



September 2016

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

				1 8:30 MTM 11-4 Ceramics 3 HHF 5 Wii	2 8:30 MTM 11-4 Ceramics 3 HHF 5 LAZY DAY BING	3
4	5 CLOSED	6 9 AMISH TRIP* 11-4 Ceramics 3 HHF 4 Card Games 6 MOVIE NIGHT	7 8:30 MTM 11-4 Ceramics 3 HHF 4 Scrabble	8 8:30 MTM 11-4 Ceramics 3 HHF 5 Wii	9 8:30 MTM 11-4 Ceramics 3 HHF 5 Little Bingo <i>Outdoor Movie^</i>	10
11	12 8:30 MTM 11-4 Painting 4-8:30 Ceramics 3 HHF	13 8:30 MTM 11-4 Ceramics 10:30 Olive Garden 3 HHF 4 Card Games 6 MOVIE NIGHT	14 8:30 MTM 11-4 Ceramics 3 HHF 4 Scrabble	15 8:30 MTM 11-4 Ceramics 3 HHF 3 FARMER'S MARKET 5 Wii	16 8:30 MTM 11-4 Ceramics 12 Jewelry Wkshp 3 HHF 5 LAZY DAY BING	17 HERITAGE FESTIVAL^
18 HERITAGE FESTIVAL^	19 8:30 MTM 11-4 Painting 4-8:30 Ceramics 3 HHF 4 Dominos	20 8:30 MTM 11-4 Ceramics 3 HHF 4 Card Games 6 MOVIE NIGHT	21 8:30 MTM 11-4 Ceramics 3 HHF 4 Scrabble	22 8:30 MTM 11-4 Ceramics 2 DIY MANICURES 3 HHF 5 Wii	23 8:30 MTM 11-4 Ceramics 3 HHF 5 Big Bingo 6:30pm Dance at the ARC^	24
25	26 8:30 MTM 11-4 Painting 4-8:30 Ceramics 3 HHF	27 8:30 MTM 11-4 Ceramics 3 HHF 4 UNO TOURNAMENT 6 MOVIE NIGHT	28 8:30 MTM 11-4 Ceramics 3 HHF 4 Scrabble	29 8:30 MTM 11-4 Ceramics 1 HOMEMADE PIZZA BOMBS 3 HHF 5 Wii	30 8:30 MTM 11-4 Ceramics 2 WATERCOLOR SALT PAINTING 3 HHF 5 LAZY DAY BING	
				^No transportation provided	*Trip Fee is \$3 per person plus a current Rec Card	



<p>HHF is a fitness group that meets at 3 pm M-F. Different types of activities will be offered. Tuesdays and Thursdays will be Pokemon Go.</p> <p>Movie Nights are every Tuesday night at 6 pm. Popcorn will be provided.</p> <p>Olive Garden will be on Sept. 13 at 10:30 am. Please bring money for the lunch.</p>	<p>A Jewelry Workshop will be on September 16th at 11. the supplies will be available</p> <p>DIY Manicures at Paquin art room on September 22nd at 2 pm. All materials provided.</p> <p>The dance will be on 23rd at 6:30 pm, fee is \$5 at the door.</p> <p>Uno Tournament will be Sept. 27 at 4 pm.</p>	<p>Homemade Pizza Bombs Come down the lobby of Paquin Tower and learn to make this yummy pizza alternative on September 29th at 2pm that is affordable on anyone's budget. All materials will be provided.</p> <p>A Watercolor Salt Painting Workshop will be on September 30th at 2 pm. the supplies will be available.</p>
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Craft Room Hours

About Us

<table> <tr> <td>Monday</td> <td>11am-8:30pm</td> </tr> <tr> <td>Tuesday</td> <td>11am-4pm</td> </tr> <tr> <td>Wednesday</td> <td>11am-4pm</td> </tr> <tr> <td>Thursday</td> <td>11am-4pm</td> </tr> <tr> <td>Friday</td> <td>11am-4pm</td> </tr> </table>	Monday	11am-8:30pm	Tuesday	11am-4pm	Wednesday	11am-4pm	Thursday	11am-4pm	Friday	11am-4pm	<p>Recreation 'N' the Tower is also known as the Adapted Community Recreation Program, and is here to provide fun and fitness opportunities to the community, with a focus on, but not exclusive to, individuals with disabilities. Activities include Nintendo Wii, Bingo, a variety of card and board games, driving and walking trips, arts and crafts, and much more!</p>
Monday	11am-8:30pm										
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Thursday	11am-4pm										
Friday	11am-4pm										

Staff

Thank You

<p>Sarah Bowman "Recreation Specialist"</p> <p>Alex Wenzel "Activity Assistant"</p> <p>Deb Swanegan "Art Instructor"</p> <p>Anna Shirley "Activity Assistant"</p>	<p>We would like to thank our friends and partners... Boone County Family Resources, local schools, New Horizons, CHA, and MU.</p>
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