

# Columbia Parks and Recreation Adaptive Sports Chronicle

Volume VII - Issue 9

June

## ADAPTED SPORTS

### Track & Field....

Practices have ended for the year. We saw so much improvement throughout the season, but most importantly we always had fun. Thank you to our Coordinator Amanda Lewis and all of our coaches and volunteers for their dedication. We had 13 proudly represent our team at State and they all showed excellent sportsmanship and pride. Although we could not take everyone, the rest of the team have been very supportive of those advancing.

### Swimming....

Practices have officially concluded. This season was filled with a lot of learning and laughing with both new and veteran athletes. A huge thank you to our Coordinator Abby Rinderer and our amazing coaches for making this swim season so much fun. Twelve athletes represented our team at State in Springfield with pride and enthusiasm.

### Softball....

Softball practices are running smooth at Again Street Park.

#### Practice Schedule

##### Again Street Park

##### **Mondays**

|             |      |
|-------------|------|
| Coach Pitch | 6-7p |
| Men's       | 7-8p |

##### **Tuesdays**

|             |         |
|-------------|---------|
| Team Skills | 6-6:30p |
| T-Ball      | 6-7p    |
| Coed        | 7-8p    |

#### Tournaments

##### Area - **Higginsville**

June 25

##### Districts - **Lee's Summit**

August 26-27

##### State - **Jefferson City**

October 14-15

## ADAPTED SPORTS

### Golf....

Have a few spots open so call the ARC to get registered; first practice is June 9. Info packets have been mailed. If you are registered and not received your golf information, please contact Jessica Sida.

#### Practice Schedule

##### L.A. Nickell Golf Course

##### **Thursdays**

|                |      |
|----------------|------|
| Skills         | 6-7p |
| Alternate Shot | 6-8p |

#### Tournaments

##### Area - **L.A. Nickell Golf Course**

August 11 6-8pm

##### State - **Jefferson City**

October 14-15

### Bocce....

Registration is closed. Packets will be sent out around the end of June. Practice will be outside behind West Blvd Elementary. Spectators need to bring bag chairs.

#### Practice Schedule

##### West Blvd Elem - **Outside**

|          |      |
|----------|------|
| Everyone | 6-7p |
|----------|------|

#### Tournaments

##### Area - **TBA**

September 10

##### State - **Jefferson City**

October 14-15

### Volleyball....

Our season has come to an end. Volleyball team had so much fun both during practices and at the Area Meet. Regardless of the changes we had to make this season, everyone stayed positive and had excellent attitudes. This season would not have been successful without Brian Herr, Allan Moore, and all of the dedicated volunteers. We all had a blast and cannot wait until next season!

## ADAPTED SPORTS

### Tennis....

We still have a few spots available, so please call the ARC to get registered and receive your information. Athletes will receive their information the beginning of July. First practice is Wednesday, July 13.

#### Practice Schedule

##### Cosmo Park

##### **Wednesdays**

|             |             |
|-------------|-------------|
| Skills      | 6:30p-7p    |
| Short Court | 6:30p-7:30p |
| Regulation  | 6:30p-8p    |

### Bowling....

Registration for the next bowling season will open soon. An email will be sent out when registration opens. Fee of \$44 is payable to Columbia Parks and Recreation. Pay at ARC Front Desk or call 573-874-7700 to pay with credit card over the phone. Registration deadline is July 1 or when maximum # of participants is reached. Athletes will receive information packet after close of registration. Practice schedule will be set soon..

**Registration #315605-01**

### All Sports Picnic

Come out to our all Sports Picnic Sunday, June 12 from 4:30p-6:30p in Twin Lakes Park. Outdoor games, food, drinks, and lots of fun for everyone. It will be a **pot luck** with meat and drinks provided by the Parks and Recreation Department. RSVP **NOT** required for this event. All athletes are welcome and can bring 2 guests!

