resolved. A 70% isopropyl alcohol solution must be used to disinfect skin and uniforms. All infected areas must be thoroughly cleaned before this individual is allowed to continue participating in a game or practice. This may require that the player remove affected clothing and replace it in order to be able to continue participating in the event.

In all youth volleyball leagues, the official may call a timeout and give the player/manager a reasonable amount of time to take care any situation involving blood on a uniform/person/floor. If, in the opinion of the official, time becomes excessive, the game will proceed with a substitute entering for that player. In the event that a substitute is not available, the team will play shorthanded until the wound and blood have been properly cared for. If a substitute is used, all regular substitution rules will apply.

### **Drugs, Alcohol and Tobacco**

1. We believe that youth sports should be drug, alcohol and tobacco free. Therefore the Department requests that managers, coaches, fans, family and friends refrain from these activities to help set an example for the children.

2. Smoking and chewing tobacco, e-cigarettes, food, drinks and gum are absolutely prohibited in the gym. Alcoholic beverages and/or drugs are not permitted at the Armory Sports Center. Coaches, managers and fans under the influence or in possession thereof will be asked to leave the premises immediately by the program supervisor(s). Failure to do so, even if the offender is a fan, will result in termination of the game and the Police Department will be called.

### **Equipment**

1. The game ball will be provided by Parks and Recreation. Both leagues will use a regulation volleyball.
2. **Court shoes must be carried into the gym.** Tennis shoes are required. They should be leather and not canvas. Shoes should be comfortable, have considerable ankle support, light colored soles, and a surface recommended for traction on wood surface floors.
3. Players should be equipped with knee pads for protection and provided by player.
4. The net will be at a height of 7'4"

### **Uniforms**

1. All players will receive a team t-shirt which must be worn at all times when player is in the gym.
2. All players will be required to wear appropriate athletic wear while playing in the league. No jeans, cut offs, or clothing with profanity or inappropriate displays allowed.
3. **No jewelry worn on the court!**
4. Clothing must fit and not be revealing.
5. Attire will be monitored by managers, coaches, staff, league coordinator and officiators.

### **Practice**

1. Each team will receive time to warm up before their match is to begin.
2. The Armory Sports Center Gymnasium will be available on a first-come-first-serve basis for teams in this league. Due to limited gym space, there is a gym rental fee of \$30.00 per hour. It is also recommended that you contact your school and/or church for information regarding a practice site and equipment for practice purposes.
3. No team will be permitted to require more than one practice in any Sunday to Saturday period. Team practice is not required.

### **Player/Team Conduct**

1. All players and teams are expected to conduct themselves in a sportsmanlike manner.

2. **Undue harassment of the official before, during, or after a game may result in the ejection of the individual(s) involved from the game/match.** Any player, coach, or fan who is ejected from a game by a sports official or Department representative, will be suspended from attendance and participation in her team's next match (Depending on the severity of the situation the suspensions may last the remainder of the season and possibly go into next season as well).
3. After an ejection for the match, the individual ejected must immediately leave the gym and spectator area. Failure to do so or continued harassment of the official may lead to a second ejection and forfeiture of the match by that player's team. If the game is forfeited for this reason the team will be required to pay the re-entry fee.
4. **REMOVAL FROM THE PROGRAM:** Any player who strikes or verbally threatens to strike an official; who fights with another player; or who is ejected for unsportsmanlike behavior for the second time within one season is suspended from participation for the remainder of the program's season and possible future youth seasons depending on the severity of the offense.
5. Any team or individual who intentionally damages a facility or equipment being used for Parks and Recreation play will be billed for the full replacement cost of said property and will be suspended from all Parks and Recreation programs until such restitution is made.
6. Any team or individual who fails to heed the request of on-site Parks and Recreation personnel regarding program operation or facility care will be suspended from all Parks and Recreation programs until he/she/they submits a written account of the incident and is reinstated by the Recreation Program Supervisor.
7. The Parks and Recreation Department reserves the right to lengthen any suspension for any length of time if circumstances so warrant.

**Official's Carding Procedures for Unsportsmanlike Conduct:**

- *Yellow Card:* Penalty!
- *Red Card:* Expulsion of player for the remainder of the game!
- *Red/Yellow Cards Together:* Disqualification of player for the remainder of the match!

**PICTURES**

Columbia Youth Rec League Coordinator will take a team photo for Columbia Parks and Recreation use only. You may take pictures on your own of your team or player if you would like to, or contact a professional. Please contact the photographer of your choice to set up the date, time and location. Even if families aren't buying pictures, encourage them to still be in the team picture. If

there are problems with the photos, the photographer needs to be contacted directly.

### **Volleyball Rules**

1. The Missouri State High School Activities Association of Volleyball Rules will govern play.
2. All members of both teams must line up at the backline prior to the first game and shake hands with the opponents when directed by the official. The starting players will then proceed to their starting positions.
3. Recreation Leagues 5<sup>th</sup>-6<sup>th</sup> grade matches are held in a best-of-3 format. The first team to win two games wins the match. Games are played to 15 points limit. Recreation leagues 7<sup>th</sup>-8<sup>th</sup> grade matches are held in a best-of-3 format. The first team to win two games wins the match. Games are played to 25 points with a 28 point cap.
4. Game time is forfeit time. Teams must have at least five players ready to play at game time or the match will be forfeited. Ten minutes will be allowed to elapse before the second and third matches are declared forfeits. When, for any reason, a team is reduced to less than five (5) players, the remaining matches will be forfeited (except as stated in #9 below).
5. Teams shall change courts after each game.
6. Substitutes may enter the game only in the center-back position unless an injury occurs. A late arrival must wait to rotate in until her team has the service. Teams must choose their rotation; give a line up roster to the opposing team and official before each match.
7. Substitution in Parks and Recreation play is unlimited, unless in the opinion of the official, he/she considers a team to be using substituting as a method of stalling.
8. **Each team must supply a person to watch the lines for each game.**
9. It is required that players carry their game shoes into the gym to help keep the playing surface clean.
10. A ball may be played off the ceiling on the same side of the net, but a ball hitting the ceiling and crossing the net will be dead. Balls hitting basketball goals are also out of play.
11. Service Toss: If the ball, after having been tossed or released by the server, lands without touching the player, it is considered a service tossing error. After a service tossing error, the referee must authorize the service again, and the server must execute it within the next five seconds. One service tossing error is permitted for each service.
12. Serving Line: The serving line will be at the back line, court boundary lines are red.
13. Violations such as lifting, carrying, and spiking are judgment calls and cannot be protested.

14. Intentional kicking is not allowed. Unintentional or inadvertent contact below the waist will be allowed, but intent is a judgment call by the referee.
15. All Youth Rec Leagues: A first received ball may be double-hit excluding fingertips.
16. Net contact (any part of the net) by player is not allowed.
17. In the 5<sup>th</sup> - 8<sup>th</sup> grade leagues, the ball may touch the net during service.
18. Scores will be kept in all leagues.
19. Standings will be kept in all recreation leagues. Standings will be posted on-line at <https://www.gocolumbiamo.com/ParksandRec/>.