



# News Release

P.O. Box 6015 • Columbia, MO 65205 • (573) 874-7460 • [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com)

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## Columbia Parks and Recreation February Calendar

Call 874-7460 for more information or visit [www.GoColumbiaMo.com](http://www.GoColumbiaMo.com).

### February

- 1-28 Black History Month Exhibit, Armory Sports Center, Open Weekdays, 10 am-7 pm, Free
- 9 Hip-Hop and Freestyle Night, Douglass High School Gym, 7-9 pm, Free
- 11 Boy/Girl Scout Day, Hickman Pool, 1-3 pm, \$2.50 per child, pre-register
- 13 Swim lessons begin, Session II, Hickman Pool
- 13-17 Advanced registration for adult summer softball, returning teams
- 16 African-Americans in Film, Armory Sports Center, 7 pm, Free
- 17 50+/OAK Valentine Dance, Parkade Center (east side), 7-10 pm, \$3
- 18 Train Show, Paquin Tower, 10 am-3 pm, Free
- 19 Gospel Explosion and Soul Food Dinner-Musical Celebration, St. Luke United Methodist Church, 3 pm, Free
- 20 Registration begins for adult summer volleyball
- 20 Registration begins for adult kickball
- 20-24 Open registration for adult summer softball, new teams

### **Groundhog Day**

Wednesday, Feb. 1  
10 am, ARC  
Ages: 3-6  
Fee: \$4

### **Laughter Club**

Thursdays, Feb. 2-23  
6-7 pm, Parkade Center  
Ages: 18-adult  
Fee: \$32

### **Discover to Learn**

Fridays, Feb. 3-24  
11-11:40 am, ARC  
Ages: 0-2  
Fee: \$21.50

### **Bringing Baby Home**

Saturdays, Feb. 4-18  
9 am-12:30 pm, ARC  
Ages: 17-adult  
Fee: \$79 per couple + \$40 material fee

### **You Don't Have to Go Home from Work Exhausted!**

Saturday, Feb. 4  
9-11 am, Parkade Center  
Ages: 18-adult  
Fee: \$21.50

### **Pee Wee Jazz and Ballet II**

Saturdays, Feb. 4-18  
11:15 am-12:15 pm, Parkade Center  
Ages: 4-5  
Fee: \$34

**Pee Wee Poms and Cheerleading**

Saturdays, Feb. 4-18  
12:30-1:30 pm, Parkade Center  
Ages: 4-5  
Fee: \$34

**Jumpstart Your Life with Self-Hypnosis**

Saturday, Feb. 4  
1-3 pm, Parkade Center  
Ages: 18-adult  
Fee: \$21.50

**Just Move**

Mon/Wed, Feb. 6 & 8  
6-7:15 pm, ARC  
Ages: 10-17  
Fee: \$30 ARC Annual Member  
\$36 Non-member

**Skills You Need to Sew**

Mondays, Feb. 6-27  
7-8:30 pm, ARC  
Ages: 12-adult  
Fee: \$32

**Create with Clay and Ceramics**

Tuesdays, Feb. 7-21  
6-8 pm, Parkade Center  
Ages: 7-16  
Fee: \$26

**Creative Kids Writing**

Wednesdays, Feb. 8-March 15  
5:30-6:30 pm, ARC Creative Zone  
Ages: 8-12  
Fee: \$29

**Snappy Snacks**

Thursday, Feb. 9  
10 am, Rock Quarry Park House  
Ages: 3-6  
Fee: \$4

**Cardio/Strength Training Orientation**

Thursday, Feb. 9  
4-5 pm, ARC  
Ages: 14-adult  
Fee: \$5

**Active Parenting Now**

Thursdays, Feb. 9-March 16  
6-8 pm, Riechmann Pavilion, Stephens Lake Park  
Ages: 18-adult  
Fee: \$59 per person/\$89 per couple + \$15 material fee

**Genealogy 101**

Thursday, Feb. 9  
6-7:30 pm, ARC Creative Zone  
Ages: 18-adult  
Fee: \$12

**Influence: The New Psychology of Persuasion**

Saturday, Feb. 11  
9-11 am, Parkade Center  
Ages: 15-adult  
Fee: \$21.50

**Basic Fly Tying**

Saturday, Feb. 11  
12-3 pm, ARC Meeting Room A  
Ages: All  
Fee: \$10

**Stand Out from the Crowd Leadership Skills**

Saturday, Feb. 11  
1-3 pm, Parkade Center  
Ages: 15-adult  
Fee: \$21.50

**Off-Season Strength**

Mon/Wed, Feb. 13 & 15  
6-7:15 pm, ARC  
Ages: 11-18  
Fee: \$30 ARC Annual Member  
\$36 Non-member

**Valentine's Party**

Tuesday, Feb. 14  
10 am, Parkade Center  
Ages: 3-6  
Fee: \$4

**Adult/Teen Agility**

Wednesday, Feb. 15  
9-10 am, ARC  
Ages: 13-adult  
Fee: \$10 ARC Annual Member  
\$15 Non-member

**Sports Day, Volleyball**

Thursday, Feb. 16  
10 am, Armory Sports Center  
Ages: 3-6  
Fee: \$2

**Cardio/Strength Training Orientation**

Monday, Feb. 20  
5:30-6:30 pm, ARC  
Ages: 14-adult  
Fee: \$5

**Little Explorers: B&B Bagels Tour**

Tuesday, Feb. 21  
9:30 am, 124 Nifong Blvd.  
Ages: 3-6  
Fee: \$2

**Pee Wee Wrestling**

Tuesdays, Feb. 21 & 28  
6:30-7:30 pm, ARC Gymnasium  
Ages: 4-8  
Fee: \$10

**Cake Decorating**

Tuesday, Feb. 21  
7-9 pm, Riechmann Pavilion, Stephens Lake Park  
Ages: 16-adult  
Fee: \$18

**Intro to Gourd Artistry**

Wednesdays, Feb. 22-March 15  
5:30-7:30 pm, Parkade Center  
Ages: 15-adult  
Fee: \$42 + \$5-10 material fee

**Group Personal Training for the Novice**

Wednesday, Feb. 22  
7-8:30 pm, ARC  
Ages: 14-adult  
Fee: \$20 ARC Annual Member  
\$24 Non-Member

**Continuing Crochet**

Thursdays, Feb. 23-Mar 16  
6-8 pm, ARC  
Ages: 12-adult  
Fee: \$32

**Vamos! Let's Go to Other Countries!**

Saturday, Feb. 25  
10-11 am, ARC Creative Zone  
Ages: 6-10  
Fee: \$12

**Simple Scrapbooking**

Saturday, Feb. 25  
1-3 pm, Parkade Center  
Ages: 12-adult  
Fee: \$12 + \$10 material fee

**Taekwon-Do**

Tuesday/Thursday, Feb. 28-Apr 13 (skip 3/28 & 3/30)  
Beginning 6-7 pm, Parkade Center  
Ages: 7-adult  
Fee: \$38

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