### Dance...

|           |             |
|-----------|-------------|
| June 24th | 6:30-8:30pm |
| July 22nd | 6:30-8:30pm |

| SUNDAY   | MONDAY   | TUESDAY   | WEDNESDAY      | THURSDAY   | FRIDAY                       | SATURDAY                                   |
|--|--|---|----------------|--|------------------------------|--|
| <b>MAY 29</b>  | <b>MAY 30</b><br><u>Again St. Park</u>                   | <b>MAY 31</b><br><u>Again St. Park</u>                                  | <b>JUNE 1</b>  | <b>JUNE 2</b>  | <b>JUNE 3</b>                | <b>JUNE 4</b>                              |
|  | No Softball Practices                                    | No Softball Practices   |                |  |                              |  |
| <b>JUNE 5</b>  | <b>JUNE 6</b><br><u>Again St. Park</u>                   | <b>JUNE 7</b><br><u>Again St. Park</u>                                  | <b>JUNE 8</b>  | <b>JUNE 9</b><br><u>L.A. Nickell</u>                     | <b>JUNE 10</b>               | <b>JUNE 11</b>                             |
|  | Softball Practice<br>Coach Pitch 6-7p<br>Men's Team 7-8p | Softball Practice<br>Team Skills<br>6-6:30p<br>T-ball 6-7p<br>Coed 7-8p |                | First Golf Practice<br>Skills- 6-7pm<br>Course Play 6-8p |                              |  |
| <b>JUNE 12</b><br><u>Twin Lakes Shelter</u>                  | <b>JUNE 13</b><br><u>Again St. Park</u>                  | <b>JUNE 14</b><br><u>Again St. Park</u>                                 | <b>JUNE 15</b> | <b>JUNE 16</b><br><u>L.A. Nickell</u>                    | <b>JUNE 17</b>               | <b>JUNE 18</b>                             |
| All Sports Picnic<br>4:30-6:30pm<br>Games, Food,<br>and Fun! | Softball Practice<br>Coach Pitch 6-7p<br>Men's Team 7-8p | Softball Practice<br>Team Skills<br>6-6:30p<br>T-ball 6-7p<br>Coed 7-8p |                | Golf Practice<br>Skills- 6-7pm<br>Course Play 6-8p       |                              |  |
| <b>JUNE 19</b>   | <b>JUNE 20</b><br><u>Again St. Park</u>                  | <b>JUNE 21</b><br><u>Again St. Park</u>                                 | <b>JUNE 22</b> | <b>JUNE 23</b><br><u>L.A. Nickell</u>                    | <b>JUNE 24</b><br><u>ARC</u> | <b>JUNE 25</b><br><u>Higginsville Park</u> |
|  | No Softball Practices                                    | No Softball Practices   |                | Golf Practice<br>Skills- 6-7pm<br>Course Play 6-8p       | Dance<br>6:30-8:30pm         | Area Softball<br>Tournament                |
| <b>JUNE 26</b>   | <b>JUNE 27</b><br><u>Again St. Park</u>                  | <b>JUNE 28</b><br><u>Again St. Park</u>                                 | <b>JUNE 29</b> | <b>JUNE 30</b><br><u>L.A. Nickell</u>                    | <b>JULY 1</b>                | <b>JULY 2</b>                              |
|  | Softball Practice<br>Coach Pitch 6-7p<br>Men's Team 7-8p | Softball Practice<br>Team Skills<br>6-6:30p<br>T-ball 6-7p<br>Coed 7-8p |                | Golf Practice<br>Skills- 6-7pm<br>Course Play 6-8p       |                              |  |
| <b>JULY 3</b>  | <b>JULY 4</b><br><u>Again St. Park</u>                   | <b>JULY 5</b><br><u>Again St. Park</u>                                  | <b>JULY 6</b>  | <b>JULY 7</b><br><u>L.A. Nickell</u>                     | <b>JULY 8</b>                | <b>JULY 9</b>                              |
|  | No Softball Practices                                    | No Softball Practices   |                | Golf Practice<br>Skills- 6-7pm<br>Course Play 6-8p       |                              |  |

**JUNE 16